

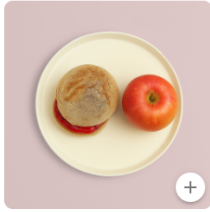
Spreckels Elementary Breakfast & Lunch Menu

Featuring fresh ingredients, prepared daily, healthy school meals

Week of November 3rd-7th (Free for Students)

Prepared Daily by Main Street Bakery and Catering

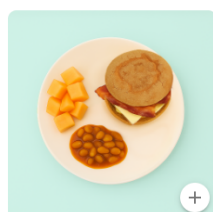
Monday, November 3, 2025



☞ Breakfast \$2.20

English Muffin and Jam with Fuji Apple

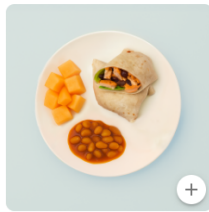
Vegetarian Tree-nut free
Peanut free Dairy free
Egg free Seafood free



☞ Lunch \$4.30

Bacon, Egg & Cheese Sando with Baked Beans & Cantaloupe (K-8)

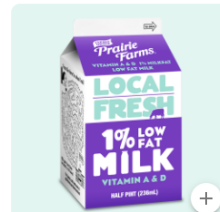
Tree-nut free Peanut free
Seafood free Whole Grain



☞ Lunch \$4.30

Chipotle Chicken Wrap with Baked Beans & Cantaloupe (K-8)

Tree-nut free Peanut free
Dairy free Seafood free
Whole Grain Sesame free



☞ Drinks \$0.00

Lowfat Plain Milk Carton

Vegetarian Gluten free
Tree-nut free Peanut free
Egg free Soy free
Seafood free Sesame free

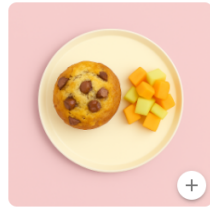


☞ Drinks \$0.00

Lowfat Chocolate Milk Carton

Vegetarian Gluten free
Tree-nut free Peanut free
Egg free Soy free
Seafood free Sesame free

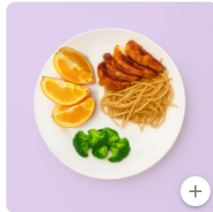
Tuesday, November 4, 2025



☞ Breakfast \$2.20

Housemade Banana Chip Muffin with Melon Medley

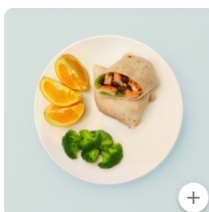
Vegetarian Tree-nut free
Peanut free Soy free
Seafood free Whole Grain
Sesame free



☞ Lunch \$4.30

Teriyaki Chicken & Stir-Fry Noodles with Steamed Broccoli & Orange Slices (K-8)

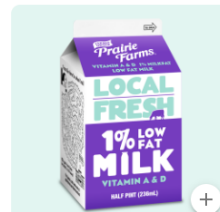
Tree-nut free Peanut free
Dairy free Egg free
Seafood free Whole Grain
Sesame free



☞ Lunch \$4.30

Chipotle Chicken Wrap with Steamed Broccoli & Orange Slices (K-8)

Tree-nut free Peanut free
Dairy free Seafood free
Whole Grain Sesame free



☞ Drinks \$0.00

Lowfat Plain Milk Carton

Vegetarian Gluten free
Tree-nut free Peanut free
Egg free Soy free
Seafood free Sesame free

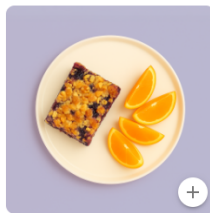


☞ Drinks \$0.00

Lowfat Chocolate Milk Carton

Vegetarian Gluten free
Tree-nut free Peanut free
Egg free Soy free
Seafood free Sesame free

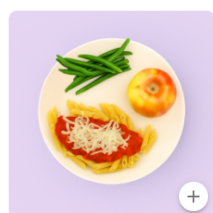
Wednesday, November 5, 2025



☞ Breakfast \$2.20

Housemade Blueberry Granola Bar with Orange Slices

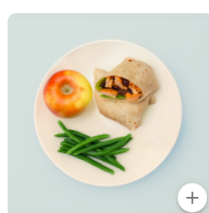
Vegetarian Tree-nut free
Peanut free Soy free
Seafood free Whole Grain
Sesame free



☞ Lunch \$4.30

Cheesy Marinara Pasta with Steamed Green Beans & Fuji Apple (K-8)

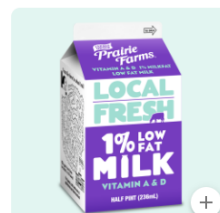
Vegetarian Tree-nut free
Peanut free Soy free
Seafood free Sesame free



☞ Lunch \$4.30

Chipotle Chicken Wrap with Steamed Green Beans & Fuji Apple (K-8)

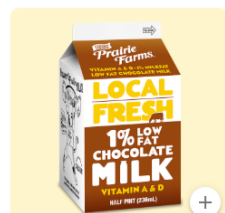
Tree-nut free Peanut free
Dairy free Seafood free
Whole Grain Sesame free



☞ Drinks \$0.00

Lowfat Plain Milk Carton

Vegetarian Gluten free
Tree-nut free Peanut free
Egg free Soy free
Seafood free Sesame free



☞ Drinks \$0.00

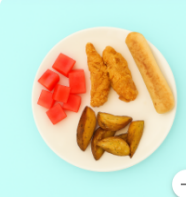
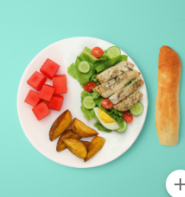
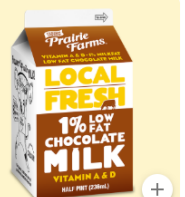
Lowfat Chocolate Milk Carton

Vegetarian Gluten free
Tree-nut free Peanut free
Egg free Soy free
Seafood free Sesame free

Thursday, November 6, 2025

 ☰ Breakfast \$2.20 Honey Grahams & Sunbutter Cup with Fuji Apple Vegetarian Tree-nut free Peanut free Soy free Seafood free Sesame free	 ☰ Lunch \$4.30 Creamy Cheddar Mac with Baby Carrots & Banana (K-8) Vegetarian Tree-nut free Peanut free Egg free Soy free Seafood free Whole Grain Sesame free	 ☰ Lunch \$4.30 Chicken Cobb Salad & Breadsticks with Baby Carrots & Banana (K-8) Tree-nut free Peanut free Whole Grain	 ☰ Drinks \$0.00 Lowfat Plain Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free	 ☰ Drinks \$0.00 Lowfat Chocolate Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free
---	--	--	---	--

Friday, November 7, 2025

 ☰ Breakfast \$2.20 Scratch-Made Maple Oat Bar (Housemade) with Banana Vegetarian Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free	 ☰ Lunch \$4.30 Scratch-Made Chicken Tenders & Breadsticks with Potato Wedges & Watermelon (K-8) Tree-nut free Peanut free Whole Grain	 ☰ Lunch \$4.30 Chicken Cobb Salad & Breadsticks with Potato Wedges & Watermelon (K-8) Tree-nut free Peanut free Whole Grain	 ☰ Drinks \$0.00 Lowfat Plain Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free	 ☰ Drinks \$0.00 Lowfat Chocolate Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free
--	---	---	---	--

**All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by Main Street Bakery and Catering, located on South Main Street in Salinas, providing restaurant-quality healthy meals while supporting the local economy. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals.*

For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.