

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

Menu Name:

High School Lunch

Include Cost:

No

Site:

Use Alternate Menu Name:

No

Monday - 12/01/2025

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
002967 2-Chicken,Mand Orange w/Rice	servings	1	65.43
002623 2-Beef Rib Grill Honey BBQ Sandwich-only	1 each	1	44.00
990333 2-Chicken Nuggets w/ Fries & Dinner Roll	serving	1	65.85
990557 2-Burrito, Los Cabos	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	4	13.98
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
003505 2-Carrots, Baby	1/2 cup	4	6.07
990136 2-Beans, Seasoned Pinto	1/2 cup	1	24.99
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crvstal Creamerv	8 oz	2	16.00

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			130.82
% of Calories			58.0%
Weekly Nutrient Guideline			

Tuesday - 12/02/2025

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
001210 2-Chicken w/Mashed Potato Bowl	Serving	1	57.18
002174 2-Turkey & Cheese Sandwich	1 each	1	36.84
990615 2-Yogurt Fruit Cup-Peaches	servings	1	67.80
990117 2-Pizza, Pepperoni-homemade	each	1	32.22
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	4	6.07
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			107.89
% of Calories			53.7%
Weekly Nutrient Guideline			

Wednesday - 12/03/2025 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990425 2-Spaghetti w/Meatballs (All Natural)	servings	1	75.21
990376 2-Meatless Pasta-spaghetti	servings	1	71.71
990388 2-Cheeseburger	1 each	1	33.69

Base Menu Spreadsheet

East Side Union High School District

Portion Values

Dec 1, 2025 thru Dec 19, 2025

on a bun (Steak Burger Patty) Delux			
001231 2-Vegetarian Wrap	1 each	1	43.28
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	4	13.00
990452 2-Celery & Carrot Sticks	1/2 cup	4	4.98
990350 2-Chickpeas Roasted, Italian Seasoning	Serving-1/2 cup	1	19.85
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.69
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000802 2-Mayo, packet, 9g	each	1	0.00

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

	Portion Size	Reimb Qty	Carb (g)
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			122.88
% of Calories			46.8%
Weekly Nutrient Guideline			

Thursday - 12/04/2025 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990482 2-Tri Tip Sandwich	Sandwich	1	36.74
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.69
001828 2-Salad, Chicken Caesar w/ roll	each	1	39.77
990530 2-Pizza, Cheese - Homemade	each	1	32.22
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000493 2-Pear, diced, canned	1/2 cup	1	17.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
001589 2-Broccoli,Fresh,Raw	1/2 cup	4	2.09
001681 2-Corn	1/2 cup	4	16.61

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.69
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			114.00
% of Calories			48.3%
Weekly Nutrient Guideline			

Friday - 12/05/2025

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990622 2-Pozole Chicken Verde	servings	1	85.96
990095 2-Burrito, Los Cabos-Lunch	each	1	40.86
001104 2-Wrap,Spicy Chicken	1 each	1	54.32
990346 2-Breaded Cheese Pocket	serving	1	28.99

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
002424 2-Mixed Fruit Cup	1/2 cup	1	16.94
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
000275 2-Peas	1/2 cup	1	16.38
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			111.12
% of Calories			53.9%
Weekly Nutrient Guideline			

Monday - 12/08/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990431 2-Teriyaki Chicken w/rice Kit	Servings	1	56.38

Base Menu Spreadsheet

East Side Union High School District

Portion Values

Dec 1, 2025 thru Dec 19, 2025

002524 2-Corn Dog-only	1 each	1	30.00
002018 2-Honey BBQ Pork Rib Sandwich	each	1	42.14
990557 2-Burrito, Los Cabos	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
001036 .			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
003505 2-Carrots, Baby	1/2 cup	1	6.07
990136 2-Beans, Seasoned Pinto	1/2 cup	1	24.99
001039 TOTAL			
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
001039 TOTAL			

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

	Portion Size	Reimb Qty	Carb (g)
001036 .			
Weighted Daily Average			335.38
% of Calories			52.6%
Weekly Nutrient Guideline			

Tuesday - 12/09/2025 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990393 2-Chicken and Waffle (Maple)	serving	1	46.89
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	33.69
001104 2-Wrap,Spicy Chicken	1 each	1	54.32
990530 2-Pizza, Cheese - Homemade	each	1	32.22
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

003505 2-Carrots, Baby	1/2 cup	4	6.07
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.69
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			102.08
% of Calories			47.3%
Weekly Nutrient Guideline			

Wednesday - 12/10/2025 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990613 2-Pasta w/Meat Sauce-elbow	servings	1	49.26
990614 2-Pasta, Meatless-elbow	servings	1	49.76
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.69

Portion Values

Dec 1, 2025 thru Dec 19, 2025

000733 2-Sesame Chicken Salad w/ roll	serving	1	39.22
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	4	13.00
990452 2-Celery & Carrot Sticks	1/2 cup	4	4.98
990350 2-Chickpeas Roasted, Italian Seasoning	Serving-1/2 cup	1	19.85
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.69
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			114.13
% of Calories			50.2%
Weekly Nutrient Guideline			

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

Thursday - 12/11/2025 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990154 2-Beef Dunkers, Teriyaki w/brown rice & Broccoli	serving	1	56.18
990333 2-Chicken Nuggets w/ Fries & Dinner Roll	serving	1	65.85
009538 2-Salad, Taco, beef	Servings	1	50.25
001806 2-Pizza, Veggie	Slice	1	33.85
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000493 2-Pear, diced, canned	1/2 cup	1	17.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
001589 2- Broccoli,Fresh,Raw	1/2 cup	4	2.09
001681 2-Corn	1/2 cup	4	16.61
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001870 2-Ranch packet, 12 gram	ea	1	1.00

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

000470 2-Soy Sauce packet	.5 oz	1	0.01
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			124.26
% of Calories			49.5%
Weekly Nutrient Guideline			

Friday - 12/12/2025 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
003634 2-Burrito, Big O Beef	servings	1	115.13
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.69
990574 2-Wrap, Chicken Caesar	each	1	62.00
990346 2-Breaded Cheese Pocket	serving	1	28.99
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
002424 2-Mixed Fruit Cup	1/2 cup	1	16.94
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
000275 2-Peas	1/2 cup	1	16.38
003505 2-Carrots, Baby	1/2 cup	1	6.07

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.69
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			123.71
% of Calories			52.1%
Weekly Nutrient Guideline			

Monday - 12/15/2025 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
002967 2-Chicken,Mand Orange w/Rice	servings	1	65.43
002623 2-Beef Rib Grill Honey BBQ Sandwich-only	1 each	1	44.00
990333 2-Chicken Nuggets w/ Fries & Dinner Roll	serving	1	65.85
990557 2-Burrito, Los Cabos	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

001039 TOTAL			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	4	13.98
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
003505 2-Carrots, Baby	1/2 cup	4	6.07
990136 2-Beans, Seasoned Pinto	1/2 cup	1	24.99
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			130.82
% of Calories			58.0%
Weekly Nutrient Guideline			

Tuesday - 12/16/2025

Reimbursable Meal Total 4

Base Menu Spreadsheet

East Side Union High School District

Portion Values

Dec 1, 2025 thru Dec 19, 2025

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
001210 2-Chicken w/Mashed Potato Bowl	Serving	1	57.18
002174 2-Turkey & Cheese Sandwich	1 each	1	36.84
990615 2-Yogurt Fruit Cup-Peaches	servings	1	67.80
990117 2-Pizza, Pepperoni-homemade	each	1	32.22
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	4	6.07
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

	Portion Size	Reimb Qty	Carb (g)
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			107.89
% of Calories			53.7%
Weekly Nutrient Guideline			

Wednesday - 12/17/2025 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990425 2-Spaghetti w/Meatballs (All Natural)	servings	1	75.21
990376 2-Meatless Pasta-spaghetti	servings	1	71.71
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	33.69
001231 2-Vegetarian Wrap	1 each	1	43.28
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	4	13.00
990452 2-Celery & Carrot Sticks	1/2 cup	4	4.98

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

990350 2-Chickpeas Roasted, Italian Seasoning	Serving-1/2 cup	1	19.85
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.69
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			122.88
% of Calories			46.8%
Weekly Nutrient Guideline			

Thursday - 12/18/2025

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990482 2-Tri Tip Sandwich	Sandwich	1	36.74
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.69
001828 2-Salad, Chicken Caesar w/ roll	each	1	39.77

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 19, 2025

990530 2-Pizza, Cheese - Homemade	each	1	32.22
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000493 2-Pear, diced, canned	1/2 cup	1	17.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
001589 2- Broccoli,Fresh,Raw	1/2 cup	4	2.09
001681 2-Corn	1/2 cup	4	16.61
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.69
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			114.00
% of Calories			48.3%
Weekly Nutrient Guideline			

Friday - 12/19/2025

Reimbursable Meal Total 4

Base Menu Spreadsheet

East Side Union High School District

Portion Values

Dec 1, 2025 thru Dec 19, 2025

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990622 2-Pozole Chicken Verde	servings	1	85.96
990095 2-Burrito, Los Cabos-Lunch	each	1	40.86
001104 2-Wrap,Spicy Chicken	1 each	1	54.32
990346 2-Breaded Cheese Pocket	serving	1	28.99
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
002424 2-Mixed Fruit Cup	1/2 cup	1	16.94
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
000275 2-Peas	1/2 cup	1	16.38
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00

Portion Values

Dec 1, 2025 thru Dec 19, 2025

	Portion Size	Reimb Qty	Carb (g)
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			111.12
% of Calories			53.9%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		131.53
% of Calories		51.5%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.