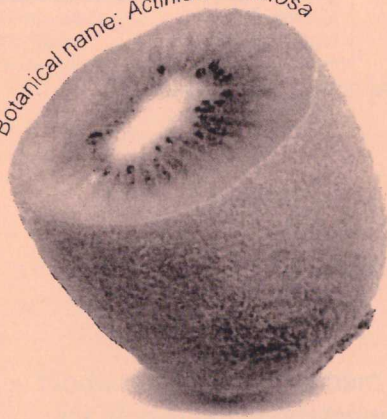


# Harvest of the Month

Network for a Healthy California

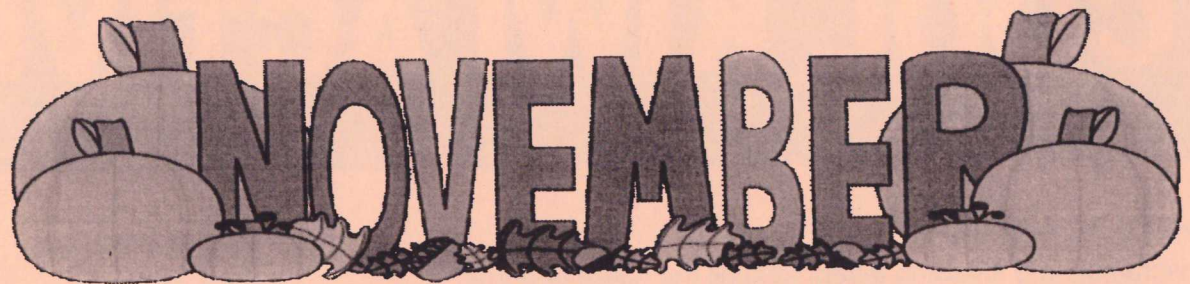
Botanical name: *Actinidia deliciosa*




## KIWIFRUIT

Count how many meals  
on the menu have a  
green fruit or vegetable  
in them.

- How many did you find?
- How many kiwis did you find?
- What is your favorite green fruit or vegetable?



	Monday	Tuesday	Wednesday	Thursday	Friday
	Milk Choice Non Fat Flavored or 1%				
	3 Chicken Tetrzzini Salad Carrots Breadsticks Strawberries Milk	4 BBQ Rib on bun Tri-tater Lettuce/tomato Green Beans Kiwi Milk Choice	5 Lasagna Salad Garlic Bread Apples Milk Choice	6 Baked Chicken Rice w/corn Peaches Brocoli Oatmeal Roll Milk Choice	7 Sloppy Joe Sweet Potato Puffs Baked Beans Grapes Milk Choice
	10 Hot Dogs Chips Broccoli Apples Milk Choice	11 No School ~ Veteran's Day 	12 Chicken Wrap Lettuce/tomato Rice Carrots Pineapple Milk Choice	13 Spaghetti Salad Breadstick Grapes Milk Choice	14 Taco Salad Refried Beans Pineapple Cinamon Puffs Milk Choice
	17 Hamburger on a Bun Lettuce & Tomato Fries Apple Milk Choice	18 Orange Chicken Fried-Rice Fortune Cookie Egg Roll Fruit Milk Choice	19 Chili Corn chips Broccoli Cinnamon roll Oranges Milk Choice	20 Baked Ham Cheesy Potatoes Green Beans Kiwi Biscuit w/ jelly Milk Choice	21 Meatballs Macaroni & Cheese Seasoned Peas Carrots Apple Milk Choice
	24	25 THANKSGIVING	26	27 VACATION	28

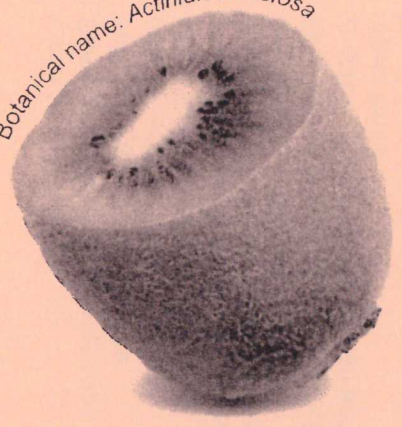
This Institution is an equal oppritunity Provider



# Harvest of the Month

Network for a Healthy California

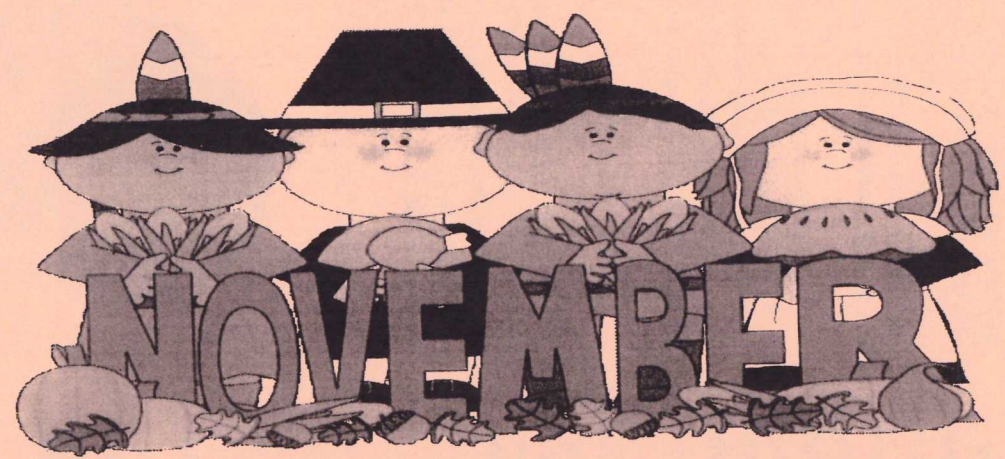
Botanical name: *Actinidia deliciosa*




**KIWIFRUIT**

Count how many meals on the menu have a green fruit or vegetable in them.

- How many did you find?
- How many kiwis did you find?
- What is your favorite green fruit or vegetable?



	Monday	Tuesday	Wednesday	Thursday	Friday
	Milk Choice 1% or Non Fat				
	3 Cereal String Cheese Mixed Fruit Fruit Juice Milk Choice	4 Pancake on a Stick Strawberries Fruit Juice Milk Choice	5 Biscuits/Gravy Oranges Fruit Juice Milk Choice	6 Breakfast Sandwich Apples Fruit Juice Milk Choice	7 Whole Grain Muffins Raisans Fruit Juice Milk Choice
	10 Star Spangled panacakes Sausage Fruit Juice Milk Choice	11 	12 Whole Grain Bagel w/toppings Peaches Fruit Juice Milk Choice	13 Breakfast Pita Salsa Pear Fruit Juice Milk Choice	14 Cini Mini Oranges Fruit Juice Milk Choice
	17 Cereal Yogurt Cup Apricots Fruit Juice Milk Choice	18 Biscuits/Gravy Oranges Fruit Juice Milk Choice	19 Scrumptious Coffecake Fruit Cup Fruit Juice Milk Choice	20 Western Omelette Quesadilla w/salsa Grapes Fruit Juice Milk Choice	21 French Toast Oranges Fruit Juice Milk Choice
	24	25 <b>THANKSGIVING</b>	26 <b>VACATION</b>	27	28