

Menu Name:

PRE-SCHOOL SNACK

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Monday - 12/01/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003217 POPCORN, CHEDDAR WHITE LRG SINGLE SVG (SYSCO)	SERVING	500	160	2.00	200	0.00	*N/A*	10.00	*N/A*	*N/A*	15.00	2.00	*N/A*	*N/A*	40.0	*N/A*	0.30	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	200	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SUNCUP	EACH	100	80	0.00	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
Weighted Daily Average			224	2.00	208	14.00	*N/A*	10.00	*0.00	*0	30.40	2.00	*0.00	*N/A*	*138.0	*0.00	0.30	\$0.000
% of Calories				8.04%		25.00%	*N/A*	40.2%	*0.0%		54.3%		*0.0%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Tuesday - 12/02/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002594 SNACK, PRETZEL STICKLETS	BAG	500	70	0.00	230	0.00	*N/A*	0.00	0.00	0	16.00	3.00	2.00	*N/A*	9.0	0.00	1.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			170	0.00	230	19.00	*N/A*	0.00	0.00	0	41.00	7.00	2.00	0	29.0	8.40	1.36	\$0.000
% of Calories				0.00%		44.71%	*N/A*	0.0%	0.0%		96.5%		4.7%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Wednesday - 12/03/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003091 SNACK SUN CHIP GARDEN SALSA LARGE	SERVINGS	500	210	1.00	210	4.00	3.00	9.00	0.00	0	28.00	3.00	3.00	*N/A*	20.0	0.00	1.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	200	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			282	1.02	211	*14.07	*3.00	9.07	0.00	0	46.18	5.80	3.56	*1	40.9	21.71	1.23	\$0.000
% of Calories				3.26%		*19.96 %	*4.26%	28.9%	0.0%		65.5%		5.0%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Thursday - 12/04/2025 Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003192 CRACKER, GRAHAMS ALL-SPORT BITES VANILLA	EACH	500	120	0.00	95	6.00	*N/A*	3.50	0.00	0	20.00	2.00	2.00	*N/A*	13.0	0.00	2.00	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			210	0.11	96	18.35	*0.00	3.83	0.00	0	43.07	4.63	3.10	*3	18.0	8.79	2.26	\$0.000
% of Calories				0.47%		34.95%	*N/A*	16.4%	0.0%		82.0%		5.9%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Friday - 12/05/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003166 SNACK, CRACKER RITZ 2PK	2 PACKS	500	70	1.00	105	1.00	*N/A*	3.50	0.00	*N/A*	8.00	0.00	0.00	*N/A*	20.0	0.00	0.40	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	200	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SUNCUP	EACH	100	80	0.00	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
Weighted Daily Average			134	1.00	113	15.00	*N/A*	3.50	0.00	*0	23.40	0.00	0.00	*N/A*	*118.0	0.00	0.40	\$0.000
% of Calories				6.72%		44.78%	*N/A*	23.5%	0.0%		69.9%		0.0%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Monday - 12/08/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001280 SNACK, CHEX MIX CHEDDAR	EACH	500	110	0.50	150	2.00	0.00	2.50	0.00	0	20.00	2.00	2.00	*N/A*	40.0	0.00	0.70	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	200	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SUNCUP	EACH	100	80	0.00	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
Weighted Daily Average			174	0.50	158	16.00	*0.00	2.50	0.00	0	35.40	2.00	2.00	*N/A*	*138.0	0.00	0.70	\$0.000
% of Calories				2.59%		36.78%	*0.00%	12.9%	0.0%		81.4%		4.6%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Tuesday - 12/09/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003139 SNACK SUN CHIP ORIGINAL	BAG	500	197	0.94	160	2.82	0.00	8.46	0.00	0	26.31	3.76	2.82	*N/A*	9.4	0.00	0.94	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			297	0.94	160	21.82	*0.00	8.46	0.00	0	51.31	7.76	2.82	0	29.4	8.40	1.30	\$0.000
% of Calories				2.85%		29.39%	*0.00%	25.6%	0.0%		69.1%		3.8%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Wednesday - 12/10/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003193 CRACKER, BAKED CHOCOLATE CHIP WAFFLE	EACH	500	230	1.50	180	16.00	*N/A*	7.00	0.00	0	40.00	3.00	3.00	*N/A*	9.0	0.00	1.00	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			320	1.61	181	28.35	*0.00	7.33	0.00	0	63.07	5.63	4.10	*3	14.0	8.79	1.26	\$0.000
% of Calories				4.53%		35.44%	*N/A*	20.6%	0.0%		78.8%		5.1%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Thursday - 12/11/2025

Reimbursable Meal Total 500*

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003195 COOKIE, ANIMAL CRACKER WG BERRY	EACH	500	110	0.50	60	*N/A*	*N/A*	3.50	0.00	0	18.00	2.00	2.00	*N/A*	4.0	0.00	1.00	\$0.000
000230 MILK,1% WHITE	CARTON	490	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			240	1.98	219	*15.00	*N/A*	6.04	0.00	15	34.02	2.04	11.96	*0	402.0	1.18	1.02	\$0.000
% of Calories				7.42%		*25.00 %	*N/A*	22.6%	0.0%		56.7%		19.9%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Friday - 12/12/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003090 SNACK SUN CHIP CHEDDAR LARGE	SERVINGS	500	210	1.00	260	3.00	3.00	9.00	0.00	0	28.00	4.00	3.00	*N/A*	20.0	0.90	0.90	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	200	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SUNCUP	EACH	100	80	0.00	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
Weighted Daily Average			274	1.00	268	17.00	*3.00	9.00	0.00	0	43.40	4.00	3.00	*N/A*	*118.0	0.90	0.90	\$0.000
% of Calories				3.28%		24.82%	*4.38%	29.6%	0.0%		63.4%		4.4%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Monday - 12/15/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003194 COOKIE, BLUEBERRY LEMON BITE WG	EACH	500	120	0.50	60	8.00	*N/A*	3.50	0.00	0	2.00	2.00	2.00	*N/A*	5.0	*N/A*	1.00	\$0.000
002244 FRUIT, APPLE SLICE BAG	BAG	500	50	0.00	0	9.50	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
Weighted Daily Average			170	0.50	60	17.50	*N/A*	3.50	0.00	0	14.50	4.00	2.00	*0	15.0	*4.20	1.18	\$0.000
% of Calories				2.65%		41.18%	*N/A*	18.5%	0.0%		34.1%		4.7%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Tuesday - 12/16/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003196 CRACKER, MAPLE WAFFLE BAKED WG	EACH	500	230	1.00	180	15.00	*N/A*	7.00	0.00	0	40.00	3.00	3.00	*N/A*	10.0	0.00	1.00	\$0.000
000230 MILK,1% WHITE	CARTON	490	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			360	2.48	339	30.00	*N/A*	9.54	0.00	15	56.02	3.04	12.96	*0	408.0	1.18	1.02	\$0.000
% of Calories				6.20%		33.33%	*N/A*	23.8%	0.0%		62.2%		14.4%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Wednesday - 12/17/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003191 CHEETOS CHEESE PUFF RF WG 0.7 OZ	EACH	500	90	0.50	105	0.00	*N/A*	3.50	0.00	0	14.00	0.00	2.00	*N/A*	10.0	0.00	0.70	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	200	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SUNCUP	EACH	100	80	0.00	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
Weighted Daily Average			154	0.50	113	14.00	*N/A*	3.50	0.00	0	29.40	0.00	2.00	*N/A*	*108.0	0.00	0.70	\$0.000
% of Calories				2.92%		36.36%	*N/A*	20.5%	0.0%		76.4%		5.2%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

Thursday - 12/18/2025		Reimbursable Meal Total 500																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002140 SNACK, CHEEZ-IT WG	EACH	500	100	1.00	150	*N/A*	*N/A*	3.50	0.00	0	14.00	1.00	2.00	*N/A*	20.0	0.00	0.90	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	200	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SUNCUP	EACH	100	80	0.00	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
Weighted Daily Average			164	1.00	158	*14.00	*N/A*	3.50	0.00	0	29.40	1.00	2.00	*N/A*	*118.0	0.00	0.90	\$0.000
% of Calories				5.49%		*34.15 %	*N/A*	19.2%	0.0%		71.7%		4.9%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Friday - 12/19/2025 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003089 CRACKER WHEAT THIN	SERVINGS	500	220	0.50	320	7.00	0.00	8.00	0.00	0	35.00	5.00	3.00	*N/A*	50.0	0.00	1.40	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	200	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			77	0.13	80	*4.58	*0.00	2.02	0.00	0	14.32	2.10	0.96	0	19.3	7.72	0.42	\$0.000
% of Calories				1.52%		*23.79 %	*0.00%	23.6%	0.0%		74.4%		5.0%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Monday - 12/22/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003217 POPCORN, CHEDDAR WHITE LRG SINGLE SVG (SYSCO)	SERVING	500	160	2.00	200	0.00	*N/A*	10.00	*N/A*	*N/A*	15.00	2.00	*N/A*	*N/A*	40.0	*N/A*	0.30	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	200	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SUNCUP	EACH	100	80	0.00	10	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
Weighted Daily Average			224	2.00	208	14.00	*N/A*	10.00	*0.00	*0	30.40	2.00	*0.00	*N/A*	*138.0	*0.00	0.30	\$0.000
% of Calories				8.04%		25.00%	*N/A*	40.2%	*0.0%		54.3%		*0.0%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

Tuesday - 12/23/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002594 SNACK, PRETZEL STICKLETS	BAG	300	70	0.00	230	0.00	*N/A*	0.00	0.00	0	16.00	3.00	2.00	*N/A*	9.0	0.00	1.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			170	0.00	230	19.00	*N/A*	0.00	0.00	0	41.00	7.00	2.00	0	29.0	8.40	1.36	\$0.000
% of Calories				0.00%		44.71%	*N/A*	0.0%	0.0%		96.5%		4.7%					
Weekly Nutrient Guideline			350 - 0	<10	540		<0	<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		214	1	178	*17.16	*0.35	5.40	*0.00	*2	36.84	3.53	*3.20	*0	*110.6	*4.69	0.98	\$0.000
% of Calories			4.16%		*32.07 %	*N/A*	22.7%	*0.0%		68.9%		*6.0%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.