



Foothill High School

Regular Day Schedule

Tuesday, September 15th, 2026

General Information.

- **Grand Canyon University** will be giving a presentation on **Wednesday, September 16th during FLEX** in the library. **Be sure to sign up in FlexiSCHED.**
- **Be a hero and help save lives!** Foothill High School is **hosting a Blood Drive** on Thursday, September 17 from 8:30 AM–12:30 PM in the Library for donors ages 16 and older. Must have signed permission slip to participate
- **The 4th Annual FHS Hoops Halloween 5K** is coming up, and we're **looking for some zombies** to help light a fire under our runners! If you're interested in dressing up as a zombie and helping scare—I mean motivate—our runners along the course, **see Coach Carter in Room 307** for more information!
- **College Quest 2026 College Fair is Monday, September 21st** from 5:30pm-7:30pm **at Shasta College.** This is a free event with over 40+ colleges present including private, trade and military. There is also a **financial aid table with counselors available to answer questions.**
- **Attention Juniors and Seniors:** Shasta College is once again hosting a **Job Fair** with the Smart Center and **Reach Higher Shasta on September 18th.** Over 60 employers will be present. Must have 5 copies of a resume ready, dress professionally and be prepared to engage with employers. If interested in attending, please sign up and **get a permission slip with Mrs. Noble in the Career Center, located in the library. Permission slips due September 14, 2026.**

ASB/Yearbook

- **A Night in New York Homecoming Dance is October 3rd 7-10pm.** Tickets are currently \$45 with ASB and \$65 without, and \$65 for non-FHS students. **In person sales are the 15th and 16th,** at brunch and lunch in room 207. **Cash or check only.** As a reminder, tickets are non refundable and non transferable. Please refer to the Homecoming Website for more information: <https://sites.google.com/suhsd.net/fhshoco2026?usp=sharing>. The current sales window ends on the 16th.
- **Guest Dance Passes for Homecoming** are available in the Main Office and will need to be returned by **Sept. 30th** to Mrs Perales
- **School just started and we only have 83% of our overall inventory remaining for our yearbooks!** Head to jostensyearbooks.com to purchase. Please direct any questions to afitzgerald@suhsd.net
- **Personalized grad ad in the 2027 yearbook!** Current pricing is \$365 for a full page, \$185 for a half page, and \$90 for a quarter page. Head to jostensyearbooks.com to purchase and create your ad.

Athletics

- **Baseball players** interested in offseason training will start **Tuesday Sept. 15th** after school at the varsity baseball field. We will be working out on **Tuesdays and Thursdays from 3:30pm-5:30pm.**
- **Varsity/JV Football** Bye Week
- **Frosh Football:** Thursday, Sept. 17 vs Sutter @ Sutter (5:30)
- **Volleyball:** **Tuesday, Sept. 15** vs Enterprise @ Enterprise (5:00/6:00/7:00)
Thursday, Sept. 17 vs Gridley @ Gridley (4:30/5:30/6:30)
Saturday, Sept. 19 West Valley Frosh Tourney @ West Valley (TBA)
- **Girls Golf:** **Thursday, Sept. 17** League @ Grape Ranch (2:00)
- **Swim:** **Wednesday** Sept. 16 vs Pleasant Valley @ Foothill (4:00)
- **Cross Country:** **Friday, Sept. 18** Steve Nesheim Invite @ Shastice Park (10:00)
- **ALL students** participating in sports must complete the athletic clearance through homecampus.com and then pick up a Blue Card from Mrs. Perales in the Main Office.