



Pacific Grove Elementary Food Service Menu

October 2026 - ALL MEALS ARE FREE-Menu subject to change				
Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST A variety of cereal, NF low sugar yogurt, and fruit smoothies served daily with fresh fruit and 100% juice Mon: Low sugar Sweet Bread Tue: Breakfast Burrito Wed: Low sugar sweet bread Thur: Cinnamon Roll with Berries Fri: Croissant Breakfast Sandwich	NOTES FROM THE TEAM: Have you checked out our new specials like the Garlic Parmesan Bake or the Brisket Sandwich? These dishes are made with a variety of scratch-made ingredients, using fresh grown herbs from our gardens whenever available. **Vegan Versions Available upon request **Gluten Free variations are available for most menu items upon request. Check with your sites kitchen staff.	Check us out on social on Social Media: facebook: Pacific Grove School Cafe Instagram: Pgusd_nutrition	1 Orange Chicken & Veggie Loaded Fried Rice Corn Dog Cheese Quesadilla	2 WG Smart Slice Cheese or Pepperoni Spaghetti & Meat Sauce with garlic bread Turkey and Cheddar Sandwich
5 Garlic Parmesan Pasta Bake With Texas Toast Nut free Pesto Turkey Mel	6 Hot Dog or Quesadilla W/ Baked Beans Moroccan Lemon Chicken W/ rice	7 Beef Brisket Sandwich With Side Nacho Bar	8 Orange Chicken with Stir Fried Loaded Veggie Fried Rice Homemade Lasagna W/ Garlic Knots	9 WG Smart Slice Cheese or Pepperoni Spaghetti & Meat Sauce with garlic bread Turkey and Cheddar Sandwich
12 	13 NO SCHOOL	14 NO SCHOOL	15 NO SCHOOL	16 
19 Brunch for Lunch Mozzarella Sticks Chicken Tenders & Fries	20 Bean and Cheese Burrito Crunchy Beef Taco	21 Fettuccine Alfredo with Roasted Cherry Tomatoes Cheeseburger/ Hamburger & a side	22 Orange Chicken with Stir Fried Loaded Veggie Fried Rice Homemade Lasagna W/ Garlic Knots	23 WG Smart Slice Cheese or Pepperoni Spaghetti & Meat Sauce with garlic bread Turkey and Cheddar Sandwich
26 Garlic Parmesan Pasta Bake With Texas Toast Nut free Pesto Turkey Melt	27 Hot Dog or Quesadilla W/ Baked Beans Moroccan Lemon Chicken W/ rice	28 Beef Brisket Sandwich With Side Nacho Bar	29 Orange Chicken with Stir Fried Loaded Veggie Fried Rice Homemade Lasagna W/ Garlic Knots	30  WG Smart Slice Cheese or Pepperoni Spaghetti & Meat Sauce with garlic bread Turkey and Cheddar Sandwich