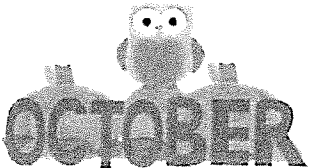
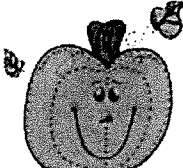
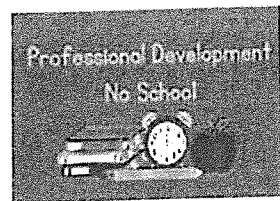
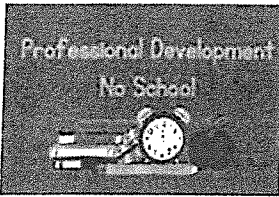


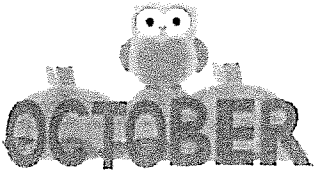
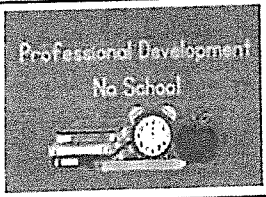
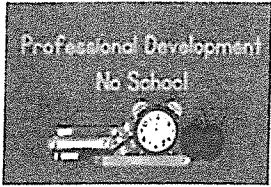
Nuestro Breakfast October 2026

Menus are subject to change. This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
Offered with each choice: Non-Fat Chocolate Milk or 1% White Milk or Non - Fat Strawberry Milk			Buttermilk Bar w/ Trix Yogurt or Cereal <u>Offered with each choice</u> Bananas & Juice	Pizza Puffs or Cereal <u>Offered with each choice</u> Fresh Fruit Choice & Juice
Chicken Waffle Sandwich or Cereal <u>Offered with each choice</u> Chilled Peaches & Juice	Cheese Egg Bacon Croissant w/ Tater Tots or Cereal <u>Offered with each choice</u> Orange Wedges & Juice	Breakfast Pizza or Cereal <u>Offered with each choice</u> Frozen Fruit Cup & Juice	Scone w/ Greek Yogurt or Cereal <u>Offered with each choice</u> Bananas & Juice	
	Cheese Egg English Muffin w/ Tater Tots or Cereal <u>Offered with each choice</u> Orange Wedges & Juice	Loaded Breakfast Burrito or Cereal <u>Offered with each choice</u> Frozen Fruit Cup & Juice	Muffin Bread & Raspberry Peach Yogurt or Cereal <u>Offered with each choice</u> Bananas & Juice	Pizza Puffs or Cereal <u>Offered with each choice</u> Fresh Fruit Choice & Juice
Trix French Toast w/ Trix Yogurt or Cereal <u>Offered with each choice</u> Chilled Peaches & Juice	Sausage & Cheese Bagel w/ Tater Tots or Cereal <u>Offered with each choice</u> Orange Wedges & Juice	Breakfast Stuffed Sandwich or Cereal <u>Offered with each choice</u> Frozen Fruit Cup & Juice	Strawberry Bagel w/ Danimal Yogurt Cup or Cereal <u>Offered with each choice</u> Bananas & Juice	Cinnamon Buns or Cereal <u>Offered with each choice</u> Fresh Fruit Choice & Juice
Chicken Waffle Sandwich or Cereal <u>Offered with each choice</u> Chilled Peaches & Juice	Cheese Egg Bacon Croissant w/ Tater Tots or Cereal <u>Offered with each choice</u> Orange Wedges & Juice	Breakfast Pizza or Cereal <u>Offered with each choice</u> Frozen Fruit Cup & Juice	Scone w/ Greek Yogurt or Cereal <u>Offered with each choice</u> Bananas & Juice	Pizza Puffs or Cereal <u>Offered with each choice</u> Fresh Fruit Choice & Juice

Nuestro After School Snack October 2026

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Monday	Tuesday	Wednesday	Thursday	Friday
			¹ Cheetos Puffs 1(WG) Juice 3/4c (F)	² Garden Salsa Sun Chips 2(WG) Juice 3/4c (F)
⁵ Chex Mix Cheddar Cheese 1(WG) Juice 3/4c (F)	⁶ Wheat Thin Crackers 2(WG) Juice 3/4c (F)	⁷ Multigrain Sun Chips 2 (WG) Whole Apple 1c (F)	⁸ Chocolate Chip Waffle Crackers 2(WG) Whole Banana 1c (F)	⁹ 
¹² 	¹³ Sports Bite Crackers 1(WG) Whole Banana 1c (F)	¹⁴ Cheddar Popcorn 1(WG) Juice 3/4c (F)	¹⁵ Pretzel Sticks 1(WG) Whole Apple 1c (F)	¹⁶ Garden Salsa Sun Chips 2(WG) Juice 3/4c (F)
¹⁹ Animal Crackers Berry 1(WG) Juice 3/4c (F)	²⁰ Cheddar Sun Chips 2 (WG) Juice 3/4c (F)	²¹ Cheetos Puffs 1(WG) Juice 3/4c (F)	²² Blueberry Lemon Crispy Bites 1(WG) Apple Slices 1c (F)	²³ Multigrain Sun Chips 2 (WG) Whole Apple 1c (F)
²⁶ Cheeze-It's 1(WG) Juice 3/4c (F)	²⁷ Chocolate Chip Waffle Crackers 2(WG) Whole Banana 1c (F)	²⁸ Multigrain Sun Chips 2 (WG) Whole Apple 1c (F)	²⁹ Wheat Thin Crackers 2(WG) Juice 3/4c (F)	³⁰ Chex Mix Cheddar Cheese 1(WG) Juice 3/4c (F)

Nuestro Supper October 2026

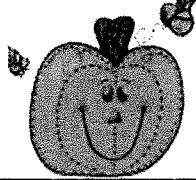
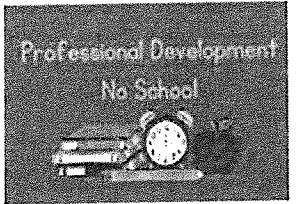
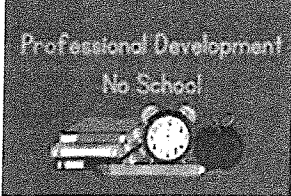


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Monday	Tuesday	Wednesday	Thursday	Friday
Minimum Meal Components Offered Daily: Milk 1 Cup (F) Fruit 1/4C (V) Veggies 1/2C (WG) Grains/Bread 1WG (MMA) Meat/Meat Alternate 2M/MA C= Cup * Garden Salad 1C Serving Equivalent to 1/2C V * Box Raisins/dried mixed fruit 1/4C serving Equivalent to 1/2C F * Choose 3 out of the 5 Components to make a complete meal!				
			1 Chicken Tenders 2(MMA) 2(WG) Dinner Roll 1 (WG) Potato Smiles 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	2 Cereal 2(WG) Yogurt & Cheese Stick 2 (MMA) Sliced Cucumbers 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c
5 Chicken Wrap (2 MMA) 2(WG) Crinkle Cut Fries 1/2c (V) Apple Slices 1/2c (F) Milk 1c	6 Hot Dog 2(WG) 2(MMA) Potato Salad 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c *Lays Potato Chip	7 Chicken Nuggets 2(MMA) 2(WG) Dinner Roll 1 (WG) Green Salad 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	8 Mozzarella Cheese Quesadilla (2 MMA) 2(WG) Salsa 1/2c (V) Jalapeño Peppers 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	9
12 	13 Chicken Sandwich (2 MMA) 2(WG) Dinner Roll 1(WG) French Fries 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	14 Cheese Pull A Part 2(MMA) 2(WG) Green Salad 1/2c (V) Oranges 1/2c (F) Milk 1c	15 Grilled Cheese Sandwich 2(MMA) 2(WG) Potato Smiles 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	16 P.J or Sun Butter Sandwich w/ Cheese 1(WG) 2(MMA) Baby Carrots 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c
19 Taquitos (2 MMA) 2(WG) Cucumber Slices 1/2c (V) Pineapple w/ Tajin 1/2c (F) Milk 1c	20 Nachos w/ Beans & Cheese 2(MMA) 2(WG) Garden Salad 1/2c (V) Bananas 1/2c (F) Milk 1c	21 Cheese Tamale 2(MMA) 2(WG) Steamed Corn 1/2c (V) Fresh Pineapple 1/2c (F) Milk 1c	22 Cereal 2(WG) Yogurt & Cheese Stick 2 (MMA) Baby Carrots 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	23 Assorted Muffin 2 (WG) Greek Yogurt Cup & Cheese Sticks 2 (MMA) Baby Carrots 1/2c (V) Frozen Fruit Cup 1/2c (F) Milk 1c
26 Cereal 2(WG) Yogurt & Cheese Stick 2 (MMA) Sliced Cucumbers 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	27 Bean & Cheese Burrito (2 MMA) 2(WG) Steamed Corn 1/2c (V) Pineapple w/ Tajin 1/2c (F) Milk 1c	28 Brisket Tacos 2(WG) 2 (MMA) Corn Salsa 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	29 Pepperoni Hot Pocket 3(MMA) 2(WG) Green Salad 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c	30 Pizza (2 MMA) 2(WG) Tater Tots 1/2c (V) Fresh Fruit 1/2c (F) Milk 1c *Rice Crispy Treat

Nuestro Lunch October 2026

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Monday	Tuesday	Wednesday	Thursday	Friday
Offered with each choice: Non-Fat Chocolate Milk or 1% White Milk or Non - Fat Strawberry Milk			Orange Chicken & Noodles or Veggie Egg Roll w/ Rice <u>Offered with each Choice:</u> Steamed Carrots Fortune Cookies	Bacon Cheeseburger or Black Bean Veggie Burger <u>Offered with each Choice:</u> Onion Rings
Chicken Tenders or Italian Pull-A-Part <u>Offered with each Choice:</u> Potato Wedges	Chicken Fried Rice w/ Chicken Egg Roll or Asian Tofu Wrap <u>Offered with each Choice:</u> Steamed Broccoli Fortune Cookie	Mini Corn Dogs or Cheese Bites <u>Offered with each Choice:</u> French Fries	Turkey & Gravy w/ Mashed Potatoes or PBJ Or Wow Butter w/ Cheese Sticks <u>Offered with each Choice:</u> Steamed Green Beans	
	Orange Chicken & Noodles or Veggie Egg Roll w/ Rice <u>Offered with each Choice:</u> Steamed Broccoli Fortune Cookie	Bacon Cheeseburger or Black Bean Burger <u>Offered with each Choice:</u> French Fries	Meat Sheet-Pan Lasagna or Mac & Cheese <u>Offered with each Choice:</u> Steamed Carrots Dinner Rolls Fortune Cookies	Chicken Tamale or Cheese Quesadilla <u>Offered with each Choice:</u> Steamed Corn
Pepperoni Pizza or Cheese Pizza <u>Offered with each Choice:</u> Steamed Mixed Veggies	Lucky Tray Day Teriyaki Chicken w/ Noodles or Teriyaki Tofu w/ Noodles <u>Offered with each Choice:</u> Steamed Broccoli Fortune Cookie	Breaded Chicken Sandwich or Cheese Bread w/ Dip <u>Offered with each Choice:</u> French Fries	Salsbury Steak w/ White Rice or Veggie Stacker Sandwich <u>Offered with each Choice:</u> Steamed Green Beans	Turkey & Cheese Sandwich or Wow Butter w/ Cheese Sticks <u>Offered with each Choice:</u> Baby Carrots Fresh Fruit Choice *Lays Potato Chips
Chicken Tenders or Italian Pull-A-Part <u>Offered with each Choice:</u> Potato Wedges	Chicken Fried Rice w/ Chicken Egg Roll or Asian Tofu Wrap <u>Offered with each Choice:</u> Steamed Broccoli Fortune Cookie	Mini Corn Dogs or Cheese Bites <u>Offered with each Choice:</u> French Fries	Turkey & Gravy w/ Mashed Potatoes or PBJ Or Wow Butter w/ Cheese Sticks <u>Offered with each Choice:</u> Steamed Green beans	Soft Turkey Taco or Cheese Tamale <u>Offered with each Choice:</u> Steamed Corn