

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Menu Name:	HIGH SCHOOL BREAKFAST YCHS	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Tuesday - 09/02/2025 Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001180 HS-BREAKFAST BOWL	SERVING	50	378	8.79	812	*0	*N/A*	20.46	0.03	261	32.02	3.00	18.92	*N/A*	124.0	0.30	1.83	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			593	4.05	576	*57	*2	10.92	*0.00	35	109.93	6.62	17.25	*0	451.0	32.91	3.20	\$0.000
% of Calories				6.15%		*38.4%	*1.3%	16.6%	*0.0%		74.2%		11.6%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Wednesday - 09/03/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000

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Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	50	396	*4.28	716	*0	*N/A*	9.91	*0.05	23	55.58	6.17	19.95	*N/A*	42.6	0.00	*3.13	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000

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Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			594	*3.78	570	*57	*2	10.28	*0.00	20	111.36	6.81	17.31	*0	446.1	32.89	*3.28	\$0.000
% of Calories				*5.73%		*38.4%	*1.3%	15.6%	*0.0%		75.0%		11.7%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Thursday - 09/04/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000

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000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*N/A*	4.4	2.46	*2.88	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			601	4.17	589	*57	*2	11.33	*0.00	25	110.67	6.84	17.81	*0	443.7	33.04	*3.26	\$0.000
% of Calories				6.24%		*37.9%	*1.3%	17.0%	*0.0%		73.7%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Friday - 09/05/2025

Reimbursable Meal Total 825

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*9	*N/A*	9.47	*0.00	14	41.29	2.02	7.49	*N/A*	71.6	0.01	2.02	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			587	3.71	570	*58	*2	10.26	*0.00	20	110.49	6.56	16.56	*0	447.8	32.89	3.21	\$0.000
% of Calories				5.69%		*39.5%	*1.4%	15.7%	*0.0%		75.3%		11.3%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Monday - 09/08/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	48	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	48	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
001124 HS-SAUSAGE, EGG BISCUIT	EACH	16	350	7.50	690	*0	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001109 HS-SAUGE, EGG,CHEESE CROISSANT	EACH	16	390	8.50	680	3	*0	22.00	0.00	175	31.00	2.00	19.00	*N/A*	81.0	0.00	1.36	\$0.000
003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO	SERVINGS	16	10	0.25	29	0	0	0.42	0.00	2	1.16	0.04	0.28	*N/A*	3.2	0.00	0.11	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	6	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			573	3.44	520	*57	*2	10.03	*0.00	31	108.17	6.60	16.26	*0	436.2	32.72	*3.04	\$0.000
% of Calories				5.40%		*39.8%	*1.4%	15.8%	*0.0%		75.5%		11.4%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Tuesday - 09/09/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001180 HS-BREAKFAST BOWL	SERVING	50	378	8.79	812	*0	*N/A*	20.46	0.03	261	32.02	3.00	18.92	*N/A*	124.0	0.30	1.83	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			593	4.05	576	*57	*2	10.92	*0.00	35	109.93	6.62	17.25	*0	451.0	32.91	3.20	\$0.000
% of Calories				6.15%		*38.4%	*1.3%	16.6%	*0.0%		74.2%		11.6%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Wednesday - 09/10/2025

Reimbursable Meal Total 825

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	50	396	*4.28	716	*0	*N/A*	9.91	*0.05	23	55.58	6.17	19.95	*N/A*	42.6	0.00	*3.13	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			594	*3.78	570	*57	*2	10.28	*0.00	20	111.36	6.81	17.31	*0	446.1	32.89	*3.28	\$0.000
% of Calories				*5.73%		*38.4%	*1.3%	15.6%	*0.0%		75.0%		11.7%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Thursday - 09/11/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*N/A*	4.4	2.46	*2.88	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			601	4.17	589	*57	*2	11.33	*0.00	25	110.67	6.84	17.81	*0	443.7	33.04	*3.26	\$0.000
% of Calories				6.24%		*37.9%	*1.3%	17.0%	*0.0%		73.7%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Friday - 09/12/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*9	*N/A*	9.47	*0.00	14	41.29	2.02	7.49	*N/A*	71.6	0.01	2.02	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			587	3.71	570	*58	*2	10.26	*0.00	20	110.49	6.56	16.56	*0	447.8	32.89	3.21	\$0.000
% of Calories				5.69%		*39.5%	*1.4%	15.7%	*0.0%		75.3%		11.3%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Monday - 09/15/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	48	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	48	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
001124 HS-SAUSAGE, EGG BISCUIT	EACH	16	350	7.50	690	*0	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001109 HS-SAUGE, EGG,CHEESE CROISSANT	EACH	16	390	8.50	680	3	*0	22.00	0.00	175	31.00	2.00	19.00	*N/A*	81.0	0.00	1.36	\$0.000
003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO	SERVINGS	16	10	0.25	29	0	0	0.42	0.00	2	1.16	0.04	0.28	*N/A*	3.2	0.00	0.11	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	6	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			573	3.44	520	*57	*2	10.03	*0.00	31	108.17	6.60	16.26	*0	436.2	32.72	*3.04	\$0.000
% of Calories				5.40%		*39.8%	*1.4%	15.8%	*0.0%		75.5%		11.4%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Tuesday - 09/16/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001180 HS-BREAKFAST BOWL	SERVING	50	378	8.79	812	*0	*N/A*	20.46	0.03	261	32.02	3.00	18.92	*N/A*	124.0	0.30	1.83	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			593	4.05	576	*57	*2	10.92	*0.00	35	109.93	6.62	17.25	*0	451.0	32.91	3.20	\$0.000
% of Calories				6.15%		*38.4%	*1.3%	16.6%	*0.0%		74.2%		11.6%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Wednesday - 09/17/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	50	396	*4.28	716	*0	*N/A*	9.91	*0.05	23	55.58	6.17	19.95	*N/A*	42.6	0.00	*3.13	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			594	*3.78	570	*57	*2	10.28	*0.00	20	111.36	6.81	17.31	*0	446.1	32.89	*3.28	\$0.000
% of Calories				*5.73%		*38.4%	*1.3%	15.6%	*0.0%		75.0%		11.7%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Thursday - 09/18/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*N/A*	4.4	2.46	*2.88	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			601	4.17	589	*57	*2	11.33	*0.00	25	110.67	6.84	17.81	*0	443.7	33.04	*3.26	\$0.000
% of Calories				6.24%		*37.9%	*1.3%	17.0%	*0.0%		73.7%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Friday - 09/19/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*9	*N/A*	9.47	*0.00	14	41.29	2.02	7.49	*N/A*	71.6	0.01	2.02	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			587	3.71	570	*58	*2	10.26	*0.00	20	110.49	6.56	16.56	*0	447.8	32.89	3.21	\$0.000
% of Calories				5.69%		*39.5%	*1.4%	15.7%	*0.0%		75.3%		11.3%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Monday - 09/22/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	48	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	48	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
001124 HS-SAUSAGE, EGG BISCUIT	EACH	16	350	7.50	690	*0	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001109 HS-SAUGE, EGG,CHEESE CROISSANT	EACH	16	390	8.50	680	3	*0	22.00	0.00	175	31.00	2.00	19.00	*N/A*	81.0	0.00	1.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO	SERVINGS	16	10	0.25	29	0	0	0.42	0.00	2	1.16	0.04	0.28	*N/A*	3.2	0.00	0.11	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	6	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			573	3.44	520	*57	*2	10.03	*0.00	31	108.17	6.60	16.26	*0	436.2	32.72	*3.04	\$0.000
% of Calories				5.40%		*39.8%	*1.4%	15.8%	*0.0%		75.5%		11.4%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Tuesday - 09/23/2025 Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001180 HS-BREAKFAST BOWL	SERVING	50	378	8.79	812	*0	*N/A*	20.46	0.03	261	32.02	3.00	18.92	*N/A*	124.0	0.30	1.83	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			593	4.05	576	*57	*2	10.92	*0.00	35	109.93	6.62	17.25	*0	451.0	32.91	3.20	\$0.000
% of Calories				6.15%		*38.4%	*1.3%	16.6%	*0.0%		74.2%		11.6%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Wednesday - 09/24/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	50	396	*4.28	716	*0	*N/A*	9.91	*0.05	23	55.58	6.17	19.95	*N/A*	42.6	0.00	*3.13	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			594	*3.78	570	*57	*2	10.28	*0.00	20	111.36	6.81	17.31	*0	446.1	32.89	*3.28	\$0.000
% of Calories				*5.73%		*38.4%	*1.3%	15.6%	*0.0%		75.0%		11.7%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Thursday - 09/25/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*N/A*	4.4	2.46	*2.88	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			601	4.17	589	*57	*2	11.33	*0.00	25	110.67	6.84	17.81	*0	443.7	33.04	*3.26	\$0.000
% of Calories				6.24%		*37.9%	*1.3%	17.0%	*0.0%		73.7%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Friday - 09/26/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*9	*N/A*	9.47	*0.00	14	41.29	2.02	7.49	*N/A*	71.6	0.01	2.02	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			587	3.71	570	*58	*2	10.26	*0.00	20	110.49	6.56	16.56	*0	447.8	32.89	3.21	\$0.000
% of Calories				5.69%		*39.5%	*1.4%	15.7%	*0.0%		75.3%		11.3%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Monday - 09/29/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	48	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	48	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
001124 HS-SAUSAGE, EGG BISCUIT	EACH	16	350	7.50	690	*0	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001109 HS-SAUGE, EGG,CHEESE CROISSANT	EACH	16	390	8.50	680	3	*0	22.00	0.00	175	31.00	2.00	19.00	*N/A*	81.0	0.00	1.36	\$0.000
003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO	SERVINGS	16	10	0.25	29	0	0	0.42	0.00	2	1.16	0.04	0.28	*N/A*	3.2	0.00	0.11	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	6	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			573	3.44	520	*57	*2	10.03	*0.00	31	108.17	6.60	16.26	*0	436.2	32.72	*3.04	\$0.000
% of Calories				5.40%		*39.8%	*1.4%	15.8%	*0.0%		75.5%		11.4%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Tuesday - 09/30/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	329	3.99	685	*3	*N/A*	8.55	*0.00	26	49.14	2.59	14.86	*N/A*	20.2	2.95	2.91	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	32	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001180 HS-BREAKFAST BOWL	SERVING	50	378	8.79	812	*0	*N/A*	20.46	0.03	261	32.02	3.00	18.92	*N/A*	124.0	0.30	1.83	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	*N/A*	1.4	0.37	0.03	\$0.000
Weighted Daily Average			593	4.05	576	*57	*2	10.92	*0.00	35	109.93	6.62	17.25	*0	451.0	32.91	3.20	\$0.000
% of Calories				6.15%		*38.4%	*1.3%	16.6%	*0.0%		74.2%		11.6%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
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Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Weighted Averages		590	*3.84	566	*57	*2	10.58	*0.00	27	110.11	6.68	17.05	*0	445	32.89	*3.20	\$0.000
% of Calories			*5.86%		*38.6%	*1.4%	16.1%	*0.0%		74.7%		11.6%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.