

# MENU

LMHS Lunch Menu

MAY

	00		00		00		00	Papa Murphey's Pizza Caesar salad Fresh fruit	01
Cheeseburger Fries Cucumber slices Fresh fruit	04	Chicken tinga tostada Refried beans Fresh fruit	05	Turkey BLT on a croissant Chips Carrot sticks Fresh fruit	06	Sweet and sour chicken Chow mien Steamed broccoli Carrot sticks Fresh fruit	07	Lasagna Caesar salad Fresh fruit	08
BBQ pork rib sandwich Fries Cucumber slices Fresh fruit	11	Beef nachos Refried beans Corn Fresh fruit	12	Philly cheese steak Grilled peppers and onions Carrot sticks Chips Fresh fruit	13	Chicken tenders Fries Texas toast Steamed broccoli Fresh fruit	14	Papa Murphey's Pizza Caesar salad Fresh fruit	15
Spicy chicken sandwich Fries Cucumber slices Fresh fruit	18	Beef, cheese, and rice burrito Refried beans Corn Fresh fruit	19	Mac and cheese Popcorn chicken Carrot sticks Snap peas Fresh fruit	20	Hot wings Waffle fries Texas toast Steamed broccoli Fresh fruit	21	Chicken alfredo Garlic knot Caesar salad Fresh fruit	22
Memorial day No school	25	Tamales Red rice Refried beans Corn Fresh fruit	26	Hot Italian sub Chips Carrot sticks Fresh fruit	27	Popcorn chicken bowl Texas toast Fresh fruit	28	Papa Murphey's Pizza Caesar salad Fresh fruit	29

Whole, 1%, 2%,  
and non-fat flavored  
milk offered at  
lunch

Alternative options offered daily:

Chicken Caesar salad with a breadstick

Sub sandwich

Salad bar

Ice cream served with all lunches on  
Fridays.

Students must take  
at least ½ cup of  
fruit or veggies with  
lunch



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	00		00		00		00	Papa Murphey's Pizza Caesar salad Fresh fruit	01
Cheeseburger Fries Cucumber slices Fresh fruit	04	Beef tostada Refried beans Fresh fruit	05	Ham and cheese croissant Chips Carrot sticks Fresh fruit	06	Sweet and sour chicken Chow mien Steamed broccoli Carrot sticks Fresh fruit	07	Beef ravioli Caesar salad Fresh fruit	08
BBQ pork rib sandwich Fries Cucumber slices Fresh fruit	11	Beef nachos Refried beans Corn Fresh fruit	12	Hot dog Potato salad Carrot sticks Chips Fresh fruit	13	Chicken tenders Fries Texas toast Steamed broccoli Fresh fruit	14	Papa Murphey's Pizza Caesar salad Fresh fruit	15
Crispy chicken sandwich Fries Cucumber slices Fresh fruit	18	Beef crunchy tacos Refried beans Corn Fresh fruit	19	Mac and cheese Popcorn chicken Carrot sticks Snap peas Fresh fruit	20	Chicken wings Waffle fries Texas toast Steamed broccoli Fresh fruit	21	Chicken alfredo Caesar salad Fresh fruit	22
Memorial day No school	25	Tamales Red rice Refried beans Corn Fresh fruit	26	Ham sub sandwich Chips Carrot sticks Fresh fruit	27	Popcorn chicken bowl Fresh fruit	28	Papa Murphey's Pizza Caesar salad Fresh fruit	29

Whole, 1%, 2%,  
and non-fat flavored  
milk offered at  
lunch

Alternative options offered daily:

Salad bar

Ice cream served with all lunches on  
Fridays.

Students must take  
at least ½ cup of  
fruit or veggies with  
lunch



# MENU

LMUSD Elementary Breakfast Menu

MAY

	00		00		00		00	Breakfast burrito Fresh fruit	01
Muffin String cheese Fresh fruit	04	Waffles with strawberries and cream Sausage	05	Benefit bar yogurt Fresh fruit	06	Yogurt parfait	07	Breakfast pizza Fresh fruit	08
Concha String cheese Fresh fruit	11	Pancakes sausage Fresh fruit	12	Mini bagel Fresh fruit	13	Sausage Hashbrowns biscuit Fresh fruit	14	Sausage mcmuffin Fresh fruit	15
Banana bread String cheese Fresh fruit	18	French toast sausage Fresh fruit	19	Breakfast taquitos Fresh fruit	20	Breakfast tacos Fresh fruit	21	Sausage, egg, and cheese pancake sandwich Fresh fruit	22
Memorial day No school	25	Cinnamon roll Sausage Fresh fruit	26	Cereal Yogurt Fresh fruit	27	Yogurt parfait	28	Bagel sandwich Fresh fruit	29

1% and non-fat  
flavored milk  
offered at breakfast.

Students must take  
at least ½ cup of  
fruit or veggies with  
breakfast.



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MAY

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Muffin String cheese Fresh fruit	04	Waffles with strawberries and cream Sausage	05	Benefit bar yogurt Fresh fruit	06	Yogurt parfait	07	Breakfast pizza string Fresh fruit	08
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Banana bread String cheese Fresh fruit	18	French toast sausage Fresh fruit	19	Breakfast taquitos Fresh fruit	20	Breakfast tacos Fresh fruit	21	Sausage, egg, and cheese pancake sandwich Fresh fruit	22
Memorial day No school	25	Cinnamon roll Sausage Fresh fruit	26	Cereal Yogurt Fresh fruit	27	Yogurt parfait	28	Bagel sandwich Fresh fruit	29

1% and non-fat  
flavored milk  
offered at breakfast.

Alternative options offered daily:

Bagel with fresh fruit, string cheese, or yogurt

Oatmeal station

Students must take  
at least ½ cup of  
fruit or veggies with  
breakfast.

