

ELK GROVE UNIFIED SCHOOL DISTRICT
SUICIDE PREVENTION AWARENESS MONTH
RESOLUTION No. 1, 2025-2026

Recognizing September 2025 as Suicide Prevention Awareness Month
in the ELK GROVE UNIFIED SCHOOL DISTRICT

WHEREAS, the Elk Grove Unified School District recognizes that suicide is a leading cause of death among youth and supports actions in preventing suicidal ideation, attempts, and deaths; and

WHEREAS, according to the Centers for Disease Control, one person dies by suicide approximately every 11 minutes, resulting in nearly 50,000 deaths each year in the United States; and

WHEREAS, suicide is among the top 8 leading causes of death among people aged 10-64 in the United States and the 2nd leading cause of death among people aged 10-34; and

WHEREAS, suicide is a preventable national, state, and local public health problem; and

WHEREAS, providing a safe and nurturing school environment ensures both the physical and emotional safety of students and staff and minimizes suicidal ideation; and

WHEREAS, the stigma associated with mental health conditions and with suicidality works against suicide prevention by discouraging person at risk for suicide from seeking life-saving help and further traumatizing survivors of suicide loss and people with lived experience of suicide; and

WHEREAS, it is essential to educate and encourage students, staff, and families to recognize the warning signs of suicide, and guide those in need to appropriate services and supports; and

WHEREAS, the Month of September is National Suicide Prevention Month which is a campaign in response to the need to raise awareness of suicide prevention and provide schools and communities with an opportunity to educate students, parents, and others about their role in suicide prevention; and

THEREFORE, BE IT RESOLVED that the Governing Board of the Elk Grove Unified School District hereby supports the goals of National Suicide Prevention Month and will work with a broad spectrum of local community partners, parents, students, teachers, and staff to raise awareness, build resiliency, and find hope.

DATE

CHRISTOPHER R. HOFFMAN, SUPERINTENDENT and
SECRETARY to the GOVERNING BOARD of
ELK GROVE UNIFIED SCHOOL DISTRICT