



**Glide High
School
Menu
February 2026**

Everyday Breakfast Choices Yogurt with Graham Crackers (Scooby Snacks) Students must choose 3 of 4 Breakfast Items 1 MUST BE FRUIT or Vegetable, A Minimum of a ½ cup	Everyday Lunch Choices Peanut or Sun Butter & Jelly Sandwich Lunch: Students must choose 3 of the 5 components & 1 Must be a ½ cup of Fruit or Vegetable
Daily Offering Bar Features: fresh & canned fruits & vegetables daily and 1% white milk or fat free chocolate milk. All grains offered are whole grain. Breakfast and lunch are available at No Charge to Students	

2 Breakfast: WG Bagel w/Cream Cheese or Ultimate Chocolate Chip Breakfast Round Lunch: Cheese/Hamburger w/ Fries or Chef Salad w/WG Roll or Ham & Cheese Sub	3 Breakfast: Blueberry Muffin or Peachy Overnight Oats Lunch: Bean and Cheese Burrito, or Turkey & Cheese Sub	4 Breakfast: Apple Frudel or Peachy Parfait Lunch: Sloppy Joes w/Fries or Chef Salad w/WG Roll or Turkey Wrap	5 Breakfast: Strawberry Cream Cheese Bagel or Strawberry Parfait Lunch: Chicken Tenders w/Fries or Ham & Cheese Sub	6 No School on Friday
9 Breakfast: Peachy Parfait or Ultimate Chocolate Chip Breakfast Round Lunch: Cheese/Hamburger w/ Fries or Chef Salad w/WG Roll or Ham & Cheese Sub	10 Breakfast: Ham, Egg, & Cheese Breakfast Bagel or Strawberry Citrus Smoothie Lunch: Fiesta Chicken and Brown Rice Burrito or Turkey & Cheese Sub	11 Breakfast: Breakfast Burrito or WG Bagel w/Cream Cheese Lunch: Early Release! Grab and Go Lunch with Corn Dog	12 No School – Conference Day!	13 No School on Friday
16 No School 	17 Breakfast: Blueberry Muffin or Peachy Overnight Oats Lunch: Grande Beef Burrito or Turkey & Cheese Sub	18 Breakfast: Apple Frudel or Peachy Parfait Lunch: Teriyaki Chicken w/Brown Rice or Chef Salad w/WG Roll or Chicken Ranch Wrap	19 Breakfast: Strawberry Cream Cheese Bagel or Strawberry Parfait Lunch: BBQ Riblet Sandwich or Ham & Cheese Sub	20 No School on Friday
23 Breakfast: Peachy Parfait or Ultimate Chocolate Chip Breakfast Round Lunch: Cheese/Hamburger w/HB Patty or Chef Sald w/WG Roll or Ham & Cheese Sub	24 Breakfast: Ham, Egg, & Cheese Breakfast Bagel or Strawberry Citrus Smoothie Lunch: Frito Pie or Turkey & Cheese Sub	25 Breakfast: Breakfast Burrito or Bagel w/Cream Cheese Lunch: Meatball Sub w/Fries or Chef Salad w/WG Roll or Turkey Wrap	26 Breakfast: Strawberry Parfait or Sausage Pancake on a Stick Lunch: Pizza Day! Pepperoni or Cheese Pizza, or Ham & Cheese Sub	27 No School on Friday

**This institution is an equal
opportunity provider.**

Menu subject to change