

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru Jun 5, 2026

Menu Name: PRE-SCHOOL LUNCH Include Cost: Yes

Site:

Use Alternate Menu Name: No

### Friday - 05/01/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003332 BEAN & CHEESE TAMALE (GLUTEN FREE)	SERVING	300	290	8.00	870	0.00	0.00	18.00	0.00	25	25.00	3.00	12.00	*N/A*	290.0	*N/A*	0.20	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	150	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	150	69	0.00	76	*0.00	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			550	9.47	1082	*20.57	*0.33	21.57	*0.00	40	69.60	7.02	24.16	*5	705.3	*2931.42	0.49	\$0.000
% of Calories				15.50 %		*14.96 %	*0.24%	35.3%	*0.0%		50.6%		17.6%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

### Monday - 05/04/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003202 WRAP SPINACH, CHICKEN HONEY MUSTARD	EACH	300	684	14.26	1403	*11.00	*2.00	40.54	*0.00	100	48.79	3.40	36.39	*0	331.0	4.80	3.93	\$0.000
000391 POTATO, SMILES	SERVINGS (6)	300	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	100	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	100	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	100	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			1042	16.22	1741	*46.53	*2.33	47.61	*0.00	114	109.36	7.47	48.66	*5	*727.7	*8.36	*4.33	\$12.635
% of Calories				14.01 %		*17.86 %	*0.89%	41.1%	*0.0%		42.0%		18.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

Tuesday - 05/05/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA PEPPERONI 5" WG (WILD MIKES)	EACH	200	417	8.13	640	5.08	0.00	17.28	0.00	41	36.60	1.02	19.32	*N/A*	374.1	6.10	2.03	\$0.000
001861 PIZZA CHEESE 5" WG (WILD MIKES)	EACH	100	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003286 FRUIT ROLL UP CRAZY COLOR 0.5 OZ	EACH	300	50	0.50	55	4.00	4.00	1.00	*N/A*	*N/A*	11.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			680	10.09	951	*35.04	*4.33	20.87	*0.00	*53	87.59	9.08	31.41	*6	*824.2	*40.62	*2.55	\$0.000
% of Calories				13.35 %		*20.61 %	*2.55%	27.6%	*0.0%		51.5%		18.5%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

## Wednesday - 05/06/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	290	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000
002979 TOFU TERI WITH NOODLES	HEAPING #16	10	718	4.34	6005	*35.21	*35.21	36.60	*0.00	0	84.17	4.32	22.35	*0	81.6	0.12	5.65	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	300	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000
000607 COOKIE, FORTUNE	COOKIE	300	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	300	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

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## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			672	2.63	857	*49.56	*1.51	12.26	*0.00	53	114.02	10.16	33.26	*127	441.6	84.66	3.56	\$0.000
% of Calories				3.52%		*29.50 %	*0.90%	16.4%	*0.0%		67.9%		19.8%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

## Thursday - 05/07/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003333 CHICKEN DOUBLE DOGS IW	SERVING	300	251	2.51	713	4.01	4.01	9.03	0.00	20	32.11	2.01	12.04	*N/A*	80.3	*N/A*	1.71	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	300	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			587	4.51	907	*29.33	*4.35	16.71	0.00	35	89.99	6.41	23.91	*6	515.1	*34.55	2.30	\$0.000
% of Calories				6.91%		*19.99 %	*2.96%	25.6%	0.0%		61.3%		16.3%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

## Friday - 05/08/2026

Reimbursable Meal Total 300

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	200	331	3.73	452	1.37	0.00	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	100	321	3.54	475	1.75	0.00	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	150	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	150	69	0.00	76	*0.00	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			587	5.13	671	*22.06	*0.33	13.56	*0.00	35	87.35	11.79	28.94	*5	546.4	2932.86	4.17	\$0.000
% of Calories				7.87%		*15.03 %	*0.22%	20.8%	*0.0%		59.5%		19.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

### Monday - 05/11/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	300	182	1.62	328	0.00	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

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May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			568	4.62	847	*25.32	*0.33	21.58	0.00	48	66.36	4.41	26.37	*6	446.8	125.15	1.66	\$0.000
% of Calories				7.32%		*17.83 %	*0.23%	34.2%	0.0%		46.7%		18.6%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

## Tuesday - 05/12/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003335 CHEESY CHICKEN PENNE PASTA BAKE (LAND-O-LAKES)	HEAPING #8 SCOOP	300	390	3.21	349	*2.77	*0.52	7.91	*0.00	24	60.47	4.06	17.32	*0	98.6	*2.00	2.06	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003123 BREAD GARLIC KNOT WG 2OZ	SERVINGS	300	180	1.50	190	4.00	3.00	5.00	0.00	0	27.00	3.00	5.00	*N/A*	20.0	0.00	1.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

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## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			802	6.22	838	*33.09	*3.86	15.58	*0.00	39	128.33	12.47	34.19	*6	543.4	*36.55	3.96	\$0.000
% of Calories				6.98%		*16.50 %	*1.93%	17.5%	*0.0%		64.0%		17.1%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

## Wednesday - 05/13/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS	SERVINGS	290	330	1.33	689	*9.00	*9.00	8.37	*0.00	70	45.16	3.45	22.00	*N/A*	28.0	*0.08	3.06	\$0.000
002979 TOFU TERI WITH NOODLES	HEAPING #16	10	718	4.34	6005	*35.21	*35.21	36.60	*0.00	0	84.17	4.32	22.35	*0	81.6	0.12	5.65	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	300	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000
000607 COOKIE, FORTUNE	COOKIE	300	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	300	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			653	3.11	1050	*58.26	*10.21	12.74	*0.00	82	105.32	10.16	37.12	*127	451.3	*83.50	3.54	\$0.000
% of Calories				4.29%		*35.69 %	*6.25%	17.6%	*0.0%		64.5%		22.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

# Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

Thursday - 05/14/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003259 FRENCH TOAST STICKS WG	3 STICKS	300	210	2.50	310	9.00	8.00	7.00	0.00	125	29.00	2.00	8.00	*N/A*	52.0	0.00	2.00	\$191.455
000349 SYRUP, PANCAKE	TABLESPOON	300	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003258 EGG, HARDCOOKED AND PEELED (SYSCO)	EACH	300	70	1.50	55	0.00	0.00	5.00	0.00	165	0.00	0.00	6.00	*N/A*	22.0	*N/A*	0.50	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	300	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001501 POTATO, HASHBROWN OVAL PATTY	SERVING	300	140	1.50	290	*N/A*	*N/A*	8.00	0.00	0	15.00	2.00	3.00	*N/A*	0.0	1.20	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	100	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			856	7.51	900	*53.48	*8.33	23.68	*0.00	308	131.20	7.41	31.86	*6	*695.5	*35.75	2.80	\$191.455
% of Calories				7.90%		*24.99%	*3.89%	24.9%	*0.0%		61.3%		14.9%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

# Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

**Friday - 05/15/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003358 NACHOS, BEEF BEAN & CHEESE	SERVING	300	672	16.54	1530	*3.61	*0.00	34.53	*0.00	136	49.24	10.29	43.18	*0	483.2	6.12	1.93	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	150	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	150	69	0.00	76	*0.00	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			932	18.00	1741	*24.17	*0.33	38.10	*0.00	150	93.85	14.32	55.35	*5	898.5	2937.54	2.22	\$0.000
% of Calories				17.38 %		*10.37 %	*0.14%	36.8%	*0.0%		40.3%		23.8%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

**Monday - 05/18/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003351 HOT DOG PORK & BEEF 6" ON A BUN (K-5)	SERVING	200	290	4.00	680	5.00	*N/A*	12.50	0.00	34	30.00	3.00	13.00	*N/A*	*63.0	*0.00	*2.00	\$0.000
002763 SANDWICH, VEGGIE STACKER	SANDWICH	100	518	16.00	994	*3.00	*N/A*	30.50	*0.00	80	32.75	4.46	27.46	*N/A*	55.3	3.70	1.16	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			752	11.00	1304	*29.65	*0.33	30.18	*0.00	64	87.78	7.89	30.69	*6	*485.3	*39.38	*2.38	\$0.000
% of Calories				13.16 %		*15.77 %	*0.18%	36.1%	*0.0%		46.7%		16.3%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

**Tuesday - 05/19/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA PEPPERONI 5" WG (WILD MIKES)	EACH	150	417	8.13	640	5.08	0.00	17.28	0.00	41	36.60	1.02	19.32	*N/A*	374.1	6.10	2.03	\$0.000
001861 PIZZA CHEESE 5" WG (WILD MIKES)	EACH	150	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003286 FRUIT ROLL UP CRAZY COLOR 0.5 OZ	EACH	300	50	0.50	55	4.00	4.00	1.00	*N/A*	*N/A*	11.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			671	10.07	929	*34.86	*4.33	20.82	*0.00	*52	87.16	9.42	31.52	*6	*836.9	*40.60	*2.66	\$0.000
% of Calories				13.51 %		*20.78 %	*2.58%	27.9%	*0.0%		52.0%		18.8%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

## Wednesday - 05/20/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003339 RICE CHICKEN FRIED	3/4 Cup	300	249	0.38	322	*0.50	*N/A*	2.67	*0.00	17	47.27	2.94	9.73	*N/A*	18.0	3.60	1.17	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	300	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000
000607 COOKIE, FORTUNE	COOKIE	300	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			509	1.88	505	*28.46	*0.33	5.35	*0.00	32	94.24	9.34	23.93	*6	442.8	38.15	1.46	\$0.000
% of Calories				3.32%		*22.37 %	*0.26%	9.5%	*0.0%		74.1%		18.8%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

**Thursday - 05/21/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	200	339	6.50	559	3.00	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
001036 BURGER, VEGGIE CHEESE	EACH	100	420	5.00	840	5.00	*0.00	16.50	0.00	20	42.00	10.00	26.00	*N/A*	52.0	0.00	9.00	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	300	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
000042 VEG, PICKLES DILL	8 each	300	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			707	8.00	1237	*28.98	*0.33	23.51	*0.00	*52	92.21	11.07	35.20	*6	*494.2	*34.55	*4.93	\$0.000
% of Calories				10.18 %		*16.40 %	*0.19%	29.9%	*0.0%		52.2%		19.9%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

**Friday - 05/22/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc (mg)	Vit-C (mg)	Iron (mg)	Cost
003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALES	300	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	150	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	150	69	0.00	76	*0.00	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			568	8.00	834	*21.63	*0.33	17.33	*0.00	70	73.00	6.72	29.43	*5	618.0	2935.01	1.66	\$0.000
% of Calories				12.68 %		*15.23 %	*0.23%	27.5%	*0.0%		51.4%		20.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

**Tuesday - 05/26/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001861 PIZZA CHEESE 5" WG (WILD MIKES)	EACH	300	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			592	9.50	809	*30.32	*0.33	19.68	0.00	50	74.86	8.41	31.87	*6	874.8	40.55	3.00	\$0.000
% of Calories				14.44 %		*20.49 %	*0.22%	29.9%	0.0%		50.6%		21.5%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

## Wednesday - 05/27/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	290	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000
002979 TOFU TERI WITH NOODLES	HEAPING #16	10	718	4.34	6005	*35.21	*35.21	36.60	*0.00	0	84.17	4.32	22.35	*0	81.6	0.12	5.65	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	300	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000
000607 COOKIE, FORTUNE	COOKIE	300	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	300	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			672	2.63	857	*49.56	*1.51	12.26	*0.00	53	114.02	10.16	33.26	*127	441.6	84.66	3.56	\$0.000
% of Calories				3.52%		*29.50 %	*0.90%	16.4%	*0.0%		67.9%		19.8%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

# Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

**Thursday - 05/28/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc (mg)	Vit-C (mg)	Iron (mg)	Cost
003220 MAC & CHEESE JTM (W/MILK)	6 OZ SERVING	300	327	9.01	793	4.13	*N/A*	16.19	0.00	47	29.21	2.00	15.75	*N/A*	398.1	0.09	1.00	\$0.000
003260 BREAD DINNER ROLL WG FRANZ (1 ROLL)	1 EACH	300	70	0.00	90	1.00	*N/A*	0.50	0.00	0	13.00	1.00	3.00	*N/A*	14.0	0.00	1.00	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	300	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			733	11.02	1077	*30.44	*0.33	24.37	0.00	62	100.08	7.41	30.62	*6	846.9	34.64	2.60	\$0.000
% of Calories				13.53 %		*16.61 %	*0.18%	29.9%	0.0%		54.6%		16.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

**Friday - 05/29/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc (mg)	Vit-C (mg)	Iron (mg)	Cost
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	300	321	3.54	475	1.75	0.00	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	300	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003138 PINEAPPLE RAW	1/2C SERVING	150	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	150	69	0.00	76	*0.00	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			570	5.01	823	*27.73	*0.33	11.90	*0.00	29	84.61	11.28	27.96	*5	589.7	2933.06	4.14	\$0.000
% of Calories				7.91%		*19.46 %	*0.23%	18.8%	*0.0%		59.4%		19.6%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

## Monday - 06/01/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	300	182	1.62	328	0.00	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			568	4.62	847	*25.32	*0.33	21.58	0.00	48	66.36	4.41	26.37	*6	446.8	125.15	1.66	\$0.000
% of Calories				7.32%		*17.83 %	*0.23%	34.2%	0.0%		46.7%		18.6%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

## Tuesday - 06/02/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002847 PULL-APART ITALIAN GARLIC	PACKAGES	300	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003123 BREAD GARLIC KNOT WG 2OZ	SERVINGS	300	180	1.50	190	4.00	3.00	5.00	0.00	0	27.00	3.00	5.00	*N/A*	20.0	0.00	1.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			716	9.08	1016	*35.38	*3.33	20.84	0.00	45	100.27	10.43	31.04	*6	789.1	34.55	3.72	\$0.000
% of Calories				11.41 %		*19.77 %	*1.86%	26.2%	0.0%		56.0%		17.3%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

# Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

## Wednesday - 06/03/2026

### Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS	SERVINGS	290	330	1.33	689	*9.00	*9.00	8.37	*0.00	70	45.16	3.45	22.00	*N/A*	28.0	*0.08	3.06	\$0.000
002979 TOFU TERI WITH NOODLES	HEAPING #16	10	718	4.34	6005	*35.21	*35.21	36.60	*0.00	0	84.17	4.32	22.35	*0	81.6	0.12	5.65	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	300	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000
000607 COOKIE, FORTUNE	COOKIE	300	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	300	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			653	3.11	1050	*58.26	*10.21	12.74	*0.00	82	105.32	10.16	37.12	*127	451.3	*83.50	3.54	\$0.000
% of Calories				4.29%		*35.69 %	*6.25%	17.6%	*0.0%		64.5%		22.7%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

## Thursday - 06/04/2026

### Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003259 FRENCH TOAST STICKS WG	3 STICKS	300	210	2.50	310	9.00	8.00	7.00	0.00	125	29.00	2.00	8.00	*N/A*	52.0	0.00	2.00	\$191.455
000349 SYRUP, PANCAKE	TABLESPOON	300	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003258 EGG, HARDCOOKED AND PEELED (SYSCO)	EACH	300	70	1.50	55	0.00	0.00	5.00	0.00	165	0.00	0.00	6.00	*N/A*	22.0	*N/A*	0.50	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost	
000837	YOGURT, RASP/PEACH 4 OZ	SERVING	300	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001501	POTATO, HASHBROWN OVAL PATTY	SERVING	300	140	1.50	290	*N/A*	*N/A*	8.00	0.00	0	15.00	2.00	3.00	*N/A*	0.0	1.20	0.00	\$0.000
001001	JUICE, APPLE 4.23 OZ SUNCUP	EACH	100	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234	JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999	JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
002058	FRUIT, APPLE FRESH WHOLE	1 EACH	100	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086	FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068	FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
002441	CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129	MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average				856	7.51	900	*53.48	*8.33	23.68	*0.00	308	131.20	7.41	31.86	*6	*695.5	*35.75	2.80	\$191.455
% of Calories					7.90%		*24.99 %	*3.89%	24.9%	*0.0%		61.3%		14.9%					
Weekly Nutrient Guideline				739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

**Friday - 06/05/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost	
003332	BEAN & CHEESE TAMALES (GLUTEN FREE)	SERVING	300	290	8.00	870	0.00	0.00	18.00	0.00	25	25.00	3.00	12.00	*N/A*	290.0	*N/A*	0.20	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	150	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	150	69	0.00	76	*0.00	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
002441 CC,MILK GALLON 1%	CUP	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
Weighted Daily Average			550	9.47	1082	*20.57	*0.33	21.57	*0.00	40	69.60	7.02	24.16	*5	705.3	*2931.42	0.49	\$0.000
% of Calories				15.50 %		*14.96 %	*0.24%	35.3%	*0.0%		50.6%		17.6%					
Weekly Nutrient Guideline			739 - 0	<10			<0	<=30					12.74		338.62	16.68	3.95	

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages	682	7.54	994	*34.88	*2.68	20.40	*0.00	*78	94.55	8.87	32.01	*25	*620.6	*745.68	*2.81	\$15.822
% of Calories		9.95%		*20.46 %	*1.57%	26.9%	*0.0%		55.5%		18.8%					

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**