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Favs Menu

high school menu choices National Whole Grains Month

BREAKFAST: Entrée, Fruit, Juice, Milk

LUNCH: Entrée, Veggie (Pick 2), Fruit (Pick 2), Milk

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* Indicates Pork Product

+ Possible trace of sesame due to manufacturer

Choice of milk with breakfast & lunch

· Lactose-Free

5

· Fat-Free Chocolate

Soy Milk

FRIDAY

MONDAY **TUESDAY** WEDNESDAY **THURSDAY** 2 3 1 **Brunch 4 Lunch** 4 Egg, Bacon & Sausage Pizza* OR Biscuit & Sausage* OR Confetti Pancakes OR Potato & Egg Taco OR Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Fruit, Juice & Milk Fruit, Juice & Milk LABOR DAY

Chicken & Waffles Crispy Chicken Salad Nacho Box

> Sweet Potato Fries **Baked Beans** Celery Sticks & Grape Tomatoes Sliced Apples / Strawberries w/Cream

Cheese Enchiladas w/Chili & Spanish Rice WOW Sandwich Combo+ Nashville Hot Chicken Wrap

Ranchero Beans Cucumber & Jicama Sticks w/ Tajin Red Bell Peppers & Grape Tomatoes Fresh Banana / Fiesta Raisins

Pick 2: Cereal, Yogurt or Pop Tart

Cheeseburger Pizza or Cheese Pizza Spicy Tender Salad Yogurt Combo

Savory Green Beans Pizza Lettuce Topping Zesty Tomatoes & Cucumbers Fresh Watermelon / Diced Peaches

Sausage Kolache* OR Blueberry Banana Smoothie OR Pick 2: Céreal, Yogurt or Pop Tart Fruit, Juice & Milk

General Tso Chicken+ w/Fried Rice Italian Salad* Nacho Box

Stir Fry Vegetables Tossed Salad w/Ranch Celery Sticks & Crispy Carrots Seedless Grapes / Sliced Pears

8

French Toast Sticks OR Bacon & Egg Taco* OR Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk

Bacon* Cheeseburger+ or Black Bean Burger+ Italian Salad* WOW Sandwich Combo+

Wedge Fries **Burger Trimmings** Crispy Carrots w/Dip Fresh Watermelon / Strawberry Applesauce 9

Ham & Cheese Croissant* OR Orange Cream Smoothie OR Pick 2: Cereal, Yogurt or Cinnamon Waffle Fruit, Juice & Milk

Spaghetti w/Meat or Marinara Sauce & Cheesy Bread Crispy Chicken Salad Chili Lime Hummus Bento Box

Italian Green Beans Tossed Salad w/Ranch

Raw Vegetable Medley w/Dip Seedless Grapes / Sliced Peaches 10

Chicken & Waffles OR Chorizo & Egg Taco OR 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

> Frito Pie w/Cornbread WOW Sandwich Combo+ Nashville Hot Chicken Wrap

Ranchero Beans Zesty Tomatoes & Cucumbers Red Bell Peppers & Crispy Carrots Melon Cup / Strawberry Craisins

11

Homemade Cinnamon Roll OR Steak & Egg Taco Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

Sweet Asian Chicken w/Fried Rice Spicy Tender Salad Yogurt Combo

Stir Fry Vegetables Celery Sticks & Grape Tomatoes Cucumber & Jicama Sticks w/Tajin Fresh Banana / Blueberries w/Cream 12

Blueberry Muffin & Sausage* OR Strawberry Banana Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk

Chicken Tenders w/Homemade Roll Italian salad* Nacho Box

Mashed Potatoes w/Gravy Broccoli Salad* Mixed Green Salad w/Ranch Sliced Apples / Fruit Cocktail

15

Donut Holes & Sausage* OR Sausage* & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

> Meatball Sub+ Italian Salad* WOW Sandwich Combo+

Tater Tots Savory Green Beans Cucumber Slices w/Tajin Orange Smiles / Sour Watermelon Raisins 16

Sausage & Cheese Flatbread OR Mango Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk

Wings & Stix

Crispy Chicken Salad Chili Lime Hummus Bento Box

Cheesy Garlic Mashed Potatoes Celery Sticks & Crispy Carrots Red Bell Peppers & Grape Tomatoes Granny Smith Apple / Strawberries w/Cream 17

Sunrise Egg, Sausage & Potato Bowl* OR Potato & Egg Taco OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk

Crispy Beef Tacos w/Spanish Rice WOW Sandwich Combo+ Nashville Hot Chicken Wrap

Ranchero Beans Taco Trimmings Crispy Carrots w/Dip Fresh Banana / Natural Applesauce 18

Dutch Waffle OR Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

Chicken Nuggets w/Homemade Roll Spicy Tender Salad Yogurt Combo

Mashed Potatoes w/Gravy NEW! Roasted Buffalo Cauliflower Crispy Carrots & Grape Tomatoes Sliced Apples / Diced Peaches

19

Sausage Kolache* OR Blueberry Banana Smoothie OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

> Beef or Chicken Burrito Italian Salad* Nacho Box

Mexican Street Corn Guacamole Salad Raw Vegetable Medley w/Dip Seedless Grapes / Sliced Pears

22

French Toast Sticks OR Bacon & Egg Taco* OR
Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk

> Sloppy Joe+ Italian Salad' WOW Sandwich Combo+

Wedge Fries Crispy Carrots w/Dip Celery Sticks & Grape Tomatoes Fresh Watermelon / Strawberry Applesauce 23

Waffle Breakfast Sandwich* OR Orange Cream Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk

Steak Fingers w/Homemade Roll Crispy Chicken Salad Chili Lime Hummus Bento Box

Mashed Potatoes w/Gravv Broccoli Salad* Cucumber Slices w/Tajin Seedless Grapes / Sliced Peaches 24

Biscuit & Chicken OR Chorizo & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

Beef & Cheese Nachos or Cheese Nachos WOW Sandwich Combo+ Nashville Hot Chicken Wrap

Ranchero Beans Mexican Street Corn Raw Vegetable Medley Melon Cup / Strawberry Craisins 25 **National Food Service Worker Day!**

Homemade Cinnamon Roll OR Steak & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

Chicken or Chana Masala w/Naan & Spiced Rice Spicy Tender Salad Yogurt Combo

Savory Green Peas Mixed Green Salad w/Ranch Chili Lime Hummus & Carrots adise Punch Slush / Blueberries w/Cream

National Pancake Day! 26

Confetti PancakesOR Strawberry Banana Smoothie OR
Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk

BBQ or Buffalo Boneless Wings w/Mac N Chz OR Macaroni & Cheese w/Cornbread Italian Salad* Nacho Box

Savory Green Beans Red Bell Peppers & Grape Tomatoes Celery Sticks & Crispy Carrots Sliced Apples / Fruit Cocktail

29

Donut Holes & Sausage* OR Sausage* & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

> Grilled Cheese Sandwich Italian Salad* WOW Sandwich Combo+

Tater Tots Raw Vegetable Medley Tomato Soup Orange Smiles / Apple Crisps 30

Brunch 4 Lunch

Sausage & Cheese Flatbread OR Mango Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk

Chicken and Waffles Crispy Chicken Salad Chili Lime Hummus Bento Box

Sweet Potato Fries Baked Beans Celery Sticks & Grape Tomatoes Granny Smith Apple / Strawberries w/Cream

School Nutrition Services is hiring \$14.11 hour starting







Menu subject to change

Visit: schoolcafe.com/NorthEastISD or download the School Café App to access meal account information, make payments & apply for free or reduced-price meals.

No fees for cash or checks paid directly to the cafeteria