Foothill High School

Flex Day Schedule **Wednesday, October 28th 2026**

General Information

- **SENIORS:** The University of California is hosting a Virtual UC Night for nine undergraduate campuses on Wednesday, Nov. 4 at 4 p.m. Learn about UC campuses, majors, resources, applications, and admissions while hearing from representatives at Berkeley, Davis, Irvine, UCLA, Merced, Riverside, San Diego, Santa Barbara, and Santa Cruz. Register HERE.
- **Drivers Education course enrollment starts Oct. 26th.** Students can email dpeek@suhsd.net to enroll.
  Class Starts/Ends: Nov 2nd-Dec 13th
- **Simpson College:** Simpson University is having a Fall Preview Weekend November 6-7. Spend the night in the dorms, experience campus life and connect with current students. Register HERE to attend.
- **AP Exams 2027:** Planning to take an AP Exam in May 2027? Payments will be accepted from Monday, Oct. 19th- Friday, Nov. 6th. Cash or checks payable to **Foothill High School** can be given to Mindy in the Main Office. Have questions? Contact the AP Coordinator, Mrs. Smith. ksmith@suhsd.net
- **Christmas Belles – Tickets on Sale Now!** The Foothill Drama Department presents the hilarious holiday comedy Christmas Belles on November 4, 5, 7, 12, 13 & 14 in the Foothill Drama Room (404). Tickets are $15 each and can be purchased from Mrs. Hendrickson in Room 404 before or after school, or during brunch. Cash or checks payable to Foothill Drama Club are accepted. Not on campus? Email nhendrickson@suhsd.net to reserve your tickets. **Tickets are going fast, so get yours today!**
- **Juniors & Seniors:** The Fall ASVAB will take place on Tuesday, November 3rd. **The deadline to sign up is October 30th.** The ASVAB is an Aptitude Test, Interest Self Assessment, and Career Exploration tool for all students. To sign up, see Mrs. Noble in the Career Center located in the Library.
- **The 4th Annual FHS Hoops Halloween 5K and Kids Monster Dash:** 10/31 @ 9 AM at Clover Creek Preserve. Sign:https://foothillcougars-webstore.myschoolcentral.com/(S(zo13strpawnzwpih3nkhwydu))/Index.aspx#/1008518/product/45666 All proceeds go to support FHS Hoops!!

ASB/Yearbook

- **Got a first-day-of-school photo from when you were little?** Yearbook wants to see it! Email your childhood first-day photos to afitzgerald@suhsd.net for a chance to be featured in this year's yearbook.
- **Have you attended the pumpkin patch? Make sure you email your photos to afitzgerald@suhsd.net**
- **Boo Grams:** Want to surprise your boo, best friend, or favorite staff member? Send them a Halloween Boo Bag for just $6! Each bag includes candy, candy corn, a personalized note, Halloween goodies, and toys. Boo Bags can be sent to students or staff and will be delivered on Friday, October 30! Order now on the ASB Webstore and spread some Halloween spirit!!
- **Yearbook prices increase at the end of the week!** Make sure you head to jostensyearbooks.com to secure your copy. Jostens does offer a pay in 3 payment plan. Email afitzgerald@suhsd.net with any questions.
- **Grad Ads 2027**: Full page $365, half $185, quarter $90. Purchase and build at jostensyearbooks.com.

Athletics

- **Frosh & JV Girls Basketball**: Tryouts will take place November 4th, 5th, and 6th from 6:00 pm - 8:00 pm in the Main Gym. Players must obtain a Blue Card prior to participating.
- **Girls Soccer**: Varsity/JV Tryouts November 9th, 10th and 12th 6:00 pm - 8:00 pm
- **Girls Golf:** Way to go Foothill girls golf on taking second place in EAL! Shoutout to Adley Scrima and Mia Jimenez on earning All-League recognition!!
- **Swim:** Congratulations to All-League honors with 1st-place finishes at last week's championship meet!!
  Macey Acosta - 200 freestyle, Hailey Bolen - 100 freestyle, Connor Haslerud - 50 backstroke, Joey Isola - 50 freestyle and 50 butterfly
- **Tennis:** Congratulations to all league honors and honorable mention!!!!
  All League: Sofya Kukharskaya, Angelina Griggs, Chloe Moore
  Honorable Mention: Bailey Moore
- **Boys Soccer Informational meeting:** Thursday, Oct. 29th (room 312 @ lunch)
- **Volleyball:** Wednesday, Oct. 28 VS. Red Bluff- Varsity Playoffs (6:00)
- **JV/Varsity Football:** Friday, Oct.10th @ Enterprise (5:00/ 7:00)
- **Frosh Football:** Thursday, Oct.9th @ Enterprise (5:30)
- **Softball:** Fall softball conditioning has been moved to Tuesdays only 3:45-5:30 (Varsity Field)
- **Tennis:** Wednesday, Oct. 28th @ Pleasant Valley-**EAL Team Championship**
- **Swim**: Wednesday, Oct. 28 @ Shasta College- D1 Championship (12:00)

Saturday, Oct. 31st @ Shasta College- Masters Meet (10:00)

- **ALL students** participating in sports must complete the athletic clearance through homecampus.com and then pick up a Blue Card from Mrs. Perales in the Main Office.