

Menu Name:

HIGH SCHOOL BREAKFAST RVHS

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Wednesday - 08/12/2026

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protrn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|------------|-----------------|------------|------------|-----------|-----------|
| 003425 CROISSANT HAM AND CHEESE                           | EACH         | 50        | 450                      | 12.50                  | 1070                   | 5.00             | *5.00                         | 21.50     | *0.00      | 80          | 40.00    | 1.00      | 19.00      | *N/A*           | 104.0      | *0.00      | *2.00     | \$125.072 |
| 002768 HS-SAUGE & EGG CROISSANT                           | EACH         | 50        | 470                      | 10.50                  | 665                    | 5.00             | 5.00                          | 27.00     | *0.00      | 185         | 38.00    | 1.00      | 18.00      | *N/A*           | *19.0      | *0.00      | 3.01      | \$23.905  |
| 001109 HS-SAUGE, EGG,CHEESE CROISSANT                     | EACH         | 50        | 520                      | 13.00                  | 915                    | 5.00             | 5.00                          | 31.50     | *0.00      | 198         | 39.00    | 1.00      | 20.50      | *N/A*           | *84.0      | *0.00      | 3.06      | \$52.256  |
| 003424 BREAKFAST CHICKEN SAUSAGE BISCUIT SANDWICH         | SERVING      | 50        | 300                      | 7.00                   | 770                    | *0.00            | *0.00                         | 16.00     | 0.00       | 40          | 28.00    | 2.00      | 12.00      | *N/A*           | 100.0      | 0.00       | 1.48      | \$124.155 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362                      | *5.33                  | 814                    | *2.17            | *2.15                         | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02      | *0              | 277.8      | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69       | *N/A*           | 223.1      | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300                      | 2.00                   | 430                    | 2.00             | *N/A*                         | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02       | *N/A*           | 94.5       | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW           | SERVING      | 25        | 254                      | 2.81                   | 198                    | 14.77            | 10.25                         | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72       | *N/A*           | 118.2      | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                           | SERVING      | 25        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30       | *N/A*           | 104.4      | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ                       | SERVING      | 25        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00       | *N/A*           | 118.7      | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G                       | #8 SCOOP     | 25        | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29       | *N/A*           | 113.3      | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                           | #8 SCOOP     | 25        | 317                      | 1.50                   | 196                    | 1937.00          | 15.90                         | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00       | *N/A*           | 104.9      | 0.00       | 1.66      | \$9.723   |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                 | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcium (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|--------------|------------|-----------|-----------|
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G           | #8 SCOOP        | 25        | 368          | 3.24       | 199        | 22.07            | 16.20             | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0        | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO) | SERVING         | 150       | 80           | 0.00       | 65         | 5.00             | *N/A*             | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0        | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                      | EACH            | 25        | 230          | 1.50       | 280        | 14.00            | 13.00             | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0         | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)           | SERVING         | 25        | 220          | 0.00       | 300        | 19.00            | 19.00             | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0          | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ     | CUP 2OZ.        | 25        | 170          | 0.00       | 250        | 8.00             | *N/A*             | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0        | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR    | EA              | 25        | 220          | 0.00       | 230        | 12.00            | 12.00             | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0        | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ          | EA              | 25        | 210          | 0.00       | 440        | 12.00            | *N/A*             | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0        | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ  | CUP 2OZ.        | 25        | 220          | 0.50       | 340        | 12.00            | 12.00             | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0        | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)         | SERVING         | 25        | 260          | 4.00       | 230        | 18.00            | 17.00             | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0         | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)         | SERVING         | 25        | 270          | 5.00       | 260        | 14.00            | 13.00             | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0         | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)      | SERVING         | 25        | 280          | 4.50       | 230        | 21.00            | 20.00             | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0         | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG               | PASTRY          | 25        | 360          | 1.50       | 360        | *N/A*            | *N/A*             | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0        | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)             | 2 COUNT PACKAGE | 25        | 340          | 1.50       | 230        | 28.00            | 28.00             | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0        | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG            | PASTRY          | 25        | 350          | 2.00       | 240        | 29.00            | 29.00             | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0        | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG           | PASTRY          | 25        | 370          | 2.00       | 380        | *N/A*            | *N/A*             | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0        | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ            | PACKAGE         | 25        | 249          | 0.80       | 225        | 15.00            | *N/A*             | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5          | 0.00       | 1.10      | \$90.325  |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 250       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 100       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 150       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 400       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP            | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0       | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                          | CARTON       | 340       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 50        | 120                      | 0.00                   | 110                    | 19.00            | 7.00                          | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 5         | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 673                      | *5.55                  | 760                    | *120.08          | *9.81                         | 14.83     | *0.00      | *56         | *114.11  | *5.73     | 21.76     | *1              | *562.9     | *15.26     | *3.58     | \$160.046 |
| % of Calories                                 |              |           |                          | *7.42%                 |                        | *71.37 %         | *5.83%                        | 19.8%     | *0.0%      |             | *67.8%   |           | 12.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | <=640                  |                  | <10                           |           |            |             |          |           |           |                 |            |            |           |           |

Thursday - 08/13/2026

Reimbursable Meal Total 800

|                            | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|----------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003267 CALI COUNTY BURRITO | SERVING      | 50        | 718                      | 14.60                  | 1535                   | *3.00            | *0.00                         | 38.50     | *0.00      | 289         | 64.00    | 5.00      | 26.00     | *N/A*           | 443.0      | *6.00      | 4.82      | \$223.288 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcium (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|--------------|------------|-----------|-----------|
| 001527 HS-BREAKFAST BURRITO (SOUTHWEST)                   | EACH         | 100       | 465          | 10.00      | 1265       | 0.00             | *0.00             | 25.00     | *0.00      | 156         | 40.00    | 2.00      | 19.50     | *N/A*           | 255.0        | *0.00      | 3.75      | \$155.781 |
| 001103 HS-BREAKFAST BURRITO                               | EACH         | 50        | 487          | 10.02      | 1328       | 0.65             | *0.00             | 25.21     | *0.00      | 288         | 46.25    | 1.40      | 22.16     | *N/A*           | 290.0        | *1.44      | *2.54     | \$228.736 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362          | *5.33      | 814        | *2.17            | *2.15             | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8        | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119          | 5.05       | 434        | 1.10             | *N/A*             | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1        | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300          | 2.00       | 430        | 2.00             | *N/A*             | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*        | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201          | 3.04       | 382        | 6.01             | *N/A*             | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5         | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW           | SERVING      | 25        | 254          | 2.81       | 198        | 14.77            | 10.25             | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2        | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                           | SERVING      | 25        | 301          | 3.30       | 199        | 22.71            | 12.21             | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4        | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ                       | SERVING      | 25        | 320          | 3.60       | 197        | 29.02            | 25.31             | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7        | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G                       | #8 SCOOP     | 25        | 266          | 1.29       | 167        | 15.09            | 13.98             | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3        | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                           | #8 SCOOP     | 25        | 317          | 1.50       | 196        | 1937.00          | 15.90             | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9        | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G                     | #8 SCOOP     | 25        | 368          | 3.24       | 199        | 22.07            | 16.20             | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0        | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO)           | SERVING      | 150       | 80           | 0.00       | 65         | 5.00             | *N/A*             | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0        | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 25        | 230          | 1.50       | 280        | 14.00            | 13.00             | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0         | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)                     | SERVING      | 25        | 220          | 0.00       | 300        | 19.00            | 19.00             | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0          | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ               | CUP 2OZ.     | 25        | 170          | 0.00       | 250        | 8.00             | *N/A*             | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0        | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR              | EA           | 25        | 220          | 0.00       | 230        | 12.00            | 12.00             | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0        | 0.00       | 5.60      | \$75.060  |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|------------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ         | EA              | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 20Z | CUP 20Z.        | 25        | 220                      | 0.50                   | 340                    | 12.00            | 12.00                         | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0                  | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)        | SERVING         | 25        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0                   | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)        | SERVING         | 25        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0                   | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)     | SERVING         | 25        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0                   | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG              | PASTRY          | 25        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0                  | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)            | 2 COUNT PACKAGE | 25        | 340                      | 1.50                   | 230                    | 28.00            | 28.00                         | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0                  | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG           | PASTRY          | 25        | 350                      | 2.00                   | 240                    | 29.00            | 29.00                         | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0                  | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG          | PASTRY          | 25        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0                  | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ           | PACKAGE         | 25        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5                    | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE                | 1 EACH          | 250       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                    | EACH            | 100       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                    | EACH            | 150       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP             | CARTON          | 400       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0                   | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP             | CARTON          | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0                   | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP        | CARTON          | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0                   | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                           | CARTON          | 340       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 50        | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 5         | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 698          | *5.65      | 883        | *119.37          | *8.87             | 15.94     | *0.00      | *80         | *116.93  | *6.07     | 22.86     | *1              | *621.4     | *15.73     | *3.92     | \$187.434 |
| % of Calories                                 |              |           |              | *7.29%     |            | *68.41 %         | *5.08%            | 20.6%     | *0.0%      |             | *67.0%   |           | 13.1%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600    | <10        | <=640      |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Friday - 08/14/2026

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000380 BRKFST, CINN ROLL 5 OZ BRGFRD                      | ROLL         | 200       | 282          | 3.05       | 717        | 9.95             | *1.07             | 9.47      | 0.00       | 14          | 42.39    | *2.02     | *7.49     | *0              | *71.6      | *0.01      | *2.02     | \$221.985 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362          | *5.33      | 814        | *2.17            | *2.15             | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8      | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119          | 5.05       | 434        | 1.10             | *N/A*             | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1      | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300          | 2.00       | 430        | 2.00             | *N/A*             | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201          | 3.04       | 382        | 6.01             | *N/A*             | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5       | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW           | SERVING      | 25        | 254          | 2.81       | 198        | 14.77            | 10.25             | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2      | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                           | SERVING      | 25        | 301          | 3.30       | 199        | 22.71            | 12.21             | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4      | 0.00       | 1.81      | \$9.000   |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                 | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ             | SERVING         | 25        | 320          | 3.60       | 197        | 29.02            | 25.31             | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7      | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G             | #8 SCOOP        | 25        | 266          | 1.29       | 167        | 15.09            | 13.98             | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3      | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                 | #8 SCOOP        | 25        | 317          | 1.50       | 196        | 1937.00          | 15.90             | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9      | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G           | #8 SCOOP        | 25        | 368          | 3.24       | 199        | 22.07            | 16.20             | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0      | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO) | SERVING         | 150       | 80           | 0.00       | 65         | 5.00             | *N/A*             | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0      | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                      | EACH            | 25        | 230          | 1.50       | 280        | 14.00            | 13.00             | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0       | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)           | SERVING         | 25        | 220          | 0.00       | 300        | 19.00            | 19.00             | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0        | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ     | CUP 2OZ.        | 25        | 170          | 0.00       | 250        | 8.00             | *N/A*             | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0      | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR    | EA              | 25        | 220          | 0.00       | 230        | 12.00            | 12.00             | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ          | EA              | 25        | 210          | 0.00       | 440        | 12.00            | *N/A*             | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ  | CUP 2OZ.        | 25        | 220          | 0.50       | 340        | 12.00            | 12.00             | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0      | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)         | SERVING         | 25        | 260          | 4.00       | 230        | 18.00            | 17.00             | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0       | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)         | SERVING         | 25        | 270          | 5.00       | 260        | 14.00            | 13.00             | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0       | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)      | SERVING         | 25        | 280          | 4.50       | 230        | 21.00            | 20.00             | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0       | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG               | PASTRY          | 25        | 360          | 1.50       | 360        | *N/A*            | *N/A*             | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)             | 2 COUNT PACKAGE | 25        | 340          | 1.50       | 230        | 28.00            | 28.00             | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG            | PASTRY          | 25        | 350          | 2.00       | 240        | 29.00            | 29.00             | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$142.191 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002059 POP TART, BRN SUGAR CINN (2)WG         | PASTRY       | 25        | 370          | 2.00       | 380        | *N/A*            | *N/A*             | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ          | PACKAGE      | 25        | 249          | 0.80       | 225        | 15.00            | *N/A*             | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5        | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 250       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 150       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 400       | 90           | 0.00       | 10         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP            | CARTON       | 200       | 130          | 0.00       | 20         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0       | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100          | 0.00       | 20         | 24.00            | *N/A*             | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                          | CARTON       | 340       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 50        | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 5         | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 635          | *3.63      | 725        | *121.63          | *9.14             | 11.20     | *0.00      | *28         | *115.64  | *5.92     | *19.29    | *1              | *561.6     | *15.26     | *3.49     | \$195.206 |
| % of Calories                                 |              |           |              | *5.14%     |            | *76.62 %         | *5.76%            | 15.9%     | *0.0%      |             | *72.8%   |           | *12.2%    |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600    | <10        | <=640      |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Monday - 08/17/2026

Reimbursable Meal Total 800

# Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003425 CROISSANT HAM AND CHEESE                           | EACH         | 50        | 450                      | 12.50                  | 1070                   | 5.00             | *5.00                         | 21.50     | *0.00      | 80          | 40.00    | 1.00      | 19.00     | *N/A*           | 104.0                  | *0.00      | *2.00     | \$125.072 |
| 002768 HS-SAUGE & EGG CROISSANT                           | EACH         | 50        | 470                      | 10.50                  | 665                    | 5.00             | 5.00                          | 27.00     | *0.00      | 185         | 38.00    | 1.00      | 18.00     | *N/A*           | *19.0                  | *0.00      | 3.01      | \$23.905  |
| 001109 HS-SAUGE, EGG,CHEESE CROISSANT                     | EACH         | 50        | 520                      | 13.00                  | 915                    | 5.00             | 5.00                          | 31.50     | *0.00      | 198         | 39.00    | 1.00      | 20.50     | *N/A*           | *84.0                  | *0.00      | 3.06      | \$52.256  |
| 003424 BREAKFAST CHICKEN SAUSAGE BISCUIT SANDWICH         | SERVING      | 50        | 300                      | 7.00                   | 770                    | *0.00            | *0.00                         | 16.00     | 0.00       | 40          | 28.00    | 2.00      | 12.00     | *N/A*           | 100.0                  | 0.00       | 1.48      | \$124.155 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362                      | *5.33                  | 814                    | *2.17            | *2.15                         | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8                  | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1                  | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300                      | 2.00                   | 430                    | 2.00             | *N/A*                         | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5                   | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW           | SERVING      | 25        | 254                      | 2.81                   | 198                    | 14.77            | 10.25                         | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2                  | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                           | SERVING      | 25        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4                  | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ                       | SERVING      | 25        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7                  | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G                       | #8 SCOOP     | 25        | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3                  | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                           | #8 SCOOP     | 25        | 317                      | 1.50                   | 196                    | 1937.00          | 15.90                         | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9                  | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G                     | #8 SCOOP     | 25        | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0                  | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO)           | SERVING      | 150       | 80                       | 0.00                   | 65                     | 5.00             | *N/A*                         | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0                  | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 25        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0                   | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)                     | SERVING      | 25        | 220                      | 0.00                   | 300                    | 19.00            | 19.00                         | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0                    | *N/A*      | 11.60     | \$7.319   |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|------------------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ    | CUP 2OZ.        | 25        | 170          | 0.00       | 250        | 8.00             | *N/A*             | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0      | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR   | EA              | 25        | 220          | 0.00       | 230        | 12.00            | 12.00             | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ         | EA              | 25        | 210          | 0.00       | 440        | 12.00            | *N/A*             | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ | CUP 2OZ.        | 25        | 220          | 0.50       | 340        | 12.00            | 12.00             | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0      | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)        | SERVING         | 25        | 260          | 4.00       | 230        | 18.00            | 17.00             | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0       | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)        | SERVING         | 25        | 270          | 5.00       | 260        | 14.00            | 13.00             | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0       | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)     | SERVING         | 25        | 280          | 4.50       | 230        | 21.00            | 20.00             | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0       | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG              | PASTRY          | 25        | 360          | 1.50       | 360        | *N/A*            | *N/A*             | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)            | 2 COUNT PACKAGE | 25        | 340          | 1.50       | 230        | 28.00            | 28.00             | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG           | PASTRY          | 25        | 350          | 2.00       | 240        | 29.00            | 29.00             | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG          | PASTRY          | 25        | 370          | 2.00       | 380        | *N/A*            | *N/A*             | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ           | PACKAGE         | 25        | 249          | 0.80       | 225        | 15.00            | *N/A*             | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5        | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE                | 1 EACH          | 250       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                    | EACH            | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                    | EACH            | 150       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP             | CARTON          | 400       | 90           | 0.00       | 10         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP             | CARTON          | 200       | 130          | 0.00       | 20         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0       | 0.00       | 0.00      | \$51.502  |

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100          | 0.00       | 20         | 24.00            | *N/A*             | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                          | CARTON       | 340       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 50        | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 5         | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 673          | *5.55      | 760        | *120.08          | *9.81             | 14.83     | *0.00      | *56         | *114.11  | *5.73     | 21.76     | *1              | *562.9     | *15.26     | *3.58     | \$160.046 |
| % of Calories                                 |              |           |              | *7.42%     |            | *71.37 %         | *5.83%            | 19.8%     | *0.0%      |             | *67.8%   |           | 12.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600    | <10        | <=640      |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Tuesday - 08/18/2026

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003242 BRKFST, PIZZA TURKEY SAUSAGE WG (Tony's)           | EACH         | 200       | 200          | 2.00       | 330        | 2.00             | *N/A*             | 7.00      | 0.00       | 15          | 25.00    | 2.00      | 9.00      | *N/A*           | 150.0      | 0.00       | 1.70      | \$163.563 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362          | *5.33      | 814        | *2.17            | *2.15             | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8      | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119          | 5.05       | 434        | 1.10             | *N/A*             | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1      | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300          | 2.00       | 430        | 2.00             | *N/A*             | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201          | 3.04       | 382        | 6.01             | *N/A*             | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5       | 0.00       | 1.00      | \$0.000   |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW | SERVING      | 25        | 254                      | 2.81                   | 198                    | 14.77            | 10.25                         | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2                  | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                 | SERVING      | 25        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4                  | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ             | SERVING      | 25        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7                  | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G             | #8 SCOOP     | 25        | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3                  | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                 | #8 SCOOP     | 25        | 317                      | 1.50                   | 196                    | 1937.00          | 15.90                         | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9                  | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G           | #8 SCOOP     | 25        | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0                  | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO) | SERVING      | 150       | 80                       | 0.00                   | 65                     | 5.00             | *N/A*                         | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0                  | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                      | EACH         | 25        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0                   | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)           | SERVING      | 25        | 220                      | 0.00                   | 300                    | 19.00            | 19.00                         | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0                    | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ     | CUP 2OZ.     | 25        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0                  | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR    | EA           | 25        | 220                      | 0.00                   | 230                    | 12.00            | 12.00                         | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ          | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ  | CUP 2OZ.     | 25        | 220                      | 0.50                   | 340                    | 12.00            | 12.00                         | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0                  | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)         | SERVING      | 25        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0                   | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)         | SERVING      | 25        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0                   | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)      | SERVING      | 25        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0                   | *N/A*      | 1.00      | \$12.134  |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                             | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY          | 25        | 360          | 1.50       | 360        | *N/A*            | *N/A*             | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)         | 2 COUNT PACKAGE | 25        | 340          | 1.50       | 230        | 28.00            | 28.00             | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG        | PASTRY          | 25        | 350          | 2.00       | 240        | 29.00            | 29.00             | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY          | 25        | 370          | 2.00       | 380        | *N/A*            | *N/A*             | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ        | PACKAGE         | 25        | 249          | 0.80       | 225        | 15.00            | *N/A*             | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5        | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH          | 250       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH            | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH            | 150       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP          | CARTON          | 400       | 90           | 0.00       | 10         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP          | CARTON          | 200       | 130          | 0.00       | 20         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0       | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP     | CARTON          | 200       | 100          | 0.00       | 20         | 24.00            | *N/A*             | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                        | CARTON          | 340       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE               | CARTON          | 400       | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY              | CARTON          | 50        | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING         | 5         | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 614                      | *3.36                  | 629                    | *119.64          | *8.87                         | 10.58     | *0.00      | *28         | *111.29  | *5.92     | 19.66     | *1              | *581.2                 | *15.26     | *3.41     | \$180.600 |
| % of Calories                                 |              |           |                          | *4.93%                 |                        | *77.94 %         | *5.78%                        | 15.5%     | *0.0%      |             | *72.5%   |           | 12.8%     |                 |                        |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | <=640                  |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |           |

Wednesday - 08/19/2026

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003425 CROISSANT HAM AND CHEESE                           | EACH         | 50        | 450                      | 12.50                  | 1070                   | 5.00             | *5.00                         | 21.50     | *0.00      | 80          | 40.00    | 1.00      | 19.00     | *N/A*           | 104.0                  | *0.00      | *2.00     | \$125.072 |
| 002768 HS-SAUGE & EGG CROISSANT                           | EACH         | 50        | 470                      | 10.50                  | 665                    | 5.00             | 5.00                          | 27.00     | *0.00      | 185         | 38.00    | 1.00      | 18.00     | *N/A*           | *19.0                  | *0.00      | 3.01      | \$23.905  |
| 001109 HS-SAUGE, EGG,CHEESE CROISSANT                     | EACH         | 50        | 520                      | 13.00                  | 915                    | 5.00             | 5.00                          | 31.50     | *0.00      | 198         | 39.00    | 1.00      | 20.50     | *N/A*           | *84.0                  | *0.00      | 3.06      | \$52.256  |
| 003424 BREAKFAST CHICKEN SAUSAGE BISCUIT SANDWICH         | SERVING      | 50        | 300                      | 7.00                   | 770                    | *0.00            | *0.00                         | 16.00     | 0.00       | 40          | 28.00    | 2.00      | 12.00     | *N/A*           | 100.0                  | 0.00       | 1.48      | \$124.155 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362                      | *5.33                  | 814                    | *2.17            | *2.15                         | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8                  | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1                  | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300                      | 2.00                   | 430                    | 2.00             | *N/A*                         | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5                   | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW           | SERVING      | 25        | 254                      | 2.81                   | 198                    | 14.77            | 10.25                         | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2                  | 0.00       | 1.60      | \$127.006 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                 | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003121 SCONE, WG LEMON DROP 3OZ                 | SERVING         | 25        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4                  | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ             | SERVING         | 25        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7                  | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G             | #8 SCOOP        | 25        | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3                  | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                 | #8 SCOOP        | 25        | 317                      | 1.50                   | 196                    | 1937.00          | 15.90                         | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9                  | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G           | #8 SCOOP        | 25        | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0                  | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIX (SYSCO) | SERVING         | 150       | 80                       | 0.00                   | 65                     | 5.00             | *N/A*                         | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0                  | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                      | EACH            | 25        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0                   | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)           | SERVING         | 25        | 220                      | 0.00                   | 300                    | 19.00            | 19.00                         | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0                    | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ     | CUP 2OZ.        | 25        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0                  | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR    | EA              | 25        | 220                      | 0.00                   | 230                    | 12.00            | 12.00                         | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ          | EA              | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ  | CUP 2OZ.        | 25        | 220                      | 0.50                   | 340                    | 12.00            | 12.00                         | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0                  | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)         | SERVING         | 25        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0                   | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)         | SERVING         | 25        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0                   | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)      | SERVING         | 25        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0                   | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG               | PASTRY          | 25        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0                  | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)             | 2 COUNT PACKAGE | 25        | 340                      | 1.50                   | 230                    | 28.00            | 28.00                         | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0                  | 0.00       | 3.60      | \$9.391   |

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002403 POP TART, FROSTED FUDGE (2)WG          | PASTRY       | 25        | 350          | 2.00       | 240        | 29.00            | 29.00             | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG         | PASTRY       | 25        | 370          | 2.00       | 380        | *N/A*            | *N/A*             | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ          | PACKAGE      | 25        | 249          | 0.80       | 225        | 15.00            | *N/A*             | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5        | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 250       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 150       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 400       | 90           | 0.00       | 10         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP            | CARTON       | 200       | 130          | 0.00       | 20         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0       | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100          | 0.00       | 20         | 24.00            | *N/A*             | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                          | CARTON       | 340       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 50        | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 5         | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 673          | *5.55      | 760        | *120.08          | *9.81             | 14.83     | *0.00      | *56         | *114.11  | *5.73     | 21.76     | *1              | *562.9     | *15.26     | *3.58     | \$160.046 |
| % of Calories                                 |              |           |              | *7.42%     |            | *71.37 %         | *5.83%            | 19.8%     | *0.0%      |             | *67.8%   |           | 12.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600    | <10        | <=640      |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Thursday - 08/20/2026

Reimbursable Meal Total 800

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003267 CALI COUNTY BURRITO                                | SERVING      | 50        | 718                      | 14.60                  | 1535                   | *3.00            | *0.00                         | 38.50     | *0.00      | 289         | 64.00    | 5.00      | 26.00     | *N/A*           | 443.0                  | *6.00      | 4.82      | \$223.288 |
| 001527 HS-BREAKFAST BURRITO (SOUTHWEST)                   | EACH         | 100       | 465                      | 10.00                  | 1265                   | 0.00             | *0.00                         | 25.00     | *0.00      | 156         | 40.00    | 2.00      | 19.50     | *N/A*           | 255.0                  | *0.00      | 3.75      | \$155.781 |
| 001103 HS-BREAKFAST BURRITO                               | EACH         | 50        | 487                      | 10.02                  | 1328                   | 0.65             | *0.00                         | 25.21     | *0.00      | 288         | 46.25    | 1.40      | 22.16     | *N/A*           | 290.0                  | *1.44      | *2.54     | \$228.736 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362                      | *5.33                  | 814                    | *2.17            | *2.15                         | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8                  | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1                  | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300                      | 2.00                   | 430                    | 2.00             | *N/A*                         | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5                   | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW           | SERVING      | 25        | 254                      | 2.81                   | 198                    | 14.77            | 10.25                         | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2                  | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                           | SERVING      | 25        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4                  | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ                       | SERVING      | 25        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7                  | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G                       | #8 SCOOP     | 25        | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3                  | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                           | #8 SCOOP     | 25        | 317                      | 1.50                   | 196                    | 1937.00          | 15.90                         | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9                  | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G                     | #8 SCOOP     | 25        | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0                  | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO)           | SERVING      | 150       | 80                       | 0.00                   | 65                     | 5.00             | *N/A*                         | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0                  | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 25        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0                   | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)                     | SERVING      | 25        | 220                      | 0.00                   | 300                    | 19.00            | 19.00                         | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0                    | *N/A*      | 11.60     | \$7.319   |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|------------------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 20Z    | CUP 20Z.        | 25        | 170          | 0.00       | 250        | 8.00             | *N/A*             | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0      | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 20Z 25% LESS SUGAR   | EA              | 25        | 220          | 0.00       | 230        | 12.00            | 12.00             | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ         | EA              | 25        | 210          | 0.00       | 440        | 12.00            | *N/A*             | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 20Z | CUP 20Z.        | 25        | 220          | 0.50       | 340        | 12.00            | 12.00             | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0      | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)        | SERVING         | 25        | 260          | 4.00       | 230        | 18.00            | 17.00             | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0       | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)        | SERVING         | 25        | 270          | 5.00       | 260        | 14.00            | 13.00             | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0       | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)     | SERVING         | 25        | 280          | 4.50       | 230        | 21.00            | 20.00             | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0       | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG              | PASTRY          | 25        | 360          | 1.50       | 360        | *N/A*            | *N/A*             | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)            | 2 COUNT PACKAGE | 25        | 340          | 1.50       | 230        | 28.00            | 28.00             | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG           | PASTRY          | 25        | 350          | 2.00       | 240        | 29.00            | 29.00             | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG          | PASTRY          | 25        | 370          | 2.00       | 380        | *N/A*            | *N/A*             | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ           | PACKAGE         | 25        | 249          | 0.80       | 225        | 15.00            | *N/A*             | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5        | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE                | 1 EACH          | 250       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                    | EACH            | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                    | EACH            | 150       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP             | CARTON          | 400       | 90           | 0.00       | 10         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP             | CARTON          | 200       | 130          | 0.00       | 20         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0       | 0.00       | 0.00      | \$51.502  |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100          | 0.00       | 20         | 24.00            | *N/A*             | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                          | CARTON       | 340       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 50        | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 5         | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 698          | *5.65      | 883        | *119.37          | *8.87             | 15.94     | *0.00      | *80         | *116.93  | *6.07     | 22.86     | *1              | *621.4     | *15.73     | *3.92     | \$187.434 |
| % of Calories                                 |              |           |              | *7.29%     |            | *68.41 %         | *5.08%            | 20.6%     | *0.0%      |             | *67.0%   |           | 13.1%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600    | <10        | <=640      |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Friday - 08/21/2026

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000380 BRKFST, CINN ROLL 5 OZ BRGFRD                      | ROLL         | 200       | 282          | 3.05       | 717        | 9.95             | *1.07             | 9.47      | 0.00       | 14          | 42.39    | *2.02     | *7.49     | *0              | *71.6      | *0.01      | *2.02     | \$221.985 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362          | *5.33      | 814        | *2.17            | *2.15             | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8      | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119          | 5.05       | 434        | 1.10             | *N/A*             | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1      | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300          | 2.00       | 430        | 2.00             | *N/A*             | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201          | 3.04       | 382        | 6.01             | *N/A*             | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5       | 0.00       | 1.00      | \$0.000   |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW | SERVING      | 25        | 254                      | 2.81                   | 198                    | 14.77            | 10.25                         | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2                  | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                 | SERVING      | 25        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4                  | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ             | SERVING      | 25        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7                  | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G             | #8 SCOOP     | 25        | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3                  | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                 | #8 SCOOP     | 25        | 317                      | 1.50                   | 196                    | 1937.00          | 15.90                         | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9                  | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G           | #8 SCOOP     | 25        | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0                  | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO) | SERVING      | 150       | 80                       | 0.00                   | 65                     | 5.00             | *N/A*                         | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0                  | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                      | EACH         | 25        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0                   | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)           | SERVING      | 25        | 220                      | 0.00                   | 300                    | 19.00            | 19.00                         | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0                    | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ     | CUP 2OZ.     | 25        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0                  | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR    | EA           | 25        | 220                      | 0.00                   | 230                    | 12.00            | 12.00                         | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ          | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ  | CUP 2OZ.     | 25        | 220                      | 0.50                   | 340                    | 12.00            | 12.00                         | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0                  | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)         | SERVING      | 25        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0                   | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)         | SERVING      | 25        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0                   | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)      | SERVING      | 25        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0                   | *N/A*      | 1.00      | \$12.134  |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                             | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY          | 25        | 360          | 1.50       | 360        | *N/A*            | *N/A*             | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)         | 2 COUNT PACKAGE | 25        | 340          | 1.50       | 230        | 28.00            | 28.00             | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG        | PASTRY          | 25        | 350          | 2.00       | 240        | 29.00            | 29.00             | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY          | 25        | 370          | 2.00       | 380        | *N/A*            | *N/A*             | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ        | PACKAGE         | 25        | 249          | 0.80       | 225        | 15.00            | *N/A*             | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5        | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH          | 250       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH            | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH            | 150       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP          | CARTON          | 400       | 90           | 0.00       | 10         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP          | CARTON          | 200       | 130          | 0.00       | 20         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0       | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP     | CARTON          | 200       | 100          | 0.00       | 20         | 24.00            | *N/A*             | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                        | CARTON          | 340       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE               | CARTON          | 400       | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY              | CARTON          | 50        | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING         | 5         | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 635                      | *3.63                  | 725                    | *121.63          | *9.14                         | 11.20     | *0.00      | *28         | *115.64  | *5.92     | *19.29    | *1              | *561.6                 | *15.26     | *3.49     | \$195.206 |
| % of Calories                                 |              |           |                          | *5.14%                 |                        | *76.62 %         | *5.76%                        | 15.9%     | *0.0%      |             | *72.8%   |           | *12.2%    |                 |                        |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | <=640                  |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |           |

Monday - 08/24/2026

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003425 CROISSANT HAM AND CHEESE                           | EACH         | 50        | 450                      | 12.50                  | 1070                   | 5.00             | *5.00                         | 21.50     | *0.00      | 80          | 40.00    | 1.00      | 19.00     | *N/A*           | 104.0                  | *0.00      | *2.00     | \$125.072 |
| 002768 HS-SAUGE & EGG CROISSANT                           | EACH         | 50        | 470                      | 10.50                  | 665                    | 5.00             | 5.00                          | 27.00     | *0.00      | 185         | 38.00    | 1.00      | 18.00     | *N/A*           | *19.0                  | *0.00      | 3.01      | \$23.905  |
| 001109 HS-SAUGE, EGG,CHEESE CROISSANT                     | EACH         | 50        | 520                      | 13.00                  | 915                    | 5.00             | 5.00                          | 31.50     | *0.00      | 198         | 39.00    | 1.00      | 20.50     | *N/A*           | *84.0                  | *0.00      | 3.06      | \$52.256  |
| 003424 BREAKFAST CHICKEN SAUSAGE BISCUIT SANDWICH         | SERVING      | 50        | 300                      | 7.00                   | 770                    | *0.00            | *0.00                         | 16.00     | 0.00       | 40          | 28.00    | 2.00      | 12.00     | *N/A*           | 100.0                  | 0.00       | 1.48      | \$124.155 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362                      | *5.33                  | 814                    | *2.17            | *2.15                         | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8                  | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1                  | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300                      | 2.00                   | 430                    | 2.00             | *N/A*                         | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5                   | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW           | SERVING      | 25        | 254                      | 2.81                   | 198                    | 14.77            | 10.25                         | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2                  | 0.00       | 1.60      | \$127.006 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                 | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003121 SCONE, WG LEMON DROP 3OZ                 | SERVING         | 25        | 301          | 3.30       | 199        | 22.71            | 12.21             | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4      | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ             | SERVING         | 25        | 320          | 3.60       | 197        | 29.02            | 25.31             | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7      | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G             | #8 SCOOP        | 25        | 266          | 1.29       | 167        | 15.09            | 13.98             | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3      | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                 | #8 SCOOP        | 25        | 317          | 1.50       | 196        | 1937.00          | 15.90             | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9      | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G           | #8 SCOOP        | 25        | 368          | 3.24       | 199        | 22.07            | 16.20             | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0      | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIX (SYSCO) | SERVING         | 150       | 80           | 0.00       | 65         | 5.00             | *N/A*             | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0      | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                      | EACH            | 25        | 230          | 1.50       | 280        | 14.00            | 13.00             | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0       | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)           | SERVING         | 25        | 220          | 0.00       | 300        | 19.00            | 19.00             | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0        | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ     | CUP 2OZ.        | 25        | 170          | 0.00       | 250        | 8.00             | *N/A*             | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0      | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR    | EA              | 25        | 220          | 0.00       | 230        | 12.00            | 12.00             | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ          | EA              | 25        | 210          | 0.00       | 440        | 12.00            | *N/A*             | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ  | CUP 2OZ.        | 25        | 220          | 0.50       | 340        | 12.00            | 12.00             | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0      | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)         | SERVING         | 25        | 260          | 4.00       | 230        | 18.00            | 17.00             | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0       | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)         | SERVING         | 25        | 270          | 5.00       | 260        | 14.00            | 13.00             | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0       | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)      | SERVING         | 25        | 280          | 4.50       | 230        | 21.00            | 20.00             | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0       | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG               | PASTRY          | 25        | 360          | 1.50       | 360        | *N/A*            | *N/A*             | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)             | 2 COUNT PACKAGE | 25        | 340          | 1.50       | 230        | 28.00            | 28.00             | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$9.391   |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002403 POP TART, FROSTED FUDGE (2)WG          | PASTRY       | 25        | 350          | 2.00       | 240        | 29.00            | 29.00             | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG         | PASTRY       | 25        | 370          | 2.00       | 380        | *N/A*            | *N/A*             | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ          | PACKAGE      | 25        | 249          | 0.80       | 225        | 15.00            | *N/A*             | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5        | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 250       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 150       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 400       | 90           | 0.00       | 10         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP            | CARTON       | 200       | 130          | 0.00       | 20         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0       | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100          | 0.00       | 20         | 24.00            | *N/A*             | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                          | CARTON       | 340       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 50        | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 5         | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 673          | *5.55      | 760        | *120.08          | *9.81             | 14.83     | *0.00      | *56         | *114.11  | *5.73     | 21.76     | *1              | *562.9     | *15.26     | *3.58     | \$160.046 |
| % of Calories                                 |              |           |              | *7.42%     |            | *71.37 %         | *5.83%            | 19.8%     | *0.0%      |             | *67.8%   |           | 12.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600    | <10        | <=640      |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Tuesday - 08/25/2026

Reimbursable Meal Total 800

# Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003242 BRKFST, PIZZA TURKEY SAUSAGE WG (Tony's)           | EACH         | 200       | 200                      | 2.00                   | 330                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 15          | 25.00    | 2.00      | 9.00      | *N/A*           | 150.0                  | 0.00       | 1.70      | \$163.563 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362                      | *5.33                  | 814                    | *2.17            | *2.15                         | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8                  | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1                  | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300                      | 2.00                   | 430                    | 2.00             | *N/A*                         | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5                   | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW           | SERVING      | 25        | 254                      | 2.81                   | 198                    | 14.77            | 10.25                         | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2                  | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                           | SERVING      | 25        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4                  | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ                       | SERVING      | 25        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7                  | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G                       | #8 SCOOP     | 25        | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3                  | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                           | #8 SCOOP     | 25        | 317                      | 1.50                   | 196                    | 1937.00          | 15.90                         | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9                  | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G                     | #8 SCOOP     | 25        | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0                  | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO)           | SERVING      | 150       | 80                       | 0.00                   | 65                     | 5.00             | *N/A*                         | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0                  | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 25        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0                   | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)                     | SERVING      | 25        | 220                      | 0.00                   | 300                    | 19.00            | 19.00                         | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0                    | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ               | CUP 2OZ.     | 25        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0                  | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR              | EA           | 25        | 220                      | 0.00                   | 230                    | 12.00            | 12.00                         | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$75.060  |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|------------------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ         | EA              | 25        | 210          | 0.00       | 440        | 12.00            | *N/A*             | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 20Z | CUP 20Z.        | 25        | 220          | 0.50       | 340        | 12.00            | 12.00             | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0      | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)        | SERVING         | 25        | 260          | 4.00       | 230        | 18.00            | 17.00             | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0       | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)        | SERVING         | 25        | 270          | 5.00       | 260        | 14.00            | 13.00             | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0       | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)     | SERVING         | 25        | 280          | 4.50       | 230        | 21.00            | 20.00             | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0       | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG              | PASTRY          | 25        | 360          | 1.50       | 360        | *N/A*            | *N/A*             | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)            | 2 COUNT PACKAGE | 25        | 340          | 1.50       | 230        | 28.00            | 28.00             | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG           | PASTRY          | 25        | 350          | 2.00       | 240        | 29.00            | 29.00             | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG          | PASTRY          | 25        | 370          | 2.00       | 380        | *N/A*            | *N/A*             | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ           | PACKAGE         | 25        | 249          | 0.80       | 225        | 15.00            | *N/A*             | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5        | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE                | 1 EACH          | 250       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                    | EACH            | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                    | EACH            | 150       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP             | CARTON          | 400       | 90           | 0.00       | 10         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP             | CARTON          | 200       | 130          | 0.00       | 20         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0       | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP        | CARTON          | 200       | 100          | 0.00       | 20         | 24.00            | *N/A*             | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                           | CARTON          | 340       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 50        | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 5         | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 614          | *3.36      | 629        | *119.64          | *8.87             | 10.58     | *0.00      | *28         | *111.29  | *5.92     | 19.66     | *1              | *581.2     | *15.26     | *3.41     | \$180.600 |
| % of Calories                                 |              |           |              | *4.93%     |            | *77.94 %         | *5.78%            | 15.5%     | *0.0%      |             | *72.5%   |           | 12.8%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600    | <10        | <=640      |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Wednesday - 08/26/2026

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003425 CROISSANT HAM AND CHEESE                           | EACH         | 50        | 450          | 12.50      | 1070       | 5.00             | *5.00             | 21.50     | *0.00      | 80          | 40.00    | 1.00      | 19.00     | *N/A*           | 104.0      | *0.00      | *2.00     | \$125.072 |
| 002768 HS-SAUGE & EGG CROISSANT                           | EACH         | 50        | 470          | 10.50      | 665        | 5.00             | 5.00              | 27.00     | *0.00      | 185         | 38.00    | 1.00      | 18.00     | *N/A*           | *19.0      | *0.00      | 3.01      | \$23.905  |
| 001109 HS-SAUGE, EGG,CHEESE CROISSANT                     | EACH         | 50        | 520          | 13.00      | 915        | 5.00             | 5.00              | 31.50     | *0.00      | 198         | 39.00    | 1.00      | 20.50     | *N/A*           | *84.0      | *0.00      | 3.06      | \$52.256  |
| 003424 BREAKFAST CHICKEN SAUSAGE BISCUIT SANDWICH         | SERVING      | 50        | 300          | 7.00       | 770        | *0.00            | *0.00             | 16.00     | 0.00       | 40          | 28.00    | 2.00      | 12.00     | *N/A*           | 100.0      | 0.00       | 1.48      | \$124.155 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362          | *5.33      | 814        | *2.17            | *2.15             | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8      | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119          | 5.05       | 434        | 1.10             | *N/A*             | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1      | 0.00       | 0.00      | \$0.000   |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)   | EACH         | 50        | 300                      | 2.00                   | 430                    | 2.00             | *N/A*                         | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH              | BAGEL        | 50        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5                   | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW | SERVING      | 25        | 254                      | 2.81                   | 198                    | 14.77            | 10.25                         | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2                  | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                 | SERVING      | 25        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4                  | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ             | SERVING      | 25        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7                  | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G             | #8 SCOOP     | 25        | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3                  | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                 | #8 SCOOP     | 25        | 317                      | 1.50                   | 196                    | 1937.00          | 15.90                         | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9                  | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G           | #8 SCOOP     | 25        | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0                  | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO) | SERVING      | 150       | 80                       | 0.00                   | 65                     | 5.00             | *N/A*                         | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0                  | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                      | EACH         | 25        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0                   | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)           | SERVING      | 25        | 220                      | 0.00                   | 300                    | 19.00            | 19.00                         | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0                    | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ     | CUP 2OZ.     | 25        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0                  | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR    | EA           | 25        | 220                      | 0.00                   | 230                    | 12.00            | 12.00                         | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ          | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ  | CUP 2OZ.     | 25        | 220                      | 0.50                   | 340                    | 12.00            | 12.00                         | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0                  | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)         | SERVING      | 25        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0                   | *N/A*      | 1.00      | \$10.434  |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                             | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)     | SERVING         | 25        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0                   | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)  | SERVING         | 25        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0                   | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY          | 25        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0                  | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)         | 2 COUNT PACKAGE | 25        | 340                      | 1.50                   | 230                    | 28.00            | 28.00                         | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0                  | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG        | PASTRY          | 25        | 350                      | 2.00                   | 240                    | 29.00            | 29.00                         | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0                  | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY          | 25        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0                  | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ        | PACKAGE         | 25        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5                    | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH          | 250       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH            | 100       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH            | 150       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP          | CARTON          | 400       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0                   | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP          | CARTON          | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0                   | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP     | CARTON          | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0                   | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                        | CARTON          | 340       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE               | CARTON          | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY              | CARTON          | 50        | 120                      | 0.00                   | 110                    | 19.00            | 7.00                          | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0                  | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING         | 5         | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$202.162 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 673          | *5.55      | 760        | *120.08          | *9.81             | 14.83     | *0.00      | *56         | *114.11  | *5.73     | 21.76     | *1              | *562.9     | *15.26     | *3.58     | \$160.046 |
| % of Calories                                 |              |           |              | *7.42%     |            | *71.37 %         | *5.83%            | 19.8%     | *0.0%      |             | *67.8%   |           | 12.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600    | <10        | <=640      |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Thursday - 08/27/2026

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003267 CALI COUNTY BURRITO                                | SERVING      | 50        | 718          | 14.60      | 1535       | *3.00            | *0.00             | 38.50     | *0.00      | 289         | 64.00    | 5.00      | 26.00     | *N/A*           | 443.0      | *6.00      | 4.82      | \$223.288 |
| 001527 HS-BREAKFAST BURRITO (SOUTHWEST)                   | EACH         | 100       | 465          | 10.00      | 1265       | 0.00             | *0.00             | 25.00     | *0.00      | 156         | 40.00    | 2.00      | 19.50     | *N/A*           | 255.0      | *0.00      | 3.75      | \$155.781 |
| 001103 HS-BREAKFAST BURRITO                               | EACH         | 50        | 487          | 10.02      | 1328       | 0.65             | *0.00             | 25.21     | *0.00      | 288         | 46.25    | 1.40      | 22.16     | *N/A*           | 290.0      | *1.44      | *2.54     | \$228.736 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362          | *5.33      | 814        | *2.17            | *2.15             | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8      | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119          | 5.05       | 434        | 1.10             | *N/A*             | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1      | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300          | 2.00       | 430        | 2.00             | *N/A*             | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201          | 3.04       | 382        | 6.01             | *N/A*             | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5       | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW           | SERVING      | 25        | 254          | 2.81       | 198        | 14.77            | 10.25             | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2      | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                           | SERVING      | 25        | 301          | 3.30       | 199        | 22.71            | 12.21             | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4      | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ                       | SERVING      | 25        | 320          | 3.60       | 197        | 29.02            | 25.31             | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7      | 0.00       | 1.71      | \$9.000   |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                 | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | CalcM (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003282 MUFFIN, WG APPLE CINNAMON 2G             | #8 SCOOP        | 25        | 266          | 1.29       | 167        | 15.09            | 13.98             | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3      | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                 | #8 SCOOP        | 25        | 317          | 1.50       | 196        | 1937.00          | 15.90             | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9      | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G           | #8 SCOOP        | 25        | 368          | 3.24       | 199        | 22.07            | 16.20             | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0      | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO) | SERVING         | 150       | 80           | 0.00       | 65         | 5.00             | *N/A*             | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0      | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                      | EACH            | 25        | 230          | 1.50       | 280        | 14.00            | 13.00             | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0       | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)           | SERVING         | 25        | 220          | 0.00       | 300        | 19.00            | 19.00             | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0        | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ     | CUP 2OZ.        | 25        | 170          | 0.00       | 250        | 8.00             | *N/A*             | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0      | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR    | EA              | 25        | 220          | 0.00       | 230        | 12.00            | 12.00             | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ          | EA              | 25        | 210          | 0.00       | 440        | 12.00            | *N/A*             | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ  | CUP 2OZ.        | 25        | 220          | 0.50       | 340        | 12.00            | 12.00             | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0      | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)         | SERVING         | 25        | 260          | 4.00       | 230        | 18.00            | 17.00             | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0       | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)         | SERVING         | 25        | 270          | 5.00       | 260        | 14.00            | 13.00             | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0       | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)      | SERVING         | 25        | 280          | 4.50       | 230        | 21.00            | 20.00             | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0       | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG               | PASTRY          | 25        | 360          | 1.50       | 360        | *N/A*            | *N/A*             | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)             | 2 COUNT PACKAGE | 25        | 340          | 1.50       | 230        | 28.00            | 28.00             | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG            | PASTRY          | 25        | 350          | 2.00       | 240        | 29.00            | 29.00             | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG           | PASTRY          | 25        | 370          | 2.00       | 380        | *N/A*            | *N/A*             | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$128.785 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ          | PACKAGE      | 25        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5                    | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 250       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 100       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 150       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 400       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0                   | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP            | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0                   | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0                   | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                          | CARTON       | 340       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 50        | 120                      | 0.00                   | 110                    | 19.00            | 7.00                          | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0                  | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 5         | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 698                      | *5.65                  | 883                    | *119.37          | *8.87                         | 15.94     | *0.00      | *80         | *116.93  | *6.07     | 22.86     | *1              | *621.4                 | *15.73     | *3.92     | \$187.434 |
| % of Calories                                 |              |           |                          | *7.29%                 |                        | *68.41 %         | *5.08%                        | 20.6%     | *0.0%      |             | *67.0%   |           | 13.1%     |                 |                        |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | <=640                  |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |           |

Friday - 08/28/2026

Reimbursable Meal Total 800

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000380 BRKFST, CINN ROLL 5 OZ BRGRD                       | ROLL         | 200       | 282          | 3.05       | 717        | 9.95             | *1.07             | 9.47      | 0.00       | 14          | 42.39    | *2.02     | *7.49     | *0              | *71.6      | *0.01      | *2.02     | \$221.985 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362          | *5.33      | 814        | *2.17            | *2.15             | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8      | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119          | 5.05       | 434        | 1.10             | *N/A*             | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1      | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300          | 2.00       | 430        | 2.00             | *N/A*             | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$269.845 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 50        | 201          | 3.04       | 382        | 6.01             | *N/A*             | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5       | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW           | SERVING      | 25        | 254          | 2.81       | 198        | 14.77            | 10.25             | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2      | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                           | SERVING      | 25        | 301          | 3.30       | 199        | 22.71            | 12.21             | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4      | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ                       | SERVING      | 25        | 320          | 3.60       | 197        | 29.02            | 25.31             | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7      | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G                       | #8 SCOOP     | 25        | 266          | 1.29       | 167        | 15.09            | 13.98             | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3      | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                           | #8 SCOOP     | 25        | 317          | 1.50       | 196        | 1937.00          | 15.90             | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9      | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G                     | #8 SCOOP     | 25        | 368          | 3.24       | 199        | 22.07            | 16.20             | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0      | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIX (SYSCO)           | SERVING      | 150       | 80           | 0.00       | 65         | 5.00             | *N/A*             | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0      | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 25        | 230          | 1.50       | 280        | 14.00            | 13.00             | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0       | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)                     | SERVING      | 25        | 220          | 0.00       | 300        | 19.00            | 19.00             | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0        | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ               | CUP 2OZ.     | 25        | 170          | 0.00       | 250        | 8.00             | *N/A*             | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0      | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR              | EA           | 25        | 220          | 0.00       | 230        | 12.00            | 12.00             | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ                    | EA           | 25        | 210          | 0.00       | 440        | 12.00            | *N/A*             | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 5.60      | \$103.158 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc¹ (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|------------------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ | CUP 2OZ.        | 25        | 220          | 0.50       | 340        | 12.00            | 12.00             | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0      | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)        | SERVING         | 25        | 260          | 4.00       | 230        | 18.00            | 17.00             | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0       | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)        | SERVING         | 25        | 270          | 5.00       | 260        | 14.00            | 13.00             | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0       | *N/A*      | 2.00      | \$10.961  |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)     | SERVING         | 25        | 280          | 4.50       | 230        | 21.00            | 20.00             | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0       | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG              | PASTRY          | 25        | 360          | 1.50       | 360        | *N/A*            | *N/A*             | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)            | 2 COUNT PACKAGE | 25        | 340          | 1.50       | 230        | 28.00            | 28.00             | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG           | PASTRY          | 25        | 350          | 2.00       | 240        | 29.00            | 29.00             | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0      | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG          | PASTRY          | 25        | 370          | 2.00       | 380        | *N/A*            | *N/A*             | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0      | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ           | PACKAGE         | 25        | 249          | 0.80       | 225        | 15.00            | *N/A*             | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5        | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE                | 1 EACH          | 250       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                    | EACH            | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                    | EACH            | 150       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP             | CARTON          | 400       | 90           | 0.00       | 10         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP             | CARTON          | 200       | 130          | 0.00       | 20         | 21.00            | *N/A*             | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0       | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP        | CARTON          | 200       | 100          | 0.00       | 20         | 24.00            | *N/A*             | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0       | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                           | CARTON          | 340       | 130          | 0.00       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                  | CARTON          | 400       | 120          | 0.00       | 150        | 19.00            | *N/A*             | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003320 MILK, NONFAT STRAWBERRY                | CARTON       | 50        | 120          | 0.00       | 110        | 19.00            | 7.00              | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0      | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 5         | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150          | 1.00       | 30         | 12.00            | 12.00             | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 635          | *3.63      | 725        | *121.63          | *9.14             | 11.20     | *0.00      | *28         | *115.64  | *5.92     | *19.29    | *1              | *561.6     | *15.26     | *3.49     | \$195.206 |
| % of Calories                                 |              |           |              | *5.14%     |            | *76.62 %         | *5.76%            | 15.9%     | *0.0%      |             | *72.8%   |           | *12.2%    |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600    | <10        | <=640      |                  | <10               |           |            |             |          |           |           |                 |            |            |           |           |

Monday - 08/31/2026

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003425 CROISSANT HAM AND CHEESE                           | EACH         | 50        | 450          | 12.50      | 1070       | 5.00             | *5.00             | 21.50     | *0.00      | 80          | 40.00    | 1.00      | 19.00     | *N/A*           | 104.0      | *0.00      | *2.00     | \$125.072 |
| 002768 HS-SAUGE & EGG CROISSANT                           | EACH         | 50        | 470          | 10.50      | 665        | 5.00             | 5.00              | 27.00     | *0.00      | 185         | 38.00    | 1.00      | 18.00     | *N/A*           | *19.0      | *0.00      | 3.01      | \$23.905  |
| 001109 HS-SAUGE, EGG,CHEESE CROISSANT                     | EACH         | 50        | 520          | 13.00      | 915        | 5.00             | 5.00              | 31.50     | *0.00      | 198         | 39.00    | 1.00      | 20.50     | *N/A*           | *84.0      | *0.00      | 3.06      | \$52.256  |
| 003424 BREAKFAST CHICKEN SAUSAGE BISCUIT SANDWICH         | SERVING      | 50        | 300          | 7.00       | 770        | *0.00            | *0.00             | 16.00     | 0.00       | 40          | 28.00    | 2.00      | 12.00     | *N/A*           | 100.0      | 0.00       | 1.48      | \$124.155 |
| 003355 PIZZA PUFF (HIGH SCHOOL)                           | EACH         | 100       | 362          | *5.33      | 814        | *2.17            | *2.15             | 6.10      | *0.00      | *32         | *50.20   | *2.59     | 15.02     | *0              | 277.8      | *0.85      | *3.04     | \$58.432  |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 100       | 119          | 5.05       | 434        | 1.10             | *N/A*             | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*           | 223.1      | 0.00       | 0.00      | \$0.000   |
| 003377 PIZZA NADA (POCKET, TURKEY PIZZA 5 OZ)             | EACH         | 50        | 300          | 2.00       | 430        | 2.00             | *N/A*             | 9.00      | 0.00       | 25          | 40.00    | 5.00      | 15.00     | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$269.845 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 000626 BREAD, BAGEL PLAIN W/CRM CH              | BAGEL        | 50        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*           | 94.5                   | 0.00       | 1.00      | \$0.000   |
| 003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW | SERVING      | 25        | 254                      | 2.81                   | 198                    | 14.77            | 10.25                         | 8.34      | 0.00       | 8           | 30.24    | 3.22      | 3.72      | *N/A*           | 118.2                  | 0.00       | 1.60      | \$127.006 |
| 003121 SCONE, WG LEMON DROP 3OZ                 | SERVING      | 25        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*           | 104.4                  | 0.00       | 1.81      | \$9.000   |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ             | SERVING      | 25        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*           | 118.7                  | 0.00       | 1.71      | \$9.000   |
| 003282 MUFFIN, WG APPLE CINNAMON 2G             | #8 SCOOP     | 25        | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*           | 113.3                  | 0.00       | 1.50      | \$137.250 |
| 003338 MUFFIN, WG LEMON ZEST 2G                 | #8 SCOOP     | 25        | 317                      | 1.50                   | 196                    | 1937.00          | 15.90                         | 13.00     | 0.00       | 38          | 45.80    | 2.90      | 5.00      | *N/A*           | 104.9                  | 0.00       | 1.66      | \$9.723   |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G           | #8 SCOOP     | 25        | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*           | 140.0                  | 0.00       | 2.22      | \$171.563 |
| 003209 YOGURT, STRAWBERRY & BANANA TRIX (SYSCO) | SERVING      | 150       | 80                       | 0.00                   | 65                     | 5.00             | *N/A*                         | 0.50      | 0.00       | 0           | 15.00    | 0.00      | 4.00      | *N/A*           | 140.0                  | 0.00       | 0.00      | \$77.399  |
| 001869 BRKFST, MINI CINNIS                      | EACH         | 25        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*           | 30.0                   | 0.00       | 1.40      | \$5.969   |
| 003422 CEREAL FROSTED FLAKES (2.1 OZ)           | SERVING      | 25        | 220                      | 0.00                   | 300                    | 19.00            | 19.00                         | 0.00      | 0.00       | 0           | 53.00    | 2.00      | 3.00      | *N/A*           | 0.0                    | *N/A*      | 11.60     | \$7.319   |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ     | CUP 2OZ.     | 25        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*           | 130.0                  | 0.00       | 10.80     | \$6.456   |
| 002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR    | EA           | 25        | 220                      | 0.00                   | 230                    | 12.00            | 12.00                         | 3.00      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$75.060  |
| 002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ          | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*           | 200.0                  | 0.00       | 5.60      | \$103.158 |
| 003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ  | CUP 2OZ.     | 25        | 220                      | 0.50                   | 340                    | 12.00            | 12.00                         | 6.00      | 0.00       | 0           | 43.00    | 5.00      | 3.00      | *N/A*           | 130.0                  | 0.00       | 4.90      | \$5.651   |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)         | SERVING      | 25        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*           | 37.0                   | *N/A*      | 1.00      | \$10.434  |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)         | SERVING      | 25        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*           | 32.0                   | *N/A*      | 2.00      | \$10.961  |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                             | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)  | SERVING         | 25        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*           | 26.0                   | *N/A*      | 1.00      | \$12.134  |
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY          | 25        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*           | 200.0                  | 0.00       | 3.60      | \$140.673 |
| 003384 POP TART BLUEBERRY WG (2 CT)         | 2 COUNT PACKAGE | 25        | 340                      | 1.50                   | 230                    | 28.00            | 28.00                         | 5.00      | 0.00       | 0           | 73.00    | 6.00      | 4.00      | *N/A*           | 260.0                  | 0.00       | 3.60      | \$9.391   |
| 002403 POP TART, FROSTED FUDGE (2)WG        | PASTRY          | 25        | 350                      | 2.00                   | 240                    | 29.00            | 29.00                         | 6.00      | 0.00       | 0           | 73.00    | 6.00      | 5.00      | *N/A*           | 260.0                  | 0.00       | 3.60      | \$142.191 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY          | 25        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*           | 200.0                  | 0.00       | 3.60      | \$128.785 |
| 000781 BAR BUTTERMILK TWIN WG 2.5 OZ        | PACKAGE         | 25        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*           | 4.5                    | 0.00       | 1.10      | \$90.325  |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH          | 250       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH            | 100       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH            | 150       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP          | CARTON          | 400       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*           | 17.0                   | 0.00       | 0.00      | \$63.518  |
| 002858 JUICE, GRAPE 6.75 OZ SUNCUP          | CARTON          | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*           | 20.0                   | 0.00       | 0.00      | \$51.502  |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP     | CARTON          | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*           | 17.0                   | 0.00       | 0.00      | \$68.715  |
| 000230 MILK,1% WHITE                        | CARTON          | 340       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE               | CARTON          | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |
| 003320 MILK, NONFAT STRAWBERRY              | CARTON          | 50        | 120                      | 0.00                   | 110                    | 19.00            | 7.00                          | 0.00      | 0.00       | 5           | 21.00    | 0.00      | 9.00      | *N/A*           | 340.0                  | 0.00       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING         | 5         | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$202.162 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2026 thru Aug 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 5         | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$11.940  |
| Weighted Daily Average                        |              |           | 673                      | *5.55                  | 760                    | *120.08          | *9.81                         | 14.83     | *0.00      | *56         | *114.11  | *5.73     | 21.76     | *1              | *562.9     | *15.26     | *3.58     | \$160.046 |
| % of Calories                                 |              |           |                          | *7.42%                 |                        | *71.37 %         | *5.83%                        | 19.8%     | *0.0%      |             | *67.8%   |           | 12.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | <=640                  |                  | <10                           |           |            |             |          |           |           |                 |            |            |           |           |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| Weighted Averages |  | 662                      | *4.85                  | 760                    | *120.20          | *9.33                         | 13.68     | *0.00      | *51         | *114.64  | *5.87     | *21.17    | *1              | *577.8     | *15.36     | *3.61     | \$176.385 |
| % of Calories     |  |                          | *6.59%                 |                        | *72.63 %         | *5.64%                        | 18.6%     | *0.0%      |             | *69.3%   |           | *12.8%    |                 |            |            |           |           |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*  
*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*  
*<sup>1</sup> - denotes required nutrient values*  
*Added Sugars target is informational only, with an effective date of July 1, 2027.*  
*Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.*

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.