

AUGUST 2025

MURDOCK LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Chicken Nuggets & Breadstick Homemade PB & J*	Pizza Fish Sticks & Dinner Roll
Hamburger* Turkey & Cheese Croissant	Chicken Nuggets & Breadstick Corn Dog	Spaghetti* Ham & Cheese Sandwich	Pulled Pork Carnitas Burrito* Homemade PB & J*	Baked Chicken & Biscuit* Grilled Cheese Sandwich*
Chicken Patty Sandwich Turkey & Cheese Sub	Chicken Nuggets & Breadstick Ham & Cheese Sub	Pizza Pocket Turkey & Cheese Sub	Spaghetti* Homemade PB & J*	French Bread Pizza Hot Dog
25 Hamburger* Ham & Cheese Sandwich	Pean & Cheese Burrito* Chicken Wrap*	Meatball Sandwich* Beef & Cheese Taco Stick	28 Baked Chicken & Biscuit* Turkey & Cheese Wrap*	Chili* Grilled Cheese Sandwich*

Lunch includes:

- Choice of Low Fat 1% White Milk or Fat Free Chocolate Milk
- Choice of half cup serving of Fruit
- Choice of 2 half cup servings of Vegetables
- Salad Bar

Menu is subject to change without notice.
This institution is an equal opportunity provider.

*Made In-House

All Willows Unified School District (WUSD) Students receive 1-free breakfast & lunch daily.