



If you have any questions please email Lynsey "Yarrow" Brydon at LynseyB@sutter.k12.ca.us

Pre-visit Preparations:
☐ Attend a Teacher Planning Session
☐ Print the following forms and send home with the students:
☐ Student Health and Registration Form
☐ Parent Information Packet
☐ Any other forms your school requires: these do not need to be turned into Shady Creek
☐ Recruit Cabin Leaders; 1:7 for females, 1:9 for males
☐ Print and send home the following with cabin leaders:
☐ Cabin Leader Application
☐ Cabin Leader Responsibility Contract
☐ Cabin Leader Handbook
☐ Cabin Leader Health and Registration Form
☐ Information and link for Cabin Leader Training (3:45pm, Wed. before you arrive)
☐ Any other forms your school requires: these do not need to be turned into Shady Creek
☐ Find transportation for all students, cabin leaders, and luggage: Arrival at Shady
Creek is 10:30am on the first day. Departure is at 10:45am on the last day
<ul> <li>Optional: organize a color coded tagging system to keep luggage organized</li> </ul>
☐ Collect, organize and review for proper completion:
☐ Student Health and Registration Form
☐ Cabin Leader Health and Registration Form
☐ Student Medication Authorization Forms
☐ Cabin Leader Medication Authorization Forms (not required for adult cabin leaders)
*Forms not filled out correctly may result in students not able to receive
medication or participate in the program. Teachers will need to help contact families
to have them redo the form if we are missing a signature or the form is not completed
correctly. Please note that a physician's signature is required for ALL medications
including over-the-counter medications.
☐ Print and complete an Adult Health Form - one needed for every adult including
adult cabin leaders
<ul> <li>Ensure that the Free and Reduced Meal Form, Contract, and COI have been turned in by admin.</li> </ul>

<ul> <li>Enter students and cabin leaders into the Cabin Lists document located on the Google Classroom. Teachers are responsible for printing their own copy of the cabin lists.</li> </ul>
<ul> <li>Include the students FULL NAME, school, and teacher for every student</li> <li>Dietary restriction, allergies or any other information for the kitchen goes in the "info for kitchen" column</li> </ul>
<ul> <li>Helpful tip and anything pertaining to night time (i.e bedwetting, sleepwalking) goes in the "info for cabin leader" column</li> </ul>
<ul> <li>Health information from the students health form and any other information you want the naturalists to know about a student goes in the "info for naturalist" column</li> </ul>
☐ Attend the Cabin Leader Training to help set expectations for the week.
<ul> <li>Cabin leader is the Wednesday before you arrive at 3:45pm (unless otherwise determined and communicated with Shady Creek Program Coordinator).</li> </ul>
The zoom link for the cabin leader training is on the announcement page of the Google Classroom
☐ Turn in health forms and medication forms to the health supervisor
If possible, collect medication prior to arrival day and provide to the health supervisor so they can organize their medication logs and ensure authorization form is completed correctly
☐ Fill out Merchandise Order Form; only if making a purchase
☐ Please order by class or school, not individual forms
☐ Turn form into the google classroom or bring form and turn in upon arrival
☐ Organize a plan for completing the mandatory health checks prior to arrival
Arrival Day:
<ul> <li>Arrive at 8:45am for a meeting with the Director/Program Coordinator; you may arrive earlier to move into your cabin. Gate code is 5437</li> </ul>
<ul> <li>All Cabin Lists need to be completely finished. Teachers will lose editing access</li> <li>Turn in all Health Forms, Medication Forms, and Medications upon arrival (if not already turned to health supervisor)</li> </ul>