4YR College/ IB Senior Grade Level Meeting

Teresa Yeager (she/her/ella)

College & Career Advisor

tyeager@seq.org

Joel Rebello (he/him)

College & Career Advisor

jrebello@seq.org

Elisa Niño-Sears

IB Coordinator (she/her/ella)

eninosears@seq.org

Estreya Zamora (she/her/ella)

IB Administrative Assistant

ezamora@seq.org

Q & A will follow our presentation on IB and college

Please write down any question you have throughout the presentation for the Q & A session.

Parent/Guardian Pressure

- Students want to please parents and during this stressful period it is important to be mindful of the following:
  - Telling others where your child is applying – "Mele is applying to Stanford"
  - Making your child apply to a school he/she really doesn't want to go and/or apply
- Suggestions About College Conversations
  - Choose a weekly time to discuss college planning, limit discussion to that time

Weekly Email Newsletter

- This is the main source of current information about the college process at SHS

- Students are Responsible to Read the Information

- Get used to college communications

Every Student is Required to Complete the Same Application Process at Sequoia

Every step this thoughtful and there to ensure successfully submitting documents on time!

See handouts

We are a NAVIANCE School

- All colleges you are applying to need to be listed on Naviance

- All school documents are sent via Naviance

- **A student** <u>HAS TO WORK</u> with Sequoia's Staff and Naviance in order to complete The Common Application and any other private school application
  - Even if you are working with a independent counselor outside of our school

- Students link their Common App to Naviance accounts (if problem come into College Career Center)
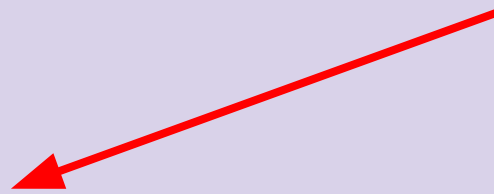
Naviance About Me tab:

Update: Resume

Complete Required Surveys: Surveys from Your School
- Counselor, LOR and Senior Exit Survey (includes requesting final transcripts)

Naviance Colleges tab:

- Move colleges from Colleges I'm Thinking About to Colleges I'm Applying to
- Add new colleges to Colleges I'm Applying to (research using Scattergrams)
- Sign up for a College Visit
- Research Scholarships on Scholarship List

Colleges I'm Apply to:

Colleges I'm applying to

✓ **Your Common App account has been matched.**
Your FERPA status is waived. You're ready to apply to colleges using Common App.

📄 Manage Transcripts   📋 Application Milestones   📊 Compare Me

✦ = extended profile available   🗑 REMOVE

	College	Type	Deadline	Expected Difficulty*	Transcripts	Office materials	Submission Type ⓘ	Application		
☐	✦ Azusa Pacific University	PRI	Priority February 15	N/A	no request	Pending	🖥	Unknown ⌄	✏ EDIT	MORE ✖
☐	California State University-Chico	RD	Regular November Decision 30	N/A	no request	Initial materials submitted	🖥	Unknown ⌄	✉ SEND AN EMAIL
☐	University of Southern California	OTHR	Other December 1	N/A	no request	Pending	CA	Unknown ⌄	ⓘ REQUEST INFORMATION
☐	St Mary's University College, Belfast	RD	N/A	N/A	no request	Pending	〰	Unknown ⌄	✏ EDIT MORE ⋮
☐	✦ University of Oregon	RD	-	N/A	no request	Pending	CA	Unknown ⌄	✏ EDIT MORE ⋮
☐	✦ University of Washington-Seattle Campus	RD	N/A	N/A	no request	Initial materials	🖥	Unknown ⌄	✏ EDIT MORE ⋮

(dropdown under MORE for Azusa Pacific University:)
✉ SEND AN EMAIL
ⓘ REQUEST INFORMATION
⑃ SCATTERGRAMS
⎘ VISIT WEBSITE
⧉ CONNECT

Show Me How

Type and Deadline: Regular, Early, Other, Priority are some examples of TYPES of Applications and the **DEADLINES** should **MATCH** those with the college's website

How Submitted: Common Application, electronically or directly to the institution or by mail

Milestones: See next slide   **Scattergram Research**

Adding Colleges : Plus sign

Removing Colleges: Can remove before documents are sent

Milestones on Colleges I'm Applying to

Application Milestones

Search for colleges

‹ Back to Colleges I'm applying To

Azusa Pacific University — 0%

PENDING

- Transcript Sent (UC/CSU, Non SSR schools
- SSR, Transcript, Profile, Counselor LOR
- Teacher #1 recommendation
- Teacher #2 Recommendation
- Teacher Recommendation #3
- Mid-year report (MYR)
- Final Transcript Sent

Show less

Babson College — 8

INITIAL MATERIALS SUBMITTED

- ✓ Transcript Sent (UC/CSU, Non SSR schools
- ✓ SSR, Transcript, Profile, Counselor LOR
- ✓ Teacher #1 recommendation
- ✓ Teacher #2 Recommendation
- Teacher Recommendation #3
- ✓ Mid-year report (MYR)
- ✓ Final Transcript Sent

Show less

Application Milestones: Green check indicates school sent documents. Check HERE first before emailing to check if sent!

GPA, Deciding on a Major and Connecting With Colleges Information

GPA Information

What GPA Does SHS Submit to Colleges?

WEIGHTED (all classes, all years with grade bump for honors)

Used for private, Common Application, Out of State Public Colleges

UNWEIGHTED

(all classes, all years)

GPA Summary	
Cumulative GPA (Weighted)	3.276
Cumulative GPA (Unweighted)	3.171
CA Cal Grant GPA	3.000
Weighted 10-12 A-G GPA	3.136

District will submit to state for Cal Grant

Reference GPA for students for UC and CSU

How is GPA Used?

- **What is "Recalculate" GPA?**

- **Students need to RESEARCH individual college policies**
  - **Admissions/Scholarships**
  - **Programs within a college - IE: Nursing**

- **Questions to Ask**
  - Do they use all 4 years?
  - Do they only use certain classes?
  - Do they use unweighted or weighted GPA?

Deciding on a Major?

One of the first things asked on an application is your major Students need to do your research before you start the application

- Need to know the policy of the school, do they **admit by major**? If not, how do they admit?

- A lot of specialty programs have a separate admissions process engineering, visual and performing arts, architecture and nursing

- "Undecided" is a major when applying

- Some Good Resources for Researching Majors
  - [PBworks College Major List Wiki](#) (lists of schools by major)
  - https://www.oszlist.com/ (O Lists focuses on majors)
  - [Find Your Major from UC website](#)
  - [Search Degrees at CSU](#)
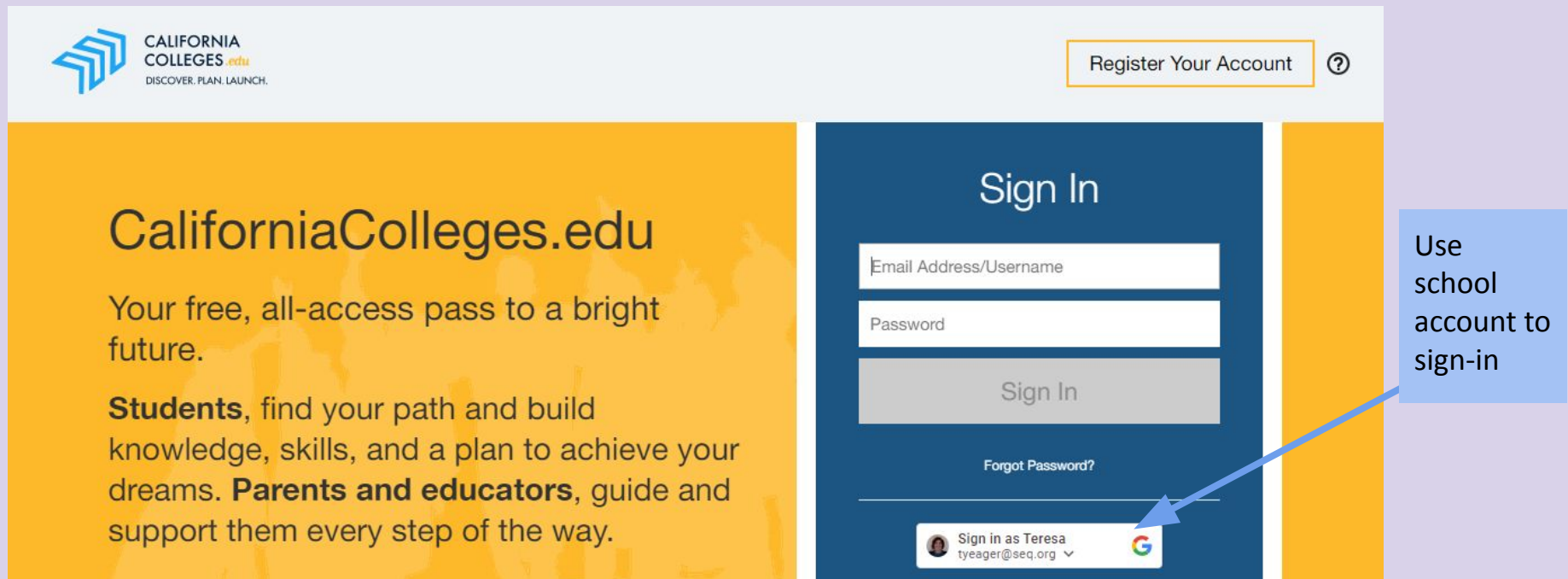
Connecting with Colleges

- Register on individual college websites
  - Virtual and Local

- Sequoia Hosted College Visits

- In Person College Fairs

- Virtual College Fairs
  - NACAC, Sept 14
  - CollegeWeekLive

CaliforniaColleges.edu

- **New platform** for all students
  - use to track their CSU and UC Eligibility
  - apply to community colleges, CSUs and UCs
  - transfer coursework directly to applications

Why Launch from CaliforniaColleges.edu?

CALIFORNIA COLLEGES .edu
DISCOVER. PLAN. LAUNCH.

	☑CCCApply	CAL STATE APPLY	UNIVERSITY OF CALIFORNIA
Start from a Trusted Source: Minimize students' guesswork and exposure to unofficial websites	✓	✓	✓
Stay Informed: Track the status of student applications and submissions	✓	✓	✓
Save Time and Minimize Errors: Import transcript courses and grades directly into students' applications and benefit from transcript alignment with CMP		✓	✓

California State Universities

Humboldt
Chico
Sacramento
Sonoma
California Maritime Academy
San Francisco
East Bay
San José
Stanislaus
Monterey Bay
Fresno
Bakersfield
San Luis Obispo
Northridge
Pomona
Channel Islands
San Bernardino
Los Angeles
Fullerton
Dominguez Hills
San Marcos
Long Beach
Office of the Chancellor
San Diego

CSU Application Details - START APPLICATION OCTOBER 1

- Based mainly on grades and rigor of courses
- Simple application that can be completed in one hour if you have checklist items from their website
  - no letters of recommendation, no transcripts, no SAT/ACT

- Students should have their application reviewed for accuracy before submitting

University of California System

Davis
Berkeley
Santa Cruz
Merced
Santa Barbara
Los Angeles
Irvine
Riverside
San Diego

UC Application Details

- Very competitive and complex application- should take a lot of time to complete – *No advantage to turn in early*

- Application also requires:
  - List of Activities and Awards
  - FOUR Personal Insight Questions (up to 350 words each)
  - Additional Comments

- Students should have their application reviewed before submitting

- College & Career Center Help
  - Flex Time
  - Lunch
  - Individual appointments

Comprehensive/Holistic Review

13 academic and personal factors approved by UC faculty (can be applicable to most private schools)

Quote from UCLA Vice Chancellor of Enrollment Management

" If we only looked at GPA, courses, and test scores, we would not ask for all the other information and it would be very easy to select students"

- Go to individual UC websites for great application tips and resources
  - For example, UCSB has a video series, UCs also have live webcasts

California Public Schools- Words of Advice

CSU/UC are competitive, make sure you turn in the best application

When Applying

      Follow all Directions

      Apply Broadly

After You Apply

      Meet all Deadlines Well in Advance

      Report All Changes

Out of State Public Colleges

Out of State Public: They are all different

Some are exclusively Common App

 EX: University of Michigan and University of Colorado- Boulder

 EX: University of Washington

Some exclusively use their own application

 EX: Boise State

Some use multiple application platforms

Always Research Nonresident Information

More Nonresident Info & WUE

Nonresident Scholarships →

Automatic Scholarships for Nonresidents

Scholarship Name	Required Cumulative Unweighted High School GPA	Value	Length of Program
Alpine	3.20-3.49	$2,000 per year	4 years (8 semesters)
Payette	3.50-4.0	$8,000 per year	4 years (8 semesters)
Western Undergraduate Exchange (WUE)	3.90-4.0	$14,661 per year*	4 years (8 semesters)

Fall/Summer Application and Scholarship Priority Deadlines

- **Nonresident Application and Scholarship Priority Deadline:** * December 15

- **Resident Application and Scholarship Priority Deadline:** * February 15

- **Standard Application Deadline:** May 1

- **Application closes:** August 1

Private Colleges

Private School General Info

EVERY school has its own process – need to go to its website and thoroughly understand the requirements & application

Remember the Following:
- You must work with your SHS counselor
- You must use Naviance
- Deadlines are not suggestions! (if an East Coast school remember there is a 3 hour difference)

What is the Common Application?

- **What is It?**

- **Why Use It?**

- **Why Not Use It?**

What are the Pieces of the Common App/ Private College Application Completed by the STUDENT

Application Requirements:
- Application
- Personal Statement/Essay (majority require)
- Required Supplemental Essays/Questions (varies by college)
- Official Test Scores if Required (sent by student)

Application for Financial Aid may require:
- CSS Profile – College Board website
- FAFSA
- Institutional FA application (Merit or Need Aid)

EVERY School has its OWN DEADLINES!

What are all the pieces of the Common Application (CA) or Private College Applications sent to the university by SEQUOIA ?

- ## School Report (SR)
    - Requested by student. Completed & sent by Counselor through Naviance
- ## Official Transcript
    - Automatically Sent by Counseling Department through Naviance
- ## Sequoia High School Profile
    - Sent by Counseling Department through Naviance
- ## Letter of Recommendations (LOR)
    - Requested by student. Completed & sent by Teachers through Naviance
- ## Mid Year Report (MYR)
    - Automatically completed & sent by counselor through Naviance if student requested a SSR

REALLY IMPORTANT to UNDERSTAND

School documents are sent independently of a student's application

Letters of Recommendation - <u>LOR</u>

- Who to ask?

- How many?

All are different need to research each college's website

Early Application Options

- **Early Decision** – Binding

- **Early Action** – Non Binding

- **Single Choice Early Action/Restrictive Early Action** – Non Binding

Should I Apply Early?

Sequoia Application Process

Deadlines
Required Steps to Have Sequoia Send Documents
How to Send Transcripts
Getting Help

The Process at Sequoia

1

Attend 1 mandatory meeting or flex workshop in September to receive SR/LOR form

2

Complete all required activities on your SR/LOR form

3

Schedule meeting with your counselor to submit your SR/LOR form. You will make your official requests in Naviance during your meeting

4

Complete all components of your application. Your counselor and teacher(s) will send all required documents by stated deadline on SR/LOR form.

Meeting dates to review process and receive an SR/LOR Form

Seniors will sign up to review the process during counselor classroom visits on 8/27 and 8/28

September 4th and 5th
before school, flex and at lunch

September 11th and 12th
during flex and lunch

Similar School Report & Letter of Recommendation Form (SR/LOR)

Sequoia High School: School Report (SR) & Letter of Recommendation (LOR) Request Form

Letters of recommendation are a critical component for many four-year universities. It is essential that you complete the following steps with thought, detail, and integrity. These requirements allow teachers and counselors to write the strongest letter possible on your behalf. Each action item must be completed **before** meeting with your counselor to submit this LOR request form.

Items to complete in Naviance

QR to presentation for videos

1. **Update your Résumé on Naviance (Click on your initials icon, then "Resume")**
   Counselors use the information from your résumé in their letter, so please provide detailed entries. You may also use your résumé for scholarships, job applications, and other opportunities.

2. **Upload a Personal Statement Draft (Click on your initials icon, then "Surveys")**
   Your personal statement draft essay is only viewable by counselors and will be used to gather additional information about you that may be included in their LOR. If you cover a specific topic or aspect of your life in the *draft* essay, your counselor may use this information to demonstrate your character. Your *draft* essay will only be viewed by your counselor to collect information about you. [Note: Ok to use UC Personal Insight Questions].

3. **Complete the Teacher LOR Survey (Click on your initials icon, then "Surveys")**
   Teacher LORs are the only place in your application where admissions will hear the perspective of a teacher that has seen you in action. Thank your recommender and be in close communication senior year.

4. **Counselor SR/LOR Survey on Naviance (Click on your initials icon, then "Surveys")**
   The Counselor SR/LOR Survey will help your counselor add depth and insight to the SR/LOR. It may also help you in reflecting upon your experiences/life, which can inform your personal statement/insight questions/supplements.

5. **Keep your "Colleges I'm applying to" list updated in Naviance (Colleges tab)**
   Teachers and counselors can only send documents to schools on the list. Naviance **does not** update recommenders when you add or remove colleges, so it is up to you to communicate changes & keep your list up-to-date. *Contact your counselor if you plan to add or drop a college.*

Items to complete with the Common App

1. **Sign up for a Common Application Account starting 8/1/23 and link your Common Application account with Naviance. We recommend waiving your FERPA rights. If you do not waive FERPA, your teachers/counselor reserve the right to not write a LOR. Counselors will still complete the SR without the LOR.**
   Linking your Common App with Naviance allows your teachers and counselor to send your SR & LOR's to colleges.

Student's Name: _____ ID#: _____ Counselor's Name: _____

Sequoia High School: School Report (SR) & Letter of Recommendation (LOR) Request For
- Colleges on this list should be on Naviance under "colleges I'm applying to". Keep your college list up-to-date.
- If you add or remove colleges from the list below, promptly email your counselor to request an "Add Form."
- If the college does not accept electronic submissions, please discuss with your counselor in advance how documents will be sent.
- **DEADLINE: September 22nd for early applicants** (College Application Deadlines between October 15th - December 15th)
- **DEADLINE: November 3rd for regular applicants** (College Application Deadlines after December 15th)
- Schedule a mandatory 15 minute appointment on your counselor's Calendly to submit your completed SR/LOR Request Form.

College & University List:	Application type:	If applying ED, does the college require first quarter grades or other documents?	Will you be using Common App (CA) or other application?	Application Deadline	# of supplemental essays and/or college questions	Total Number of Teacher LORs you are sending	Will you be submitting scores? Y/N	Are you applying for financial aid? If yes, what application(s) are required?
NOTE: Do not list UC/CSU or Public Schools that do not require a Letter of Recommendation or School Report. List college/university name(s) below.	Restricted Early Action (REA); Early Action (EA); Early Decision (ED); Regular Decision (RD)	Yes or No	Check college website	CA or if other please specify	Check Common App and/or college website for number allowed		Yes, No, Test optional submitted, or test optional not submitted. Students are responsible for sending test scores.	Yes or No If yes, include required application(s) and due dates. Check the college's financial aid section on college website.
Example: University of Sequoia	*EA*	*No*	*Yes*	*11/1*	*3*	*2*	*Y, submitting scores*	*Yes, CSS Profile due 1/11*

Teacher Letters of Recommendation
Request LORs from your teacher(s) verbally and have them sign below.
Official requests will be completed through Naviance when you submit the completed SR/LOR form to your counselor

	Teacher's Last Name	Teacher's Signature	Date
If only One			
Second			
Third (optional)			

SCHEDULE APPOINTMENT WITH COUNSELOR   Counselor Signature:_____
Date:_____

Will you be requesting application fee waivers? Yes or No →	

Deadline to Submit School Report/Letter of Recommendation (SR/LOR) Form

Students must schedule a 15 min meeting with their assigned counselor to submit completed SR/LOR form

Must have the appointment on or before;

Sept 19th for Oct 15-Dec 15 college application deadlines

Nov 7th for college application deadlines after Dec 15

Other Parts of the Process

Ethics of Completing Application

"I certify that all information submitted in the admission process—including the application, the personal essay, any supplements, and any other supporting materials **—is my own work**

AI - Go to the college's website or ask admission rep

Colleges can rescind your admittance
- Schools do random checks and thorough research on applicants -
  – Ex: Stanford
- UC started checking on personal insight questions for plagiarism

Sending Transcripts

At this point, only should be for "out of state public colleges" not on Common Application

If you request them on Naviance at this time, they will be deleted

More details available our on website

Standardized Testing- Need to Check Policy for Each School

Lasting Impact of Covid 19 - Testing Requirements Have Drastically Changed and Policies are continually being updated

Terms

- **Test Optional** –
- **Test Blind** -
- **Subject Tests – College Board stopped Jan 2021**

Things to Consider

- Are you in the middle range or above for admitted students?
- How much do they weigh test scores in their decision?
- RESEARCH requirements and deadlines for each school

Sending Test Scores

- FIRST check to see if college is accepting scores this year

- THEN check to see if you can self-report on each college website (Saves Money). If they do not allow self-report, need to send score individually

- At this point, LIST but Do not submit IB Scores

Details on Handout

UNDERSTAND Sequoia does not send or report test scores for the application

It Doesn't End, After You Submit

- **Set up "portal"** for each school
  - **Check your account frequently**:
    - Colleges have technology that records when a student opens their communication systems.
- **Read and follow all directions**

- **There are consequences for any Changes on Application or Not Sending Documents**

"I didn't know" or "Nobody told me" doesn't usually work

Where to Find Support at Sequoia

How can students get help?

- Individual Appointments - with Counselor and College and Career Advisors
- Classroom Presentations
- Fall Flex Periods (UC, CSU, Common App Help)
- Financial Aid Workshops

Individual Help from College & Career Center - Student Appointments

- General Questions
- To Review Application
- REGULATIONS from NACAC prohibit us from answering questions from parents/guardians directly about an application. EX: How do **WE** fill in this box?

Mr. Rebello: All HCA, Study Skills Students and Last names A-L

Ms. Yeager: All DAA, ELD Students and Last names M-Z

Common Application (Education Section) Info for Sequoia High

- Class Rank Reporting – Do not rank
- Graduating Class Size – Will put in the Sept 14th Weekly Email
- GPA Scale – 4
- GPA Weighting – Weighted
- Counseling FAX – (650) 306-8893
- Graduation Date – June 5, 2026
- Your Official GPA - will be available on your transcript in Infinite Campus on Sept 8th (Use Overall Weighted GPA)

This data will be posted in the weekly email Sept 14th

Resources on the SHS Website

Required and Recommended Resources
[How To Videos](#) Available on College/Career Website

College & Career
Preparedness

Academics & Art
Enrichment

Mental Health &
Wellness

SHSEF
SEQUOIA HIGH SCHOOL
EDUCATION FOUNDATION

- Credentialed College Counselor
- On-campus PSAT (11th) & SAT (12th)
- College Day & 9th grade college visits
- Multi-day college trip for AVID students
- Release time for teachers to write college recommendations
- Professional development & conferences for College Counselors
- Funding for College Counselors to visit schools & promote Sequoia students

¡Bienvenidos! Bienvenue! Welcome to **Sequoia High School's**
International Baccalaureate Programme

Senior IB Information Meeting
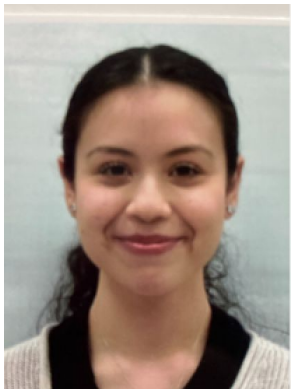## August 27, 2025

Your Sequoia IB Team

Elisa Niño-Sears **"Ms. Niño"**
IB Coordinator & CAS Coordinator
(650) 367-9780 ext. 63103
eninosears@seq.org
Bilingual English & Spanish, she/her/ella

Estreya Zamora **"Ms. Zamora"**
IB Administrative Assistant
(650) 367-9780 ext. 63108
ezamora@seq.org
Bilingual English & Spanish, she/her/ella

SHSEF

SEQUOIA HIGH SCHOOL
EDUCATION FOUNDATION

$650,000+ donated annually helps to close the gap in local and state funding to ensure that every Sequoia student has the opportunity to reach their highest potential. **Your investment provides smaller class sizes, additional college and mental health counselors, after school tutoring, and supports IB, AVID and many other programs.**

Academic &
Arts
Enrichment
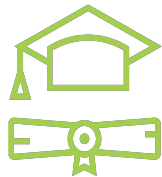
College &
Career
Preparedness

Mental Health
& Wellness

Please consider donating and volunteering
$1,500 suggested per student, but all donations, of any amount, help us reach our goal.

visit: *www.shsef.org*

Please visit our website

https://www.sequoiahs.org/PARENTS--COMMUNITY/IB-Programme/index.html

Sequoia IB Academic Integrity Policy
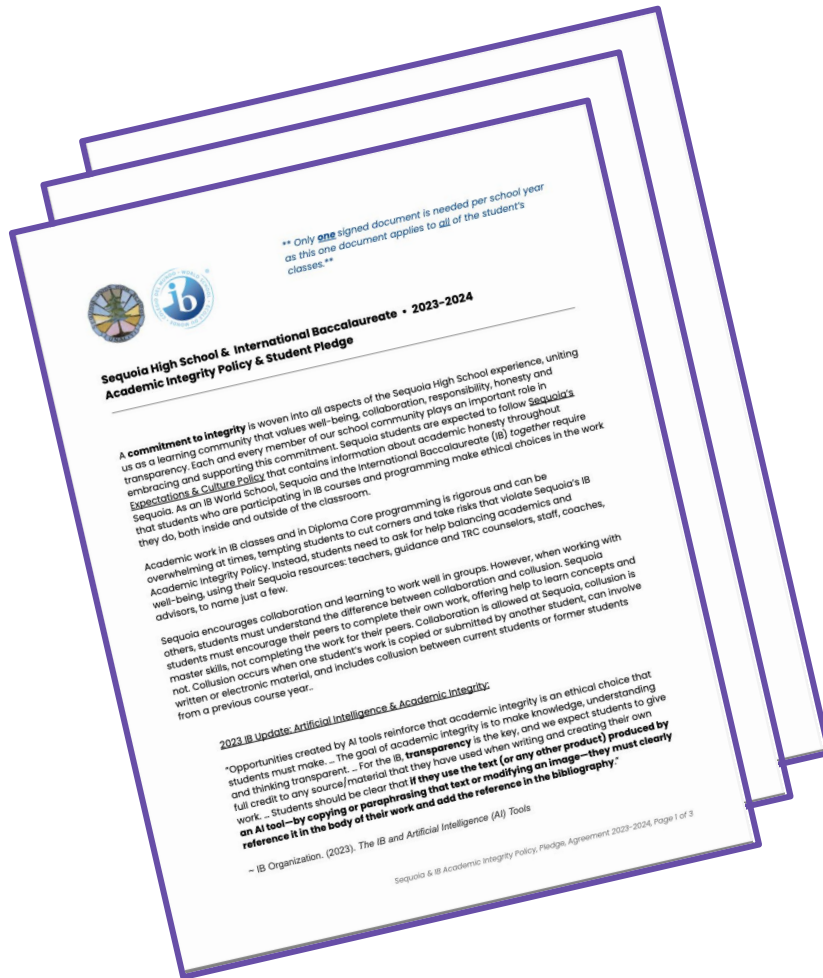
- All students participating in IB courses and programming required to read and sign the pledge.

- Policy includes updated guidance on the use of artificial intelligence.

- Policy available in English and Spanish on IB page on school website.

- Thank you for reviewing this important policy with your Sequoia student.

Tips to support your senior

- **Cheer for/Coach your student** from the *sidelines*.

- **Learn *together***, empathize, be real, talk about failures and fixes.

  - set aside time to **process** email regularly– to take *action*, not just *look* at it. Ideally a session on the weekend?

  - help your student learn to **manage** their email inbox so that it works for <u>them</u> - how to use filters, unsubscribe, change notification settings, separate email accounts.

Tips to support your senior

- Help your <u>student</u> find a **calendar system** that works *for them.*

  - put in all commitments and appointments, add in timely reminders
  - block class time, work time for each subject, exercise, fun time, family time, chores, sleep!
  - troubleshoot, make changes
  - productivity apps like Todoist, Notion, Google Tasks can help

- Help your <u>student</u> think through the challenge and **find help.**

  - reach out to staff *early*– email, in person
  - book time with counselors, TRC, with IB Office
  - tutorials, flex time, tutoring, peer study groups

Why participate in IB at Sequoia?

- IB prepares students with skills to be successful in college and beyond:
  - critical thinking
  - writing and communication
  - independent research skills
  - time management, and much more.

- Students develop an international perspective, appreciation of other cultures, viewpoints, truths.

- *Possible* credit in college, saving money and time.

- *Possible* placement in more advanced course in college.

Why participate in IB at Sequoia?

Image by Liisa Sorsa for Dpict
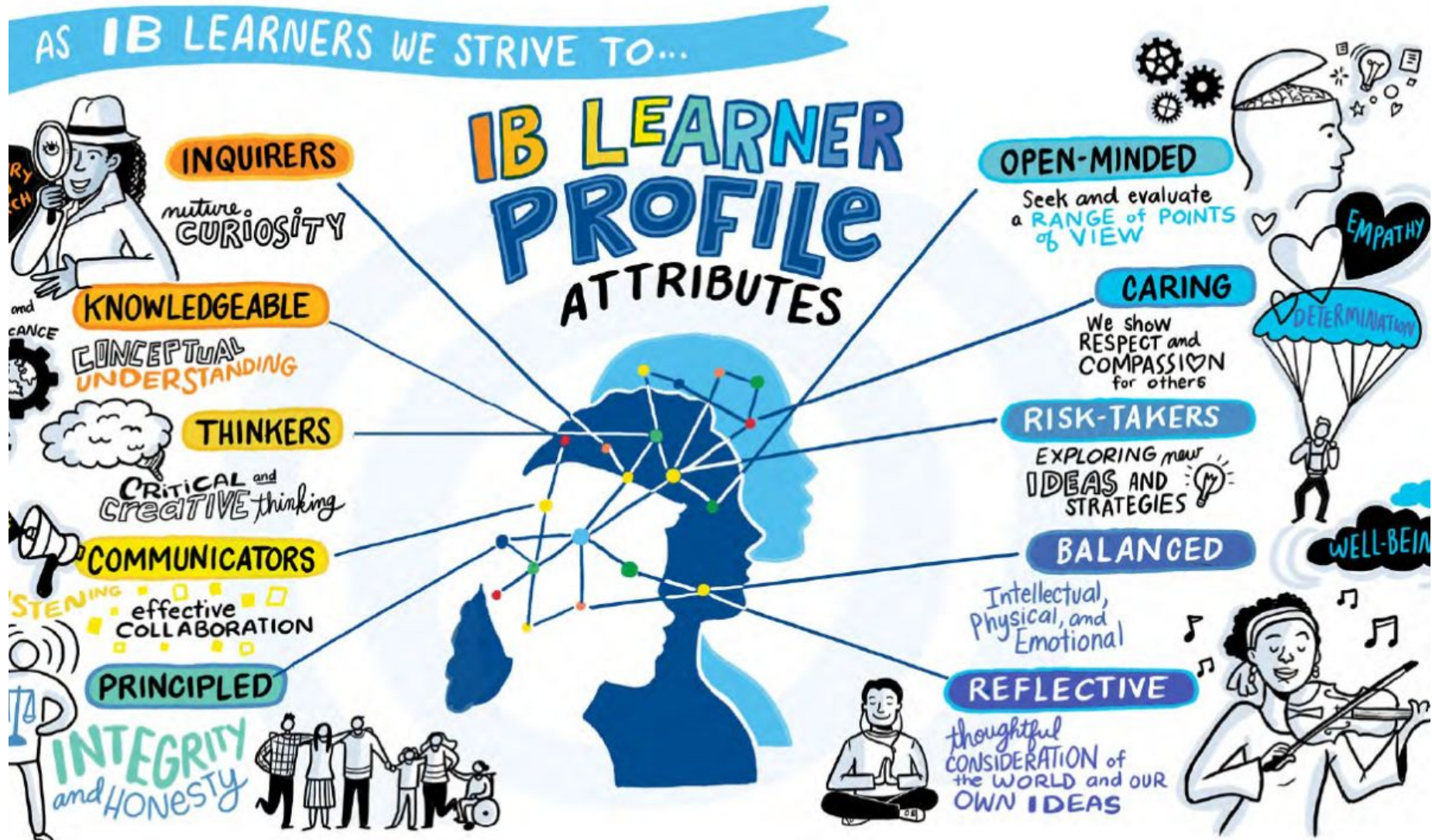
IB & College

IB Exams & University Expectations

- IB Exams are a required component of all Sequoia IB Courses, regardless of college credit or plans.

- Colleges expect students to sit for all parts of the IB exam in the spring, putting forth best effort on all sections.

- If you put down an IB Course on your college application and indicate you are planning to take the corresponding IB exam, it adds value to your application.

- Colleges expect to receive IB scores in July for all IB exams you indicated on your application. If they do not receive an IB exam score for an exam you said you would take, they can <u>rescind</u> your admissions if your acceptance was conditional.

List IB exams on college apps

- List all IB exams you will be taking in Spring 2026 as a "Planned Exam"
  - Visit our IB page *Guide To Listing IB Exams on College Apps* section [HERE](#) on the school's website to find the dates/exam names for your applications.

- List any IB exam you took in 11th grade with your earned score
  - For example: IB Physics, IB Business Management, IB Psychology, IB Chemistry

- Adds value to your college application

How to discuss IB learning in your college application

College Credit

- **Colleges** decide their policy for score requirements, credits granted, level changes.

- An exam score of 4 or higher *may* receive college credit (just like a score of 3 or higher on an AP exam), **depending on the college, the department, and the major**.

- Policy **varies by university**, and even varies within a **college** system (eg. each UC may vary) and by **major**.

- Check each specific university.

Advanced Placement (AP): Caution

Sequoia High School does not administer AP Exams.

If a student is self-studying for AP, they need to find their own location to take those tests.

The College and Career Center does not recommend self-studying and taking AP tests for subjects offered at Sequoia in IB, at any level of IB. For students who are applying to international programs, they should consult with the College and Career Center immediately.

Advanced Placement (AP): Caution

We are aware that in the community, people are giving advice that you must take AP tests to be competitive in college admissions. **This is contrary to all conversations with college admissions representatives.**

Colleges are evaluating you based on the context of the school you go to.

"But someone told me an AP score at the end of junior year helps me with showing my skills/talents?" If your IB course is a two year course, colleges are looking at your course schedule and grades you receive. They are <u>not</u> looking for an AP or IB exam score at the end of junior year. Better to spend your energy doing a GREAT job in your IB course.

Predicted Grades (PGs) for University

What are "PG"s?

- "A predicted grade is the teacher's estimation of the grade the candidate is expected to achieve in the subject. A predicted grade should be based on:
    - all the evidence of the candidate's work
    - the teacher's knowledge of IB standards."

~ Diploma Program Assessment Procedures Section C3.2.2

- Teachers use IB grade descriptors to help guide the PG process.

Outside of the US

- Many international universities require PGs for admissions.

- Sequoia provides **international** institutions with PGs to allow Sequoia students to study abroad.

- Institutions in some countries require **specific IB scores** for admissions or even **specific IB courses** and **specific HL or SL levels**. Admission can be conditional on actually earning the required scores.

- <u>Students</u> are responsible for researching institution requirements and alerting the IB Office of application needs.

Predicted Grade Requests

If applying to **international** institutions, students must research requirements and identify if PGs are required. If yes, proceed with these next steps:

1. Contact the institution informing them that Sequoia policy prohibits sharing PGs with students. How can IB Coordinator submit your PGs to university on your behalf?

2. Complete [this Predicted Grade Request Form](#) for every **international** institution requiring PGs.

3. Submit form **at least 3 weeks ahead** of the institution's submission deadline. Requests made less than 3 weeks before deadline are not guaranteed to be submitted on time.

4. Be sure to continue to monitor your school email in case Ms. Niño needs to email you with questions in order to submit your PGs.

Inside the US

- **No institutions in the US require PGs** in order for applicants to be reviewed and admitted.

- Students are not punished or disadvantaged in the college review process if they do not submit PGs.

- As a large public high school, Sequoia does not provide PGs for domestic institutions.

- Some institutions give students a choice to use their IB PGs as an option for the standardized test requirement. This does NOT mean IB PGs are *required*. Students must select a different option from the standardized tests list to submit for this requirement.

- US institutions read our [School Profile](#) and know we don't provide PGs to US colleges and universities.

NYU   About NYU   Admissions   Academics   University Life   Research   Search   🔍

Standardized Tests

English Language Testing

International Qualifications

Internal Transfers

Visiting Students

Prior Criminal Conviction

More Applicant Types and Programs

Request more information ⌐

NYU Applicant Portal

Check on the status of your application to NYU. ⌐

NYU has one of the most flexible testing policies of any college or university, including an extension of our test-optional policy in the 2021-2022 cycle in response to the COVID19 pandemic. Students who elect to submit testing as part of their application for Fall 2022 admission should submit one of the following:

- SAT; or
- ACT; or
- International Baccalaureate (IB) Diploma; or
- Three (3) SAT Subject Test scores; or
- Three (3) AP Exam scores; or
- Three (3) IB higher-level exam scores if not an IB Diploma candidate; or
- Other international examinations that show you completed, or if submitting predicted results show you will complete, your secondary education. You can use our International Qualifications Tool for information about credentials we accept from the country in which you are enrolled in secondary school
- Applicants to programs in our Steinhardt School of Culture, Education, and Human Development and our Tisch School of the Arts requiring an audition or portfolio are **not required to submit standardized testing** for consideration and doing so is entirely optional. For other programs where an audition or portfolio is optional but not required, testing is required.

All applicants to our campus in New York must meet our English language requirements.

Students have a choice as to what standardized test score is submitted. IB predicted grades are not an option at Sequoia High School for national institutions.

IB & Assessment

What's in an IB Score?

Your final IB score is made up of:

1. **Internal Assessments (IAs)**
   - Formal IB Assessments
   - IAs are carried out by the IB Teacher throughout the entire course (1 or 2 years)
   - IA assignments vary by course
   - Example: IB English IAs = Individual Oral, HL Essay

2. **Spring "May" Exams**
   - Exams vary by course
   - Example: HL Eng= Paper 1 & 2 vs. HL History= Paper 1, 2 & 3

IA Late Work Policy

- IAs are due when they are due. **No exceptions.**

- IAs include oral assessments.

- If any IA is not turned in on the due date, it cannot be submitted to the IB organization. Students will have an incomplete assessment (N grade) for that subject area.

- Students who receive extended time on assessments through a 504 or IEP will receive (if needed) 72 additional hours to turn in an official IA without penalty.

  - The 72 hours starts at the time the IA was due and includes non-school days. For example: IA due Friday 2nd period (8:30 AM) so IA is due following Monday at 8:30 AM.

IB Spring Exams

- The IB experience includes completing IB coursework, submitting IAs and sitting for spring exams.

- IB Exams will take place at Sequoia, in person, weekdays from **April 28th through May 20th, 2026.**

  - There are no make up exam dates.
  - Do not schedule travel, sports, religious or family events during these weekdays.
  - Stay healthy. We will help you if you feel unwell.

- Exam days and times are available on our IB Page on the school website as [a chart listed in rows](#) or in [month calendar format](#).

IB Spring Exams

SEQUOIA HS • IB SPRING EXAM SCHEDULE • 2026

MON	TUE	WED	THU	FRI
APRIL 27 *No exams*	**28** *No exam am* Physics SL, Paper One, 12:30–3:15pm	**29** Physics SL, Paper Two, 8:30–11:15am Bus. Management SL, Paper One, 12:30–3:15pm	**30** Business Management SL, Paper Two, 8:30–11:15am ESS SL, Paper One, 12:30–3:00pm	**MAY 1** *No exams*
4 ESS SL, Paper Two, 8:30–12:00pm *History HL, Papers One & Two, 12:30–5:30pm*	**5** History HL Paper Three, 8:30am–1:00pm *No exam pm*	**6** *No exam am* Psychology SL, Paper One, 12:30–4:00pm	**7** Psychology SL, Paper Two, 8:30–11:00am English Lang & Lit HL, Paper 1, 12:30–4:30pm	**8** English Lang & Lit HL, Paper Two, 8:30am–12:00pm *No exam pm*
11 *No exam am* Biology HL, Paper One, 12:30–4:00pm	**12** Biology HL Paper Two, 8:30am–12:45pm *No exam pm*	**13** *No exam am* Spanish SL&HL, Papers One & Two (Reading), 12:30–5:00pm	**14** Spanish SL&HL, Paper Two (Listen), 8:30–-11:00am *Math Analysis SL&HL, Math Apps SL&HL, Paper 1, 12:30–4:15pm*	**15** Math Ana SL&HL, & Math Apps SL&HL, Paper Two, 8:30–12:00pm *Chemistry SL, Paper One, 12:30–3:30 pm*
18 Chemistry SL, Paper Two, 8:30–11:15am *No exam pm*	**19** *No exam am* French SL&HL, Papers One & Two (Reading), 12:30–5:15pm	**20** French SL&HL, Paper 2 (Listening), 8:30–11:00am *Math Analysis HL, and Math Apps HL, Paper Three, 12:30–3:00pm*	• Room locations TBD. • Arrive at exam room 10-15 min before start time. • Exams may run late-- please plan accordingly. • All students released from exam room at same time. No one can exit early. • No make-up exams or alternate dates/times. • Prom is scheduled for Sat. May 2nd	

IB Exam Scores

- IB scores on a scale of 1 – 7

- 4-7 = passing scores

- N score= A student is missing an exam component (from May or from IA). Non passing.

- Exam results released to students in early July.

- For those headed to college, exam scores released to colleges electronically mid-July.

- Diplomas and certificates are available in IB Office at the end of August, beginning of September.

IB Spring Exams - We need your help

Parents, we are counting on you!

Please plan on donating one or two half days to Sequoia during exam month

April 28th through May 20th, 2026.

You will receive an email in March asking you to sign up to assist with one or two exams.

IB Exam Registration

How do students sign up for exams?

- The IB Office be registering students for exams in September during flex and sometimes in your IB Classes.

- Watch for flex assignments or an email with flex instructions.

IB Registration Process

- Deadline to register is November 1, 2025.

- Any changes to IB registration due by November 1st
  - Contact the IB Office with changes.

- IB exam letters with exact fees/invoice will be mailed in September and October

- <u>IB does not offer any make-up or alternate exam dates</u>.

- Remember, November 1st is an important deadline. After that date, students enrolled in IB course in a testing year will remain in that course till the end of the school year.

IB Exam Fees

Number of Exams	Total Exam Fee $	Total FRPL Exam Fee $ (Only for students who qualify for FRPL)
1	140	25
2	280	50
3	420	75
4	560	100
5	700	125
6	840	150

Additional IB Fees

If you are in the Diploma Program, you do not pay CAS, EE, TOK fees.

IB exam letters with this year's exact fees will be mailed in September and October.

IB Spring Exam Payment

- Payment is due **by** November 15th

- Payment by:
  - **Check** made out to "Sequoia High School"
    - Put student's name and IB Exam(s) on memo line
    - Mail to: Sequoia High School IB Program
                Attention: Linda Gordon, Treasurer
                1201 Brewster Ave., Redwood City, CA 94062

  - **Cash**:
    - Bring cash payment to Linda Gordon in Treasurer's Office
    - Request a receipt

  - **Online** via **MySchoolBucks**:
    - Instructions available soon.
    - Do **<u>not</u>** pay on Infinite Campus

Payment Help

- Students in "Free Reduced Price Lunch" program this school year qualify for reduced exam costs this school year.
    - Sign up in the Family Center today! Contact Ms. Macias at (650) 367-9780 Ext. 63110 or by email emacias@seq.org.
    - Complete your "meal application" here: https://www.seq.org/STUDENTS--PARENTS/Online-Services/Meal-Applications/index.html
- If your family applied for FRPL but does not qualify, and yet has special financial circumstances, please contact IB Office so we can make alternate arrangements for payment. We can set up payment plans.

IEP & 504 Plans:

Accommodations for Spring Exams

IB Exam Accommodations

IAs

- 504/IEP students can access 72-hour extension on IAs.
  - The 72-hour extension starts at the time the IA was due and includes non-school days. (eg. IA due Friday 2nd period which starts at 8:30 AM so IA is due Monday at 8:30 AM.)

- Students with IEP/504s are encouraged to meet with their teachers at the time the IA is *assigned* to map out their IA plan to reduce stress.

IB Exam Accommodations

Spring IB Exams

- Students must apply for exam accommodations through the IB Office.

- Students are not guaranteed the same accommodations they receive in their Sequoia 504/IEP.

- Testing accommodation decisions are made by the IB organization.

Applying for IB Exam Accommodations

Per IB Policy, the following items are due to the IB Office no later than Oct 15th:

1. A psychological/psycho-educational/medical report is required from a licensed professional including the diagnosis and test/techniques used.

2. Educational evidence (504 or IEP in place prior).

3. IB Application for Special Needs Assessment Form completed by licensed professional.

Click [HERE](#) for specific instructions on how to apply.

IB Diploma Student: What do I need?

Diploma Award Requirements

Reasons a student would <u>not</u> be awarded the Diploma:

1. CAS requirements have not been met.

2. Candidate's total points are fewer than 24.

3. An N has been given for theory of knowledge, extended essay or for a contributing subject.

4. A grade E has been awarded for one or both of theory of knowledge and the extended essay.

5. There is a grade 1 awarded in a subject/level.

Diploma Award Requirements

Reasons a student would <u>not</u> be awarded Diploma (continued):

6. Grade 2 has been awarded three or more times (HL or SL).

7. Grade 3 or below has been awarded four or more times (HL or SL).

8. Candidate has gained fewer than 12 points on HL subjects (for candidates who register for four HL subjects, the three highest grades count).

9. Candidate has gained fewer than 9 points on SL subjects (candidates who register for two SL subjects must gain at least 5 points at SL).

WELCOME TO THE IB OFFICE

Our office hours are Mon, Tu, Th, Fri 7:30am - 4:00pm,
Wed 8:30am-5pm, and by appointment.

Please come in!

MS. NIÑO

IB COORDINATOR

Email: **eninosears@seq.org**
Phone: **650-367-9780**
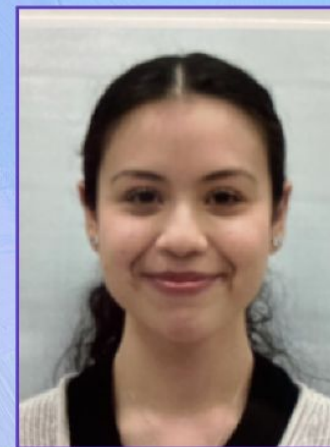ext. **63103**

**APPOINTMENT
SCHEDULER**

MS. ZAMORA

IB ADMIN ASSISTANT

Email: **ezamora@seq.org**
Phone: **650-367-9780**
ext. **63108**

Bienvenidos • Bienvenue • 欢迎 • स्वागत • ברוך הבא • Willkommen • Afio mai • Chào mừng • مرحبأ • Benvenuti • Добро пожаловать • Bem-vindo

Thank you!

This presentation will be available soon on Sequoia's Website.

Let's take a 2-minute break to head home or move to front row for <u>general</u> Q&A.

For <u>individual</u> questions, please contact:

Elisa Niño-Sears (she/her/ella)
IB Coordinator
eninosears@seq.org

Joel Rebello (he/him)
College & Career Advisor
jrebello@seq.org

Teresa Yeager (she/her/ella)
College & Career Advisor
tyeager@seq.org