



MENU

NOVEMBER

COTTONWOOD UNION SCHOOL DISTRICT COTTONWOOD CREEK CHARTER SCHOOL

BREAKFAST: CEREAL, CRACKERS STRING CHEESE, FRUIT LUNCH: MAC & CHEESE GREEN BEANS FRUIT	03	BREAKFAST: STRAWBERRY & YOGURT PARFAIT LUNCH: BAKED POTATO BAR DINNER ROLL FRUIT	04	BREAKFAST: HOMEMADE MUFFIN DRIED CHERRIES LUNCH: CHILI & CORNBREAD SALAD BAR FRUIT	05	BREAKFAST: BAGEL & CREAM CHEESE FRUIT LUNCH: EGG MCMUFFIN HASHBROWN SALAD, FRUIT	06	07
NO SCHOOL	10	NO SCHOOL	11	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: CHICKEN NUGGETS & FRIES CARROTS FRUIT	12	BREAKFAST: BAGEL & CREAM CHEESE FRUIT LUNCH: TURKEY, RICE, & BLACK BEAN BURRITO SALAD FROZEN FRUIT CUP	13	14
BREAKFAST: CEREAL, CRACKERS STRING CHEESE, FRUIT LUNCH: ORANGE CHICKEN & RICE STEAMED BROCCOLI FRUIT	17	BREAKFAST: COOK'S CHOICE LUNCH: COOK'S CHOICE	18	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: CHICKEN QUESADILLA REFRIED BEANS FRUIT	19	BREAKFAST: BAGEL & CREAM CHEESE FRUIT LUNCH: TURKEY GRAVY & MASHED POTATOES DINNER ROLL, FRUIT SALAD PUMPKIN PUDDING	20	21
NO SCHOOL	24	NO SCHOOL	25	NO SCHOOL	26	NO SCHOOL	27	28
Menus are subject to change This institution is an equal opportunity provider. Student meals provided at no charge								

Breakfast: *Optional breakfast is cereal & crackers*
All breakfasts include the following components: 2 Oz. Grains, 1 Cup Fruit & 1 Cup Milk

Lunch: All lunches include the following components: 1 Cup Milk, 1-2 Oz. Meat/Meat Alt., 1-2 Oz Grains, Fruit, & vegetables