

## **Junta del Grupo de Trabajo de Gobernación del Programa - Program Governance Task Force Meeting**

**Salón de Conferencias, segundo piso – Conference Room, second floor**  
**Videoconferencia ~ Video Conference**

[Click Here to Join Zoom Meeting](#)

**3 de marzo, 2026 ~ Marzo 3, 2026**

**6:00 p.m. - 6:30 p.m. Firmas/Hojas de Asistencia**

**Sign-in/Attendance Records**

### **Agenda**

- |                                                                                                                                                                                                                                                                                         |                  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| 1) <b>Bienvenida/ Welcome:</b> Jose Rocha, director/Director                                                                                                                                                                                                                            | 6:30 - 6:35 p.m. |
| 2) <b>Reuniones del Equipo de Trabajo de Gobernación del Programa<br/>Program Governance Task Force Meetings</b> <ul style="list-style-type: none"><li>● Propósito/Purpose</li><li>● Composición/Composition</li><li>● Deberes y Responsabilidades/Roles and Responsibilities</li></ul> | 6:35 – 6:45 p.m. |
| 3) <b>Planeación del Programa 2026-2027/Program Planning for 2026-2027</b> <ul style="list-style-type: none"><li>● Metas y Objetivos del Programa Año 3 - Salud y Nutrición/<br/>Program Goals &amp; Objectives Yr. 3 - Health and Nutrition</li></ul>                                  | 6:45 – 7:15 p.m. |
| 4) <b>Retos Actuales y Oportunidades<br/>Current Challenges and Opportunities</b>                                                                                                                                                                                                       | 7:15 – 7:30 p.m. |
| 5) <b>Sesión de opiniones/Input Session</b>                                                                                                                                                                                                                                             | 7:30 - 7:55 p.m. |
| 6) <b>Siguiente reunión del equipo de trabajo:</b><br>jueves, 3 de septiembre, 2026 – Salón de conferencias, segundo piso, <b>Hora: 7:00 p.m.</b><br><b>Next Task Force Meeting:</b><br>Thursday, September 3, 2026 – MSHS Conference Room, second floor, <b>Time: 7:00 p.m.</b>        | 7:55 – 8:00 p.m. |



# PVUSD

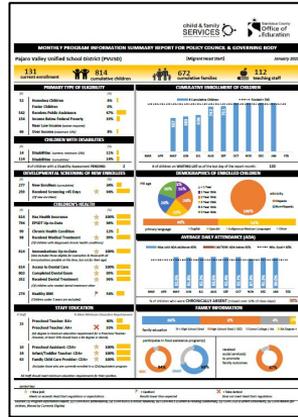
Whole Child, Whole Family, Whole Community

## Reunión de Trabajo de Gobernación Compartida Task Force Meeting

March 03, 2026

YOU CAN'T \_\_\_\_\_  
**ACHIEVE**  
*your dreams*  
\_\_\_\_\_ IF YOU DON'T  
**SHOW UP**  
*to chase them*

# Propósito del Grupo de Trabajo

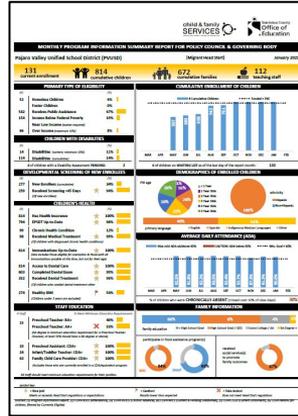


Proporcionar un mayor nivel de participación en la planificación del programa

Discutir datos y los elementos clave de la solicitud de fondos

Aportar ideas por medio de comentarios y perspectivas

# Purpose of the Task Force



Provide a higher level of participation during program planning

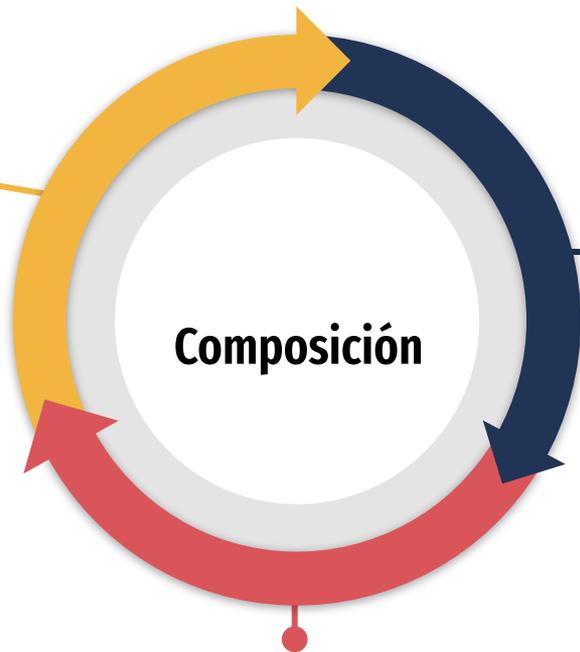
Discuss data and key elements of the funding application

Provide input through comments and different perspectives

# Composición



**Comité de Política**  
De dos a cinco miembros



**Director**  
y  
Personal Clave del Programa



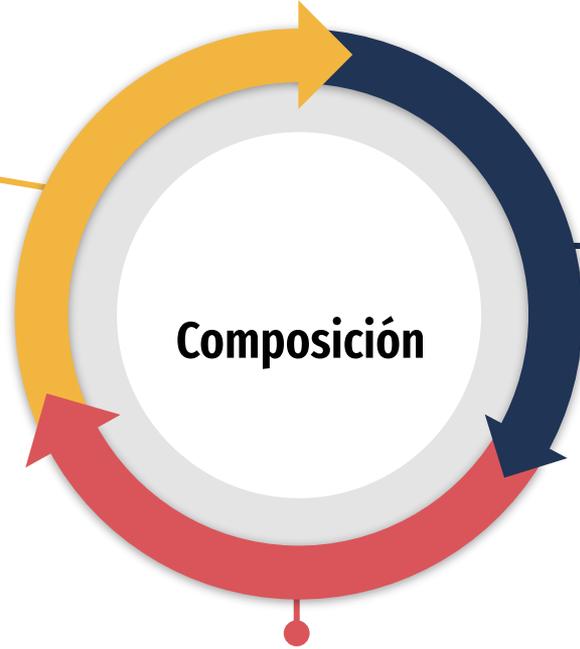
**Mesa Directiva**  
De uno a dos miembros

# Composition



**Policy Committee**

Two to five members



**Composición**

**Director**  
&  
Key Program Staff



**Board of Trustees**

One to two members

# Deberes y Responsabilidades



El acta de Head Start del 2007 describe los deberes y responsabilidades de los cuerpos de gobierno y el Comité de Política que se relacionan con el diseño del programa, la planificación, el monitoreo y la supervisión.

El Acta en conjunto con los reglamentos de Head Start describe las expectativas relacionadas con la gobernación del programa.

A esto se le llama **Gobernación Compartida**



# Roles and Responsibilities



The Head Start Act of 2007 describes the roles & responsibilities of governing bodies & Policy Councils with regard to program design, planning, monitoring, & oversight.

The Act, in conjunction with the Head Start Program Performance Standards, describes performance expectations regarding program governance.

This is Head Start shared **governance**



# Propósito de la Reunión



**Repasar los Retos y  
las Oportunidades**

**Aportar Ideas**

# Purpose of Meeting



**Review Challenges  
and Opportunities**

**Provide Input**

# PROGRAM GOALS AND OBJECTIVES

## YEAR 3 OF 5

### 5 YEAR PROGRAM GOALS

### EDUCATING CHILDREN

### SUPPORTING PARENTS

### IMPACTING COMMUNITIES



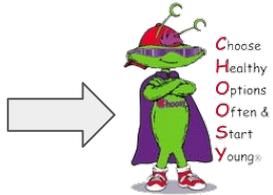
#### 1. Social/Emotional Competence

Promote social and emotional competence in children.



#### 2. Education/School Readiness

Improve the quality of teacher-child interactions within early childhood environments.



#### 3. Health and Nutrition

Promote healthy habits to address the needs of enrolled preschool children categorized as overweight and obese.



#### 4. Family Strengthening and Community Engagement

Increase parent capacity and empowerment by providing opportunities to engage in their children's education.



#### 5. Community Needs

Increase slot availability to serve eligible children and families in the community.



# METAS Y OBJETIVOS DEL PROGRAMA

## AÑO 3 DE 5

METAS DE 5 AÑOS  
PARA EL PROGRAMA

EDUCACIÓN DE LOS NIÑOS

APOYO A LOS PADRES

IMPACTO A LAS  
COMUNIDADES



### 1. Competencia Socioemocional

Promover la competencia social y emocional en los niños.

The Creative Curriculum®



### 2. Educación/Preparación Escolar

Mejorar la calidad de las interacciones entre niño-maestra dentro de los ambientes de aprendizaje.



### 3. Salud y Nutrición

Promover hábitos saludables con el fin de abordar las necesidades de los niños preescolares inscritos en el programa que están categorizados con sobrepeso y obesos.



### 4. Fortalecimiento de la Familia y Asociaciones con la Comunidad

Aumentar la capacidad y empoderamiento de los padres al proveerles oportunidades para participar en la educación de sus hijos.

### 5. Necesidades de la Comunidad

Aumentar la disponibilidad de espacios para servir a niños y familias elegibles en la comunidad.



# CHALLENGES

About 50% of our children ages 3 to 5 have unhealthy BMIs

# DATA

## BMI for Preschool Children (520)

2	260	110	149
Underweight 0%	Healthy Weight 50%	Overweight 21%	Obese 29%




### MONTHLY PROGRAM INFORMATION SUMMARY REPORT FOR POLICY COUNCIL & GOVERNING BODY

Pajaro Valley Unified School District (PVUSD) [Migrant Head Start] January 2026



**822**  
cumulative children



**666**  
cumulative families



**124**  
teaching staff

#### PRIMARY TYPE OF ELIGIBILITY

Homeless Children	4%
Foster Children	0%
Receives Public Assistance	67%
Income Below Federal Poverty	18%
Income Above Federal Poverty	10%

#### CHILDREN WITH DISABILITIES

Disabilities (cumulative; minimum 20%)	15%
----------------------------------------	-----

8 of children with a Disability Assessment PENDING 1

#### DEVELOPMENTAL SCREENING OF NEW ENROLLEES

New Enrollees (cumulative)	32%
Received Screening <45 Days (of new enrollees)	95%

#### CHILDREN'S HEALTH

Has Health Insurance	100%
EPDOT Up-to-Date	99%
Chronic Health Condition	17%
Received Medical Treatment (of children with diagnosed chronic health conditions)	98%
Immunizations Up-to-Date (also includes those eligible for exemption & those with immunizations possible at this time, but not for their age)	100%
Access to Dental Care	100%
Completed Dental Exam	99%
Received Dental Treatment (of children who needed dental treatment other than Healthy BMI)	96%
Healthy BMI (Children under 3 years are excluded)	50%

#### STAFF EDUCATION

Preschool Teacher: BA+	47%
Preschool Teacher: AA+ (AA degree is minimum education requirement for a Preschool Teacher; However, at least 50% should have a BA degree or above)	100%
Preschool Assistant: CDA+	100%
Infant/Toddler Teacher: CDA+	100%
Family Child Care Provider: CDA+	100%

All staff should meet minimum education requirements for their position.

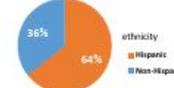
#### CUMULATIVE ENROLLMENT OF CHILDREN



8 of children on WAITING LIST as of the last day of the report month: 135

#### DEMOGRAPHICS OF ENROLLED CHILDREN









#### AVERAGE DAILY ATTENDANCE (ADA)



% of children who were CHRONICALLY ABSENT (missed over 10% of class days): 29%

#### FAMILY INFORMATION







symbol key: ★ = Nice job! Meets or exceeds Head Start regulations or expectations; ⚠ = Caution! Meets lower than expected; ✖ = Take Action! Does not meet Head Start regulations

Source: (1) Program Information Report, (2) COPA #202 (Attendance), (3) COPA #2425 (Chronic Absence), (4) COPA #412 (Suspected Disabilities), (5) COPA #800N (for children, filtered by Carefully Eligible)  
All data is cumulative as of report month, unless otherwise indicated.

# RETOS ACTUALES

Aproximadamente el **50%** de nuestros niños de 3 a 5 años tienen un índice de masa corporal (IMC) no saludable.

## DATOS

### Índice de masa corporal-Niños Preescolares (520)

2

Bajo peso  
0%

260

Peso  
saludable  
50%

110

Sobrepeso  
21%

149

Obesos  
29%

MONTHLY PROGRAM INFORMATION SUMMARY REPORT FOR POLICY COUNCIL & GOVERNING BODY

Pajaro Valley Unified School District (PVUSD)

[Migrant Head Start]

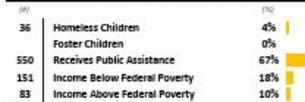
January 2026

822 cumulative children

666 cumulative families

124 teaching staff

PRIMARY TYPE OF ELIGIBILITY

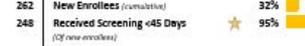


CHILDREN WITH DISABILITIES



# of children with a Disability Assessment PENDING: 1

DEVELOPMENTAL SCREENING OF NEW ENROLLEES



CHILDREN'S HEALTH



STAFF EDUCATION



All staff should meet minimum education requirements for their positions.

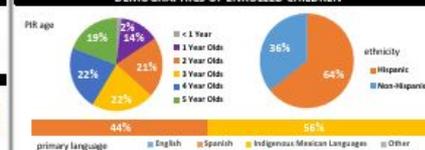
Legend:   
 \* = Nice Job!   
 \* = Caution!   
 \* = Take Action!

CUMULATIVE ENROLLMENT OF CHILDREN

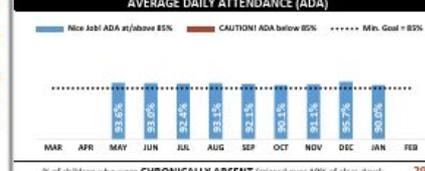


# of children on WAITING LIST as of the last day of the report month: 135

DEMOGRAPHICS OF ENROLLED CHILDREN

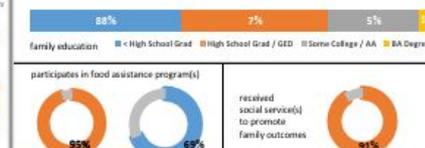


AVERAGE DAILY ATTENDANCE (ADA)



% of children who were CHRONICALLY ABSENT (missed over 10% of class days): 29%

FAMILY INFORMATION



Sources: (1) Program Information Report, (2) COPA #201 (Attendance), (3) COPA #215 (Chronic Absence), (4) COPA #411 (Suspected Disabilities), (5) COPA #800N (for children, filtered by Currently Eligible). All data is cumulative as of report month, unless otherwise indicated.

# EFFORTS MADE TO THIS GOAL

## 2025-2026 EFFORTS

- Contracted RD to review CACFP meal menus and provide feedback for improvement to Family Child Care Home Providers
- Training to new providers on meal pattern requirements
- MOU with WIC for referrals on children with unhealthy BMIs for nutrition counseling
- Referrals to SPLG for Park Rx
- SPLG came to 7 parent meetings to talk to parents on the Health Effects of Obesity (diabetes, healthier diet, incorporating physical activity)
- CalFresh Healthy Living Program provided SNAP Ed resources on nutrition to share with our parents.
- Training on I'm Moving, I'm Learning (HS physical activity and nutrition initiative) to all Teachers and Home Day Care Providers



# ESFUERZOS REALIZADOS PARA ESTA META

## Esfuerzos 2025-2026

- Se contrató a una nutricionista certificada para revisar los menús de comidas de CACFP y proveer sugerencias de mejoramiento para los proveedores de casas de cuidado infantil familiar
- Se ofreció una capacitación para nuevos proveedores sobre los patrones de alimentación requeridos
- Se estableció un acuerdo con el programa WIC para referir a niños con un índice de masa corporal insalubre para recibir un asesoramiento nutricional
- Se hicieron referencias a Salud Para la Gente para el programa Park Rx
- Salud Para la Gente participó en 7 juntas de padres para compartir información sobre Los Efectos de la Obesidad (diabetes, dieta saludable, cómo incorporar la actividad física)
- El programa CalFresh Healthy Living Program proveyó recursos de nutrición para compartir con los padres
- Se ofreció una capacitación a todas la maestras y los proveedores de casas de cuidado infantil familiar sobre I'm Moving, I'm Learning (la iniciativa de actividad física y nutrición de Head Start)



# Recomendaciones del Comité de Salud y Discapacidades

- **Healthy Weight for Life (Peso Saludable para la Vida)**
  - Es un programa para niños con un IMC (Índice de Masa Corporal) del **85% o superior**.
  - **Formato:** Ofrece una serie de 6 semanas (en línea o presencial) en español sobre educación nutricional.
  - **Incentivos:** \* **\$25** por completar 3 de las 6 sesiones.
  - **\$50** por completar las 6 sesiones en su totalidad.
  - **Medical Nutrition Therapy (Terapia de Nutrición Médica):** Un programa para niños con un IMC del **91% o superior**. La familia trabaja directamente con un **dietista registrado**.
  - **Positive Parenting Perspective (Perspectiva de Crianza Positiva):** Un programa dirigido a padres sobre cómo comunicarse con sus hijos a su nivel de desarrollo.
  
- **Santa Cruz Public Health (Salud Pública de Santa Cruz):** Alianza para la obtención de materiales de educación nutricional.
  
- **Salud para la Gente:** Esta clínica emitirá **"Park Rx"** (recetas de parques) para niños con sobrepeso u obesidad. Se mantendrá la colaboración con ellos para que asistan a las reuniones de padres y hablen sobre temas de nutrición y otros programas que puedan beneficiar a las familias.



# Health & Disabilities Advisory Committee Recommendations

- **Central Coast Alliance for Health:** partnership for referrals of children for the following programs.
  - **Healthy Weight for Life:** is a program for children who have a BMI of 85% or higher. It offers 6 weeks series (online, person) in Spanish on nutrition education. It has a monetary incentive for those that complete 3 of the 6 sessions (\$25) and if they complete all 6 of 6 sessions they give them \$50.
  - **Medical Nutrition Therapy:** is a program for children who have a BMI of 91% or higher. The family works with a Registered Dietician.
  - **Positive Parenting Perspective:** is a program for parents on how to speak to children at their level
- **Santa Cruz Public Health:** partnership for nutrition education materials
- **Salud para la Gente clinic:** will be issuing Park Rx for children overweight and obese, continue partnership with them to come to parent meetings and talk about nutrition topics to parents and other programs that parents can benefit from.



# OPPORTUNITIES FOR 26-27

## One Time Supplemental Nutrition Funds

**PVUSD was awarded \$51,282**

**Purpose:**

To enhance and support nutrition-related activities and resources for children and families in the program.

**Funds will be used to:**

- Improve meal quality and adherence to nutrition standards (like CACFP guidelines).
- Provide training for staff and Family Child Care Home (FCCH) providers on meal patterns, nutrition, and healthy eating practices.
- Support health and nutrition education for parents and families.
- Promote physical activity and healthy lifestyle initiatives in alignment with Head Start's health and wellness goals.
- Enable community partnerships and resources to address issues like unhealthy BMIs and obesity prevention.



# OPORTUNIDADES PARA EL 26-27

## Fondos de Nutrición Suplementarios

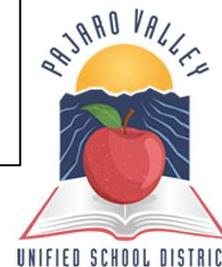
**PVUSD recibió \$51,282**

**Propósito:**

Para mejorar y apoyar las actividades y recursos relacionados con la nutrición para los niños y las familias del programa.

**Estos fondos se utilizan para:**

- Mejorar la calidad de las comidas y el cumplimiento de los estándares de nutrición (como las pautas de CACFP).
- Proporcionar capacitaciones para el personal y los proveedores de cuidado infantil en casa (FCCH) sobre patrones de comidas, nutrición y prácticas de alimentación saludable.
- Apoyar la educación sobre salud y nutrición para padres y familias.
- Promover iniciativas de actividad física y estilos de vida saludables en línea con los objetivos de salud y bienestar de Head Start.
- Facilitar asociaciones y recursos comunitarios para abordar problemas como el IMC no saludable y la prevención de la obesidad.



# Sesión de opiniones



**¿Otras ideas para abordar las necesidades y retos?**

# Input Session



**Other ideas to address needs and challenges?**

# Preguntas



# Questions

