JUNIOR MEETINGS

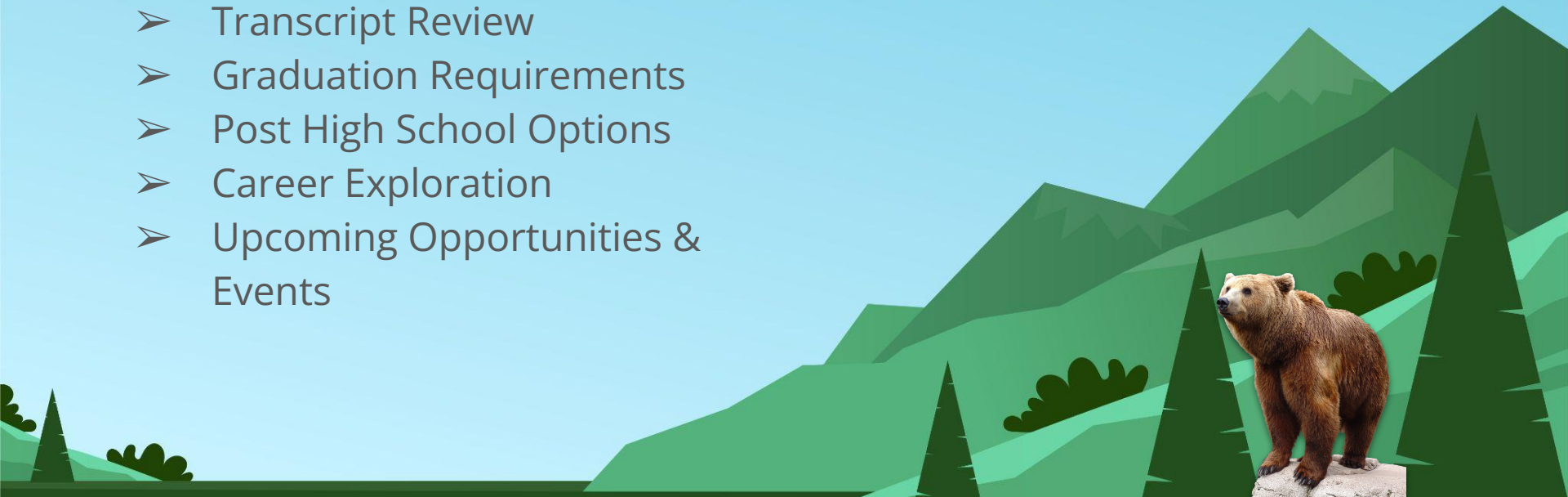
Ponderosa High School

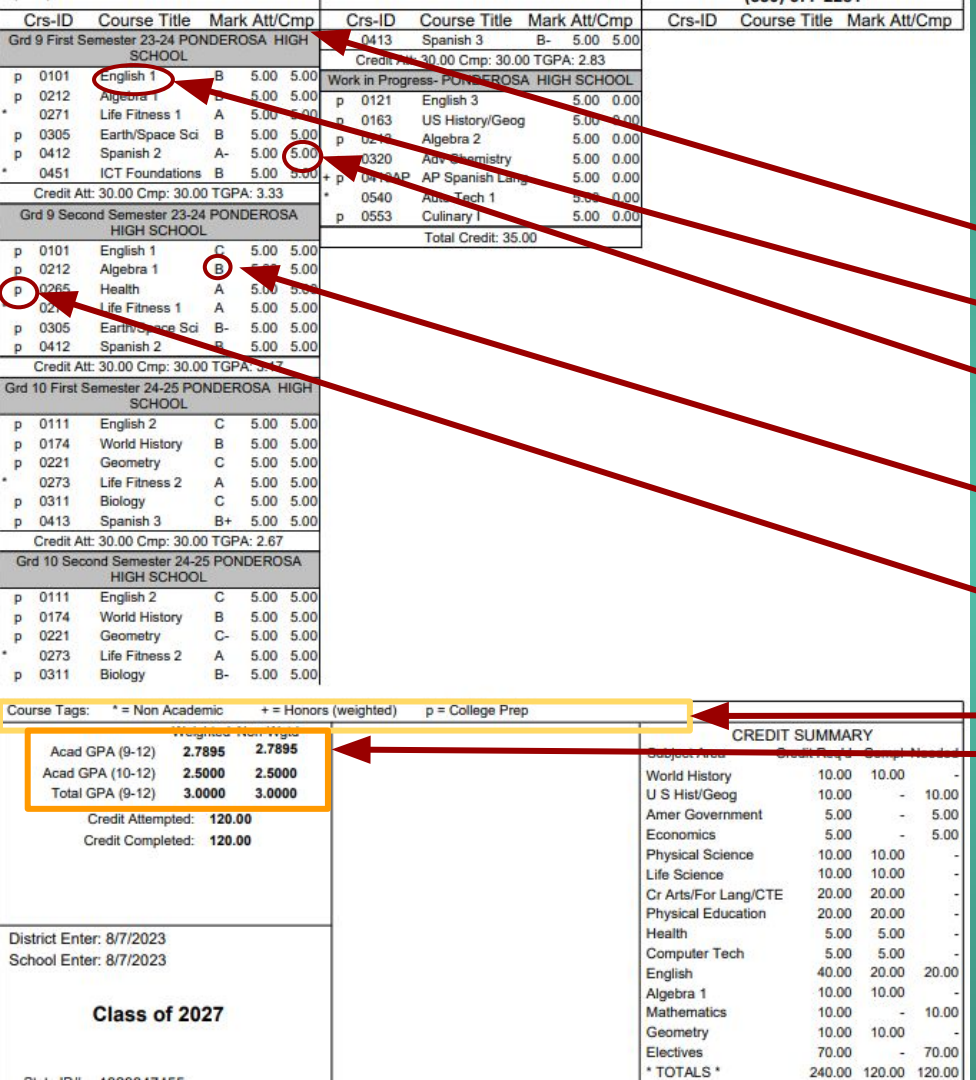
2026-2027



COLLEGE AND CAREER PLANNING OVERVIEW

- Transcript Review
- Graduation Requirements
- Post High School Options
- Career Exploration
- Upcoming Opportunities & Events





Crs-ID	Course Title	Mark	Att/Cmp
Grd 9 First Semester 23-24 PONDEROSA HIGH SCHOOL			
p 0101	English 1	B	5.00 5.00
p 0212	Algebra 1	B	5.00 5.00
* 0271	Life Fitness 1	A	5.00 5.00
p 0305	Earth/Space Sci	B	5.00 5.00
p 0412	Spanish 2	A-	5.00 5.00
* 0451	ICT Foundations	B	5.00 5.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.33			
Grd 9 Second Semester 23-24 PONDEROSA HIGH SCHOOL			
p 0101	English 1	C	5.00 5.00
p 0212	Algebra 1	B	5.00 5.00
p 0265	Health	A	5.00 5.00
0271	Life Fitness 1	A	5.00 5.00
p 0305	Earth/Space Sci	B-	5.00 5.00
p 0412	Spanish 2	B	5.00 5.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.17			
Grd 10 First Semester 24-25 PONDEROSA HIGH SCHOOL			
p 0111	English 2	C	5.00 5.00
p 0174	World History	B	5.00 5.00
p 0221	Geometry	C	5.00 5.00
* 0273	Life Fitness 2	A	5.00 5.00
p 0311	Biology	C	5.00 5.00
p 0413	Spanish 3	B+	5.00 5.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 2.67			
Grd 10 Second Semester 24-25 PONDEROSA HIGH SCHOOL			
p 0111	English 2	C	5.00 5.00
p 0174	World History	B	5.00 5.00
p 0221	Geometry	C-	5.00 5.00
* 0273	Life Fitness 2	A	5.00 5.00
p 0311	Biology	B-	5.00 5.00
p 0413	Spanish 3	B-	5.00 5.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 2.83			
Work in Progress- PONDEROSA HIGH SCHOOL			
p 0121	English 3		5.00 0.00
p 0163	US History/Geog		5.00 0.00
p 0212	Algebra 2		5.00 0.00
0320	Adv Chemistry		5.00 0.00
+ p 0413AP	AP Spanish Lang		5.00 0.00
* 0540	Adv Tech 1		5.00 0.00
p 0553	Culinary I		5.00 0.00
Total Credit: 35.00			

Course Tags: * = Non Academic + = Honors (weighted) p = College Prep

	Weighted	Non-Wgtd
Acad GPA (9-12)	2.7895	2.7895
Acad GPA (10-12)	2.5000	2.5000
Total GPA (9-12)	3.0000	3.0000

Credit Attempted: 120.00
Credit Completed: 120.00

District Enter: 8/7/2023
School Enter: 8/7/2023

Class of 2027

CREDIT SUMMARY

Subject Area	Credit Req'd	Compl	Needed
World History	10.00	10.00	-
U S Hist/Geog	10.00	-	10.00
Amer Government	5.00	-	5.00
Economics	5.00	-	5.00
Physical Science	10.00	10.00	-
Life Science	10.00	10.00	-
Cr Arts/For Lang/CTE	20.00	20.00	-
Physical Education	20.00	20.00	-
Health	5.00	5.00	-
Computer Tech	5.00	5.00	-
English	40.00	20.00	20.00
Algebra 1	10.00	10.00	-
Mathematics	10.00	-	10.00
Geometry	10.00	10.00	-
Electives	70.00	-	70.00
* TOTALS *	240.00	120.00	120.00

How to Read Your Transcript

Grade, Year, & Semester

Courses Listed

Credits Earned

Semester Grade

Key

GPAs - 1st column is weighted.
2nd column is unweighted

Credit Summary (aka Graduation Requirements) - will review in the next slide

Graduation Requirements

Course Requirements	Credits
English	40
Social Studies	30
Math (minimum through Geom)	30
Science (1 Life and 1 Physical Science)	20
Health	5
Computer Technology/American Mosaic	5
Fine Arts or World Language or CTE	20
Physical Education	20
Additional Credits	70
Total	**240**



CAASPP Incentive

English

- If a student scores “Standard Met/3” students can elect to have one semester's grade in English (grades 9-11) changed from a D to a C.
- If a student scores “Standard Exceeded/4” students can elect to have one semester's grade in English (grades 9-11) changed from a C to a B or B to a A.

Math

- If a student scored “Standard Met/3” on the CAASPP, they can choose one semester from Algebra 1, Geometry, or Adv/Algebra 2 to receive a grade bump from D to C-. The course had to be taken during their 9th, 10th or 11th grade years.
- If a student scored “Standard Exceeded/4” on the CAASPP, they can choose one semester from Algebra 1, Geometry, or Adv/Algebra 2 to receive a grade bump from D to C- or C to B- or B to A-. The course had to be taken during their 9th, 10th or 11th grade years.

Science

- If a student scored “Standard Met/3” on the CAST, they can choose one semester from Earth & Space Science, Biology or Adv Chemistry to receive a grade bump from a D to C-. The course had to be taken during their 9th, 10th or 11th grade years.
- If a student scored “Standard Exceeded/4” on the CAST, they can choose one semester from Earth & Space Science, Biology or Adv Chemistry to receive a grade bump from a D to C- or C to B- or B to A-. The course had to be taken during their 9th, 10th or 11th grade years.

Subject to change. Students will be made aware of incentives closer to testing.

Ponderosa High School Honors Recognition

Honors Criteria at Graduation
Students meeting cumulative honors criteria at the end of the 12th grade year will have the Latin honor printed on their transcript and an honors sticker affixed to their diploma. Students will receive a cord to wear at graduation. Honors criteria will be as follows:

Summa Cum Laude (with highest distinction)

- Earn a 4.00 or higher weighted GPA[1]
- Meet or exceed standard on CAASPP ELA and math[2]
- Complete at least one course that qualifies for an extra grade point.[3]
- Meet UC/CSU A-G requirements
- Earn all A and B grades.[4]

Magna Cum Laude (with great distinction)

- Earn a 3.50 or higher weighted GPA[1]
- Meet or exceed standard on CAASPP ELA and math[2]
- Meet UC/CSU A-G requirements
- Earn all A, B, and C grades.[4]

Cum Laude (with honor or praise)

- Earn a 3.00-3.49 weighted GPA[1]
- Meet or exceed standard on CAASPP ELA and math[2]
- Meet UC/CSU A-G requirements
- Earn all A, B, and C grades.[4]

1. GPA includes all courses reported on the transcript. GPA will be rounded to the nearest hundredth. For example, if a student earns a 3.995 GPA, the GPA will be rounded to 4.00.
2. This requirement will begin with the class of 2027.
3. Includes all Advanced Placement courses and Honors Anatomy and Physiology.
4. If a student earns an unsatisfactory grade in a course and subsequently retakes the course and earns a grade that meets a particular honors level grade requirement, the requirement will be considered as met. The original course and grade may still be used to calculate the cumulative GPA.

Ponderosa High School
Valedictorian/Salutatorian Requirements
(Class of 2026 and beyond)

Valedictorian Requirements:

- Maintain good behavior and citizenship throughout high school including not being suspended from school for any reason.
- Take the CAASPP during the junior year and earn a score that meets or exceeds the state standard in English and math.
- Earn the highest GPA in the graduating class calculated as follows:

The total weighted GPA will be based on 210 credits (the first seven semesters of high school at 30 credits per semester) including six courses from the freshman year, six courses from the sophomore year, six courses from the junior year, and six courses from the first semester of the senior year. If the student took fewer courses in any given semester than the minimum noted above, a course from another semester will be used in which the student took more than the minimum and provides the student with the highest number of grade points. If the student took more than the minimum number of courses noted above in any given year, the course grades that contribute the most grade points in each semester will be used to calculate the GPA. In the event of an exact tie in total weighted GPA, both students will be named valedictorians.

Salutatorian Requirements:

- Maintain good behavior and citizenship throughout high school including not being suspended from school for any reason.
- Take the CAASPP during the junior year and earn a score that meets or exceeds the state standard in English and math.
- Earn the second highest GPA in the graduating class calculated as follows:

The total weighted GPA will be based on 210 credits (the first seven semesters of high school at 30 credits per semester) including six courses from the freshman year, six courses from the sophomore year, six courses from the junior year, and six courses from the first semester of the senior year. If the student took fewer courses in any given semester than the minimum noted above, a course from another semester will be used in which the student took more than the minimum and provides the student with the highest number of grade points. If the student took more than the minimum number of courses noted above in any given year, the course grades that contribute the most grade points in each semester will be used to calculate the GPA. In the event of an exact tie in total weighted GPA, both students will be named salutatorians.

Post Secondary Options

Employment

Career College

Military or Military Academy

Apprenticeship Program

College (2 year and/or 4 year)



Begin your journey with a Career in Mind!

1st Step: Identify Career Goal or Career Interests

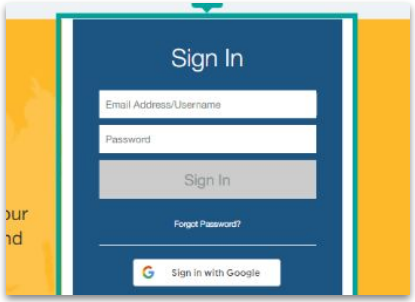
2nd Step: Identify Major / Required Training

3rd Step: Identify the Appropriate Post-Secondary Program

Planning for your future via CaliforniaColleges.edu

1. Log in to Californiacolleges.edu using Google Account

CALIFORNIA COLLEGES.edu
DISCOVER. PLAN. LAUNCH.



You can use California Colleges to help with:

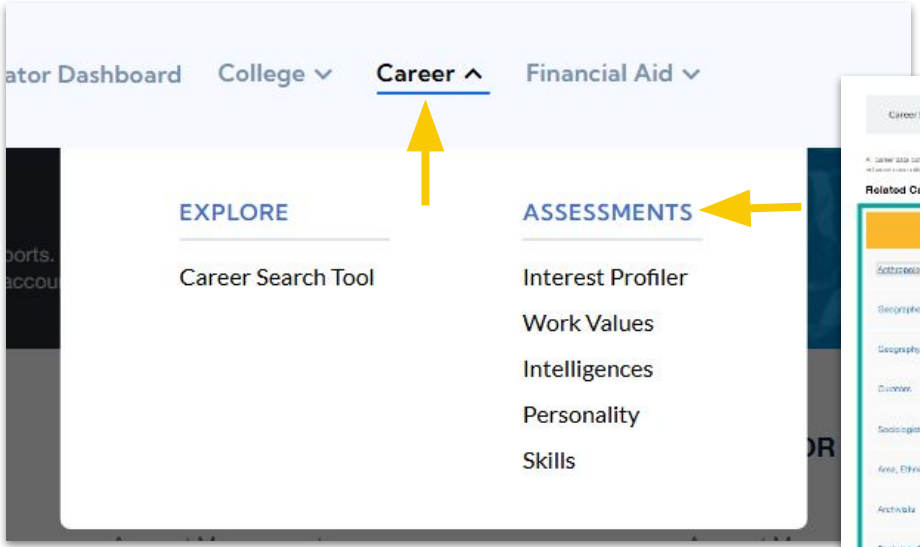
College Exploration & Applications

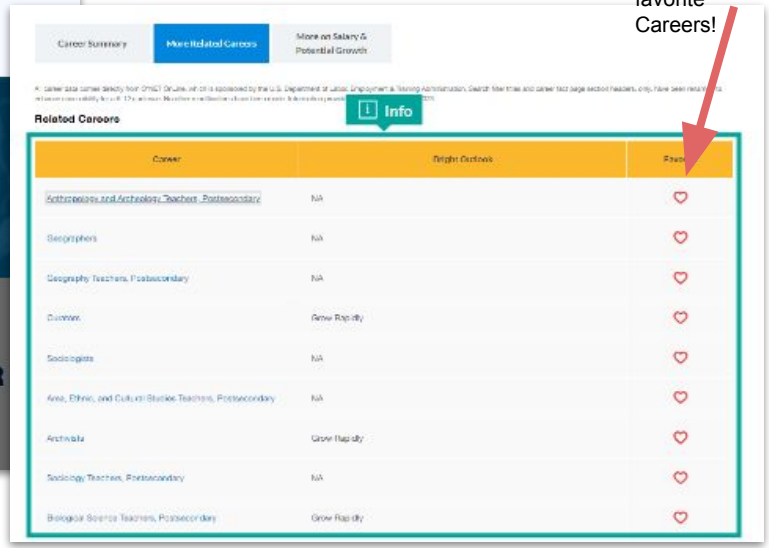
Career Exploration & Planning

Financial Aid & FAFSA

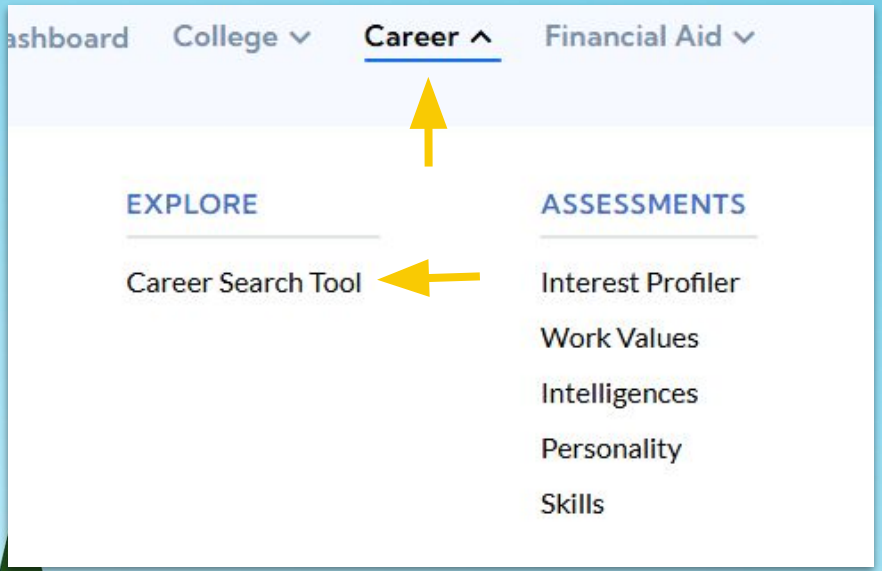
Career Exploration via CaliforniaColleges.edu

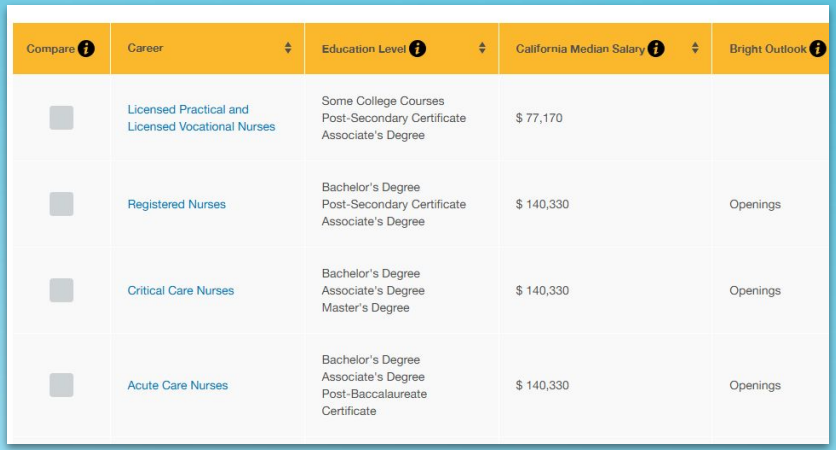
Under “Career” select the different assessments you would like to complete. Each assessment you choose will have an instruction video to watch. You can save careers that you are interested in to add to your profile.



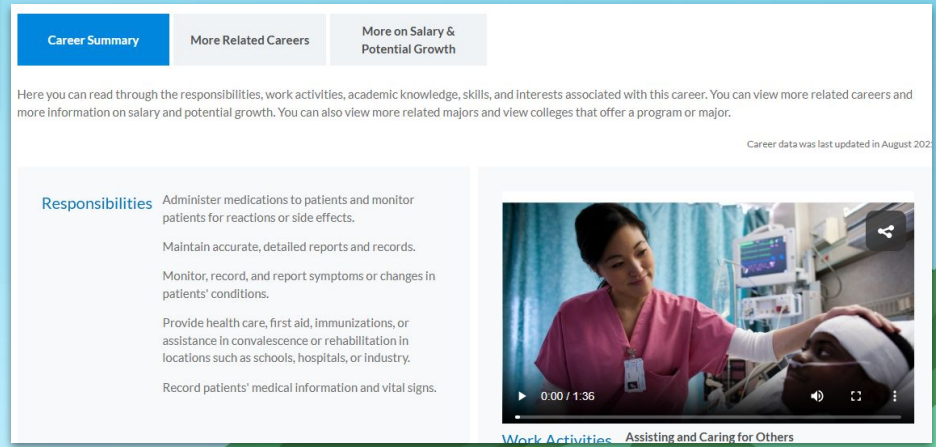


Career Search via CaliforniaColleges.edu





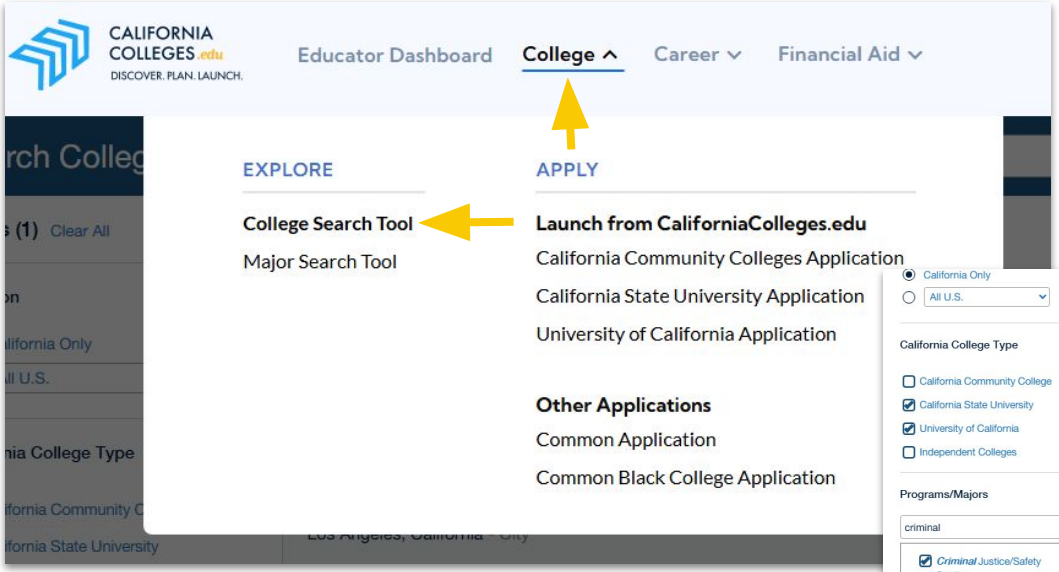
Compare	Career	Education Level	California Median Salary	Bright Outlook
	Licensed Practical and Licensed Vocational Nurses	Some College Courses Post-Secondary Certificate Associate's Degree	$ 77,170	
	Registered Nurses	Bachelor's Degree Post-Secondary Certificate Associate's Degree	$ 140,330	Openings
	Critical Care Nurses	Bachelor's Degree Associate's Degree Master's Degree	$ 140,330	Openings
	Acute Care Nurses	Bachelor's Degree Associate's Degree Post-Baccalaureate Certificate	$ 140,330	Openings

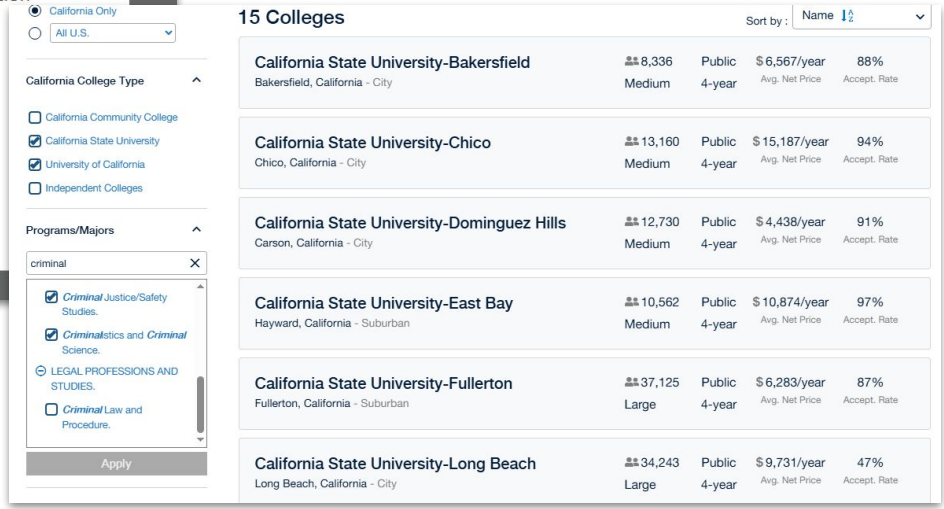


Use the Career Search Tool under the “Career” tab. Identify education levels required, average salary and general career info.

College Search via CaliforniaColleges.edu

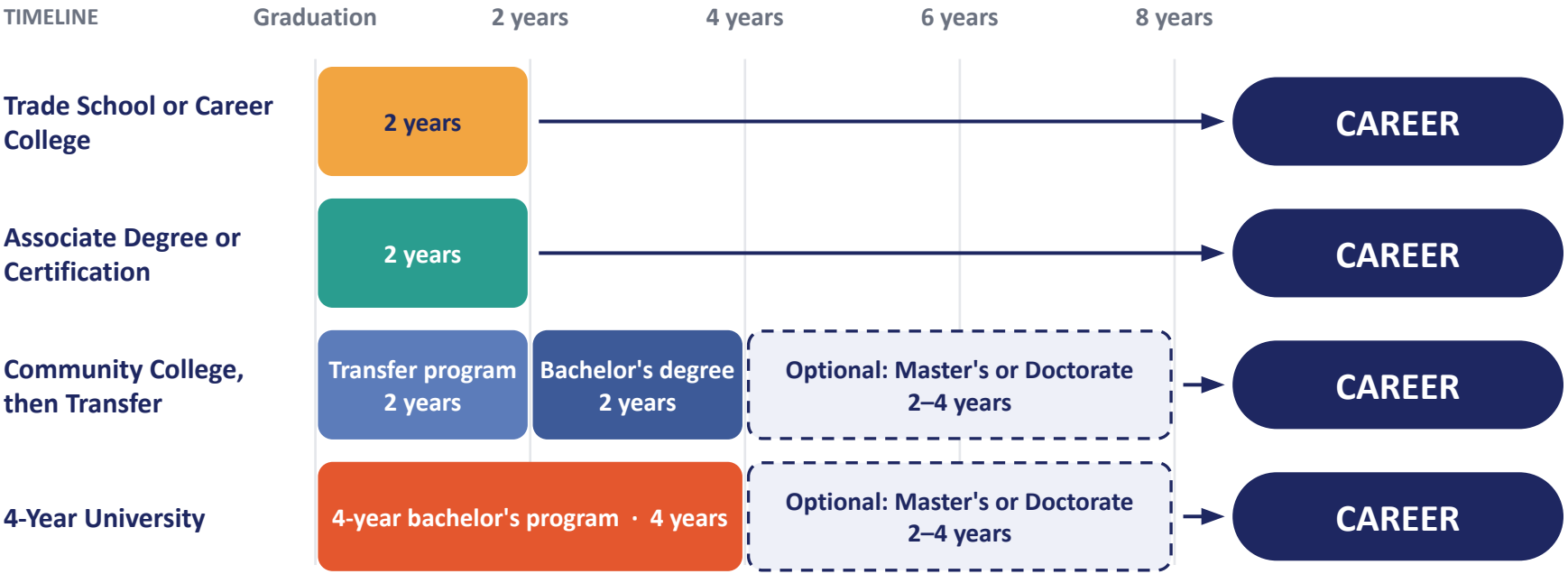
Under “College” select the College and/or Major Search Tool.





What Comes After High School?

Every path leads to a career. They just take different amounts of time.



Not sure which path fits you? Start by exploring what careers interest you, then work backward.

POST-SECONDARY OPTION

4-Year University

Earn a bachelor's degree in four years



University of California
9 campuses · research universities

California State University
22 campuses · hands-on, career-focused

Private & Out-of-State
Each school sets its own requirements

4-Year University Option

Going straight from high school to a UC or CSU

A–G REQUIREMENTS · C OR BETTER IN EACH

Subject	Required	Recommended
A History	2 years	
B English	4 years	
C Math	3 years	4 years
D Science	2 years	3 years
E Language other than English	2 years	3 years
F Visual & Performing Arts	1 year	
G College-Prep Elective	1 year	

UC

9 campuses

3.0+ GPA minimum in A–G courses

4 short essays (Personal Insight Questions), Extra curricular considered, no letters of recommendation

CSU

23 campuses

2.5+ GPA minimum in A–G courses

No essays or letters of recommendation

Extra Curricular: Some colleges consider extracurricular activities

SAT/ACT: not used by UC or CSU right now (only for post-acceptance purposes), but UC may decide by June 2027. Apply Oct. 1 to early Dec. of senior year.

College Admissions Testing

Spring 2027 test dates for juniors

SAT

collegeboard.org

$68
registration

Test date	Register by
March 6, 2027	Feb. 19
May 1, 2027	Apr. 16
June 5, 2027	May 21

ACT

act.org

$70
$95 with Writing

Test date	Register by
April 10, 2027	March 5
June 12, 2027	May 7
July 10, 2027	June 4

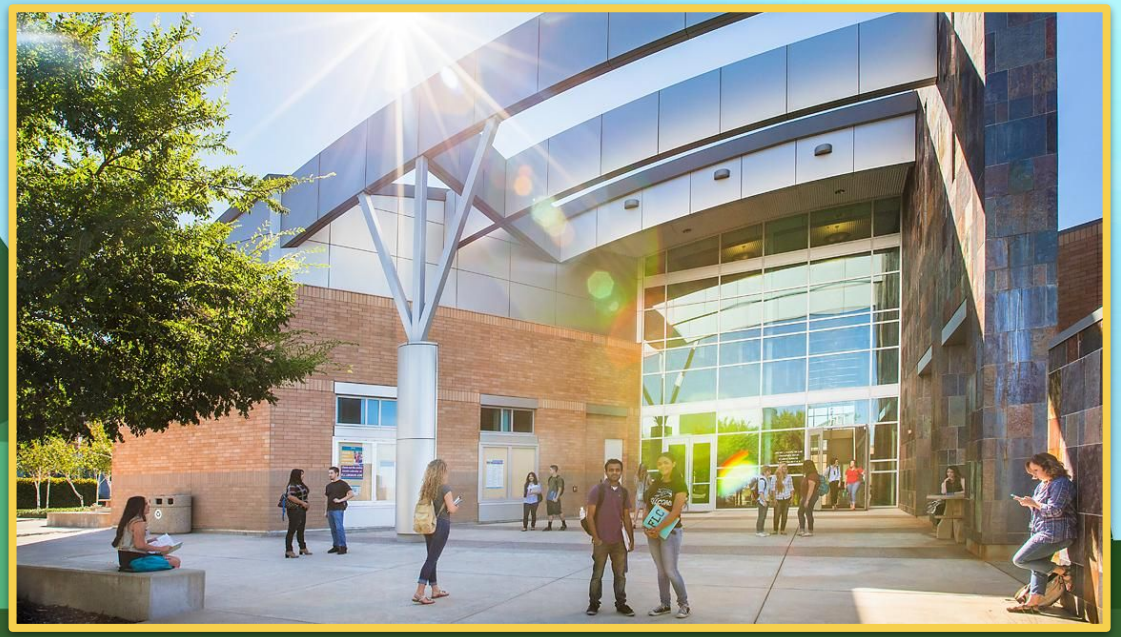
Do you need it? Some private and out-of-state colleges do, so check each college's website. CSU/UC use it now for post-acceptance purposes.

Can't afford it? Free fee waivers are available for eligible students. Ask your counselor or the College & Career Center.

Late registration is available for an extra fee. Dates and fees from College Board and ACT for 2026–27; confirm before registering.

POST-SECONDARY OPTION

Community College



Folsom Lake College, a Los Rios community college

Examples of Careers Without a Bachelor's Degree

*Growing careers you can start with an **associate degree**, **certificate**, or **apprenticeship***

HEALTHCARE

Diagnostic Medical Sonographer
Associate degree · $89,340 median pay
+13% growth

Respiratory Therapist
Associate degree · $80,450 median pay
+12% growth

Physical Therapist Assistant
Associate degree · $65,510 median pay
+22% growth

Dental Hygienist
Associate degree · $94,260 median pay
+7% growth

SKILLED TRADES & GREEN ENERGY

Electrician
Paid apprenticeship · $62,350 median pay
+9% growth

Solar Panel Installer
On-the-job training · $51,860 median pay
+42% growth

Wind Turbine Technician
Technical certificate · $62,580 median pay
+50% growth

Compare: the average job is growing about 3%
Wind and solar are the fastest-growing careers on this list.
Median pay may be more for California.

Source: U.S. Bureau of Labor Statistics, Occupational Outlook Handbook. National median pay (May 2024); projected growth 2024–2034.

Career Programs at the Los Rios Colleges

American River · Cosumnes River · Folsom Lake · Sacramento City

HEALTHCARE

Diagnostic Medical Sonography · **Respiratory Care** · **Physical Therapist Assistant** · Occupational Therapy Assistant · Imaging (Radiologic Tech) · Nursing · Medical Lab Technician · Pharmacy Technology · Dental Assisting · Medical Assisting

PUBLIC SERVICE & COMMUNITY

Administration of Justice · Fire Technology · EMT & Paramedic · Early Childhood Ed. · Gerontology · Social Work & Human Services · ASL Interpreting

SKILLED TRADES & ENERGY

Apprenticeship (electrical, carpentry, ironworking & more) · **Energy (Solar PV)** · Mechanical-Electrical Tech (HVAC) · Automotive Technology · Automotive Collision · Diesel/Clean Diesel · Welding · Electronics Technology · Construction Management · Building Inspection · Design & Engineering Tech

AGRICULTURE & ENVIRONMENT

Agriculture · Horticulture · Natural Resources · Environmental Technology · Veterinary Technology · Geography & GIS

BUSINESS & TECHNOLOGY

Computer Information Science (programming, networking, security) · Accounting · Business · Health Information Technology · Management · Marketing · Real Estate · Culinary Arts & Hospitality

ARTS, MEDIA & DESIGN

Graphic Design & Digital Media · Television Production · Photography · Journalism · Fashion · Interior Design · Cosmetology

Partial list. **Bold** = linked to careers on the previous slide. See every program and certificate at losrios.edu

Dual Enrollment at the Community College

Get a head start on college by earning college credit while you are still in high school

- High school students are invited to take classes and earn college credit at any California Community College through the Dual Enrollment Program. The grades earned in Dual Enrollment courses will be reflected on a student's permanent college transcript

- Dual Enrollment students may enroll in up to 11 units during any semester

- Registration for Spring Dual Enrollment classes will begin on Dec 17, 2026

Click Here for more information



Get hands on experience via Career Colleges or Apprenticeships

A trade school or career college
sometimes referred to as a vocational school, technical school, or vocational college, is a post-secondary institution that's designed to give students the technical skills to prepare them for a specific occupation.



Apprenticeships

Training in the trades (plumber, electricians, carpenters, etc) provides SKILLED hands-on experience leading to full-time jobs.

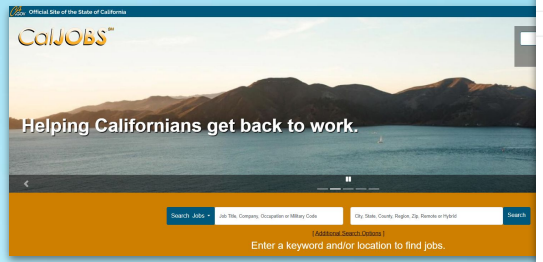
Search for apprenticeships at

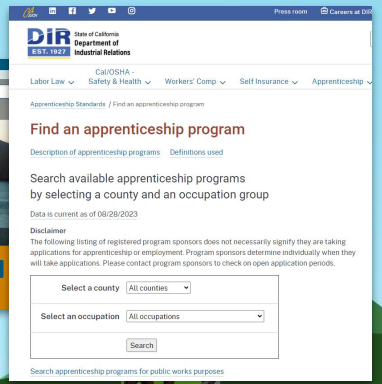
Cal Jobs or Dept of Industrial Relations

UNIVERSAL TECHNICAL INSTITUTE

MTI COLLEGE

CITRUS HEIGHTS BEAUTY COLLEGE

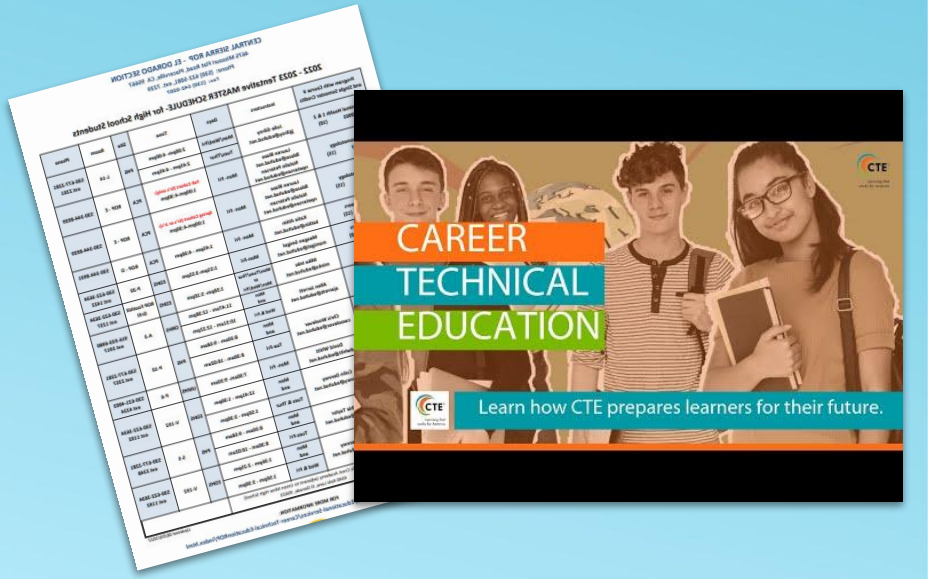




CAREER TECHNICAL EDUCATION IN HIGH SCHOOL

REGIONAL OCCUPATIONAL PROGRAM

Animal Health
Automotive Engine
*Cosmetology
Culinary Arts
Dental Careers
Diesel Engine
Fire Control Technician
Health Careers
Law Enforcement
Metal Fabrication & Welding



MILITARY OPTION





Military Branches and How to Get Started

https://www.military.com/

Army	Marine Corps	Navy	Air Force	Space Force	Coast Guard
FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL TIME	FULL/PART TIME

Explore your options

- Talk to a recruiter
  - Visit College & Career Center
- Take the ASVAB - Hosted by the PHS College & Career Center
- Research ROTC Programs in College
- Military School
- Enlistment

ASVAB- November 2nd, 2026 & February 8th, 2027

WANT TO PLAY SPORTS IN COLLEGE?

Learn about NCAA/NAIA

www.eligibilitycenter.org
https://www.naia.org

- Register or Create your Profile by the beginning of your Junior year
- Test scores are no longer a requirement for NCAA
- Send transcripts at the end of Junior year (request through Parchment on the PHS webpage)
- Academic requirements just as important as A-G's







Upcoming Junior Flex Opportunities

10/27- Admissions counselor from Oregon State

10/30- Junior Presentation Q & A Session

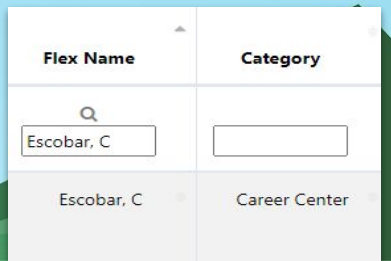
11/5- Spring Dual Enrollment w/ FLC

12/8- Naval Academy Information Session

Search Career Center or Escobar, C to sign up!

FlexiSCHED





Junior Planning Page

11th Grade 2026-2027

Post-Secondary and Career Planning Opportunities

Newsletter

Don't miss out, make sure you are receiving StudentSquare/ParentSquare notifications

College Rep Visits

Throughout the Fall semester, Admissions representatives from public, private, in-state, and out-of-state universities, technical and trade schools will visit PHS during lunch and Flex Time.

College Fair

October 7 @ Union Mine High School

We encourage all EDUHSD students and families to attend this event. You'll have the opportunity to ask questions from well over 50 different College Admission Counselors. For more information, visit the College & Career Center page on the PHS website; click 'Upcoming Events'.

Junior Career Unit

October 21, 22, 28, 29

Counselors will present to all Juniors during their FLEX period. Topics will include:

PHS Course Planning, Post-Secondary Options & Planning, Upcoming Opportunities

*We suggest Juniors log onto californiacolleges.edu to start doing colleges / post-secondary searches

ASVAB CEP

Two options: November 2 (1-4 pm) or February 8 (1-4 pm)

This is the Armed Services Vocational Aptitude Battery with Career Exploration Program. Even if you're not interested in the military, consider this a career exploration opportunity and a chance to hone in on your interests and strengths! Sign up at the College & Career Center.

PSAT

October 19

Register on the PHS Career Center website. Optional practice exam for the SATs.

Financial Aid Info Night

November 12 @ Oak Ridge High School

At this event, our guest speaker will teach families about financial aid for college. Learn more about federal aid grants, scholarships, loans, FAFSA, CSS Profile, important deadlines, and more!

Course Info & Elective Fair

January 22

PHS & ROP Department representatives to help students explore options for the 27/28 course selection. Occurs during FLEX into lunch in the Large Gym.

Class Registration for 2027-2028

February 1-12

Information and directions for registration will be distributed in class early in the Spring semester.

Career Expo

March 4 @ Union Mine High School

We encourage all EDUHSD students and families to attend this event. You'll learn from dozens of local professionals from a wide variety of career fields, find volunteer and internship opportunities, and even have a chance to apply for jobs. Visit the College & Career Center for more information.

SAT School Day

April 5

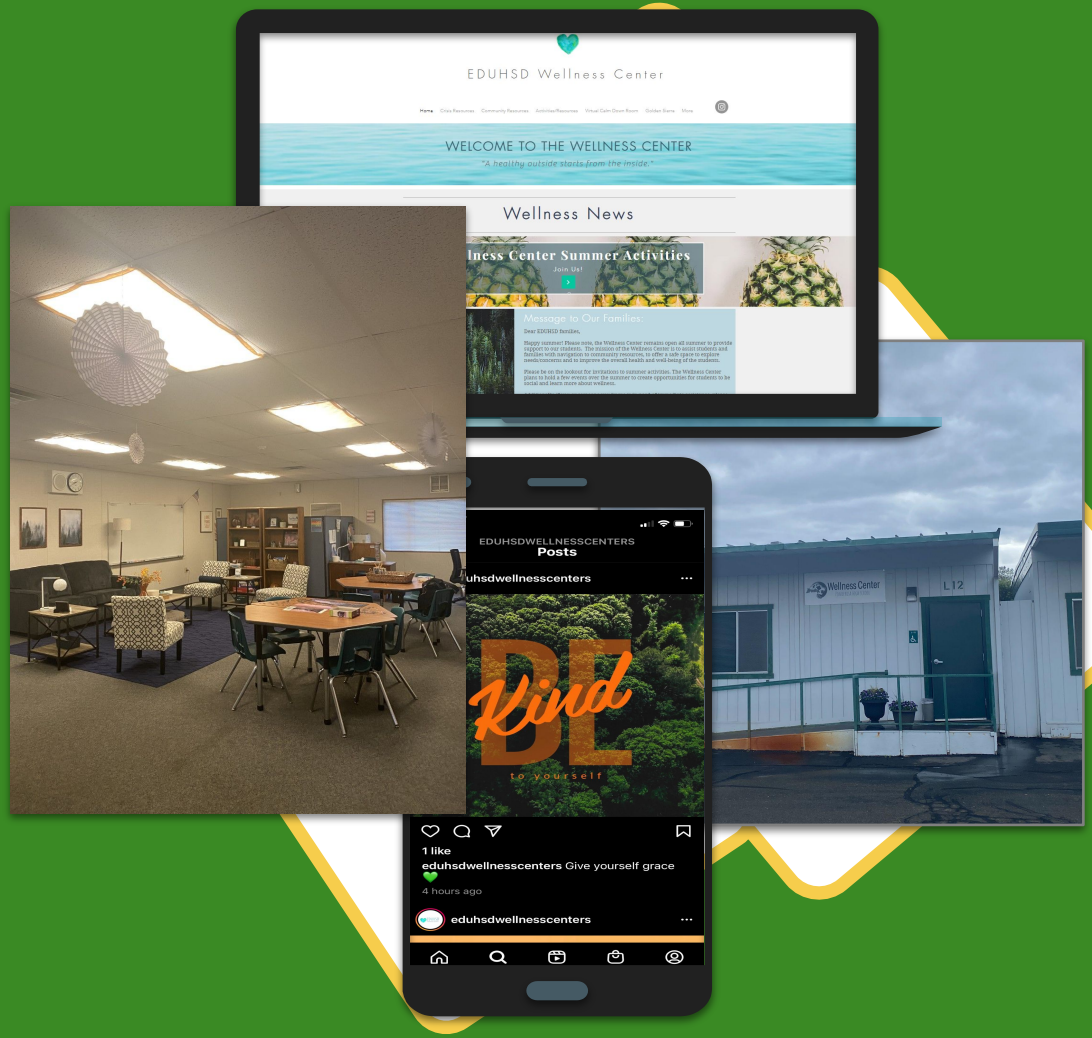
Find additional info on the PHS Career Center website.

FlexTime Workshops

The College and Career Center hosts FlexTime Workshops. The schedule is available on the main school calendar @ bruin.eduhsd.k12.ca.us

Dates and details of events are subject to change. Check bruin.k12.ca.us for updated information & more event opportunities. Revised 08/4/2026

The Wellness Center



How to Access:

Students can request to meet with the Wellness Center directly by emailing or calling.

You can also ask your student's counselor to submit a referral.

The Wellness Center also has a website full of resources!

Follow the Wellness Center on Instagram @eduhsdwellnesscenters

www.scfswellnesscenters.org

If you have any questions, feel free to reach out to your counselor or the College & Career Center!

PHS Counselors & Career Center Staff

A – Da

- Mrs. Jessi Wunschel - jwunschel@eduhsd.k12.ca.us

De-Lap

- Mr. Jim Spratling (Director of Guidance) - jspratling@eduhsd.k12.ca.us

Lar– Ril

- Mrs. Lisa Woods - lwoods@eduhsd.k12.ca.us

Rim – Z, EL

- Mrs. Mandy Fiedler - mfiedler@eduhsd.k12.ca.us

College & Career Center Specialist

- Mrs. Cammie Escobar - cescobar@eduhsd.k12.ca.us

