

LIVE FROM



Robert J. McGarvey Elementary

Where responsible Griffins S.O.A.R!
Safe - Open Minded - Accountable - Resilient

Weekly Newsletter

2025-26 School Year
Week 13
October 10, 2025

Principal's Corner

Great job with fundraising, A & B Tracks! We're up to \$60,255 of our \$80,000 goal! We're looking forward to a terrific Fun Run on Friday! **Keep the donations rolling in!**

Thanks to every one who has already volunteered to help! There are still a lot of sign-ups needed - especially clean-up from 3:00-4:00.

A & B Track families make up 3/5 of our school! We're counting on your help. **Many hands make light work!**

Taste The World! One of the lunch options each day next week invite students to sample food from around the world! Yum!

Mon: cheesy ravioli from Italy

Tues: mac n' cheese from USA

Wed: chicken tamales from Mexico

Thurs: chana masala from India

Fri: chicken adobo from Philippines

♥ Dr. Mitchell

A & B Tracks



Friday 10/17

Mrs. Guertin's & Mrs. Derfield's classes are nearly tied for #1 on B Track with almost \$2000 raised in each class!

Mrs. Ahlgren's class is #1 on A Track with more than \$1750 raised!

A & B Track Fun Run Times

Fri., Oct. 17

- 9:45-10:45 - 5th & 6th Grades
- 10:45-11:45 - 1st & 2nd Grades
- 11:45-12:30 - TK & K AM
- 1:20-2:20 - 3rd & 4th Grades
- 2:20-3:00 - TK & K PM

Only registered volunteers & registered runners are allowed on the field!

Fun Run VOLUNTEERS NEEDED

For insurance liability reasons, **only registered parent volunteers and registered student participants are allowed on the field** at the Fun Run.

Register as a volunteer **before 8:00 AM on Oct. 17.**
NO EXCEPTIONS WILL BE MADE.



(scan or click)

The PFO will accommodate all parents who want to be there.

If you need special accommodations to volunteer, email roomparents@rjmepfo.org

Spectators & children who are not McGarvey students may watch through the fence, but cannot be on campus.

No dogs allowed.

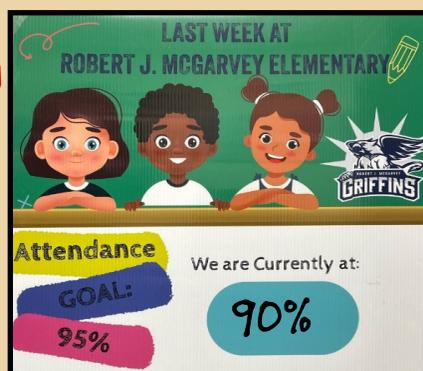
ATTENDANCE MATTERS

Let's help every Griffin S.O.A.R. high — one school day at a time!

Last week we dipped as low as 89% on more than one day. Let's make sure students are at school ready to learn every day!

Check out this EGUSD video: [Here Today, Ready for Tomorrow](#)

Our goal is 95% attendance. Here's how we did last week:



Resilient Griffins!

This week, these students were recognized students by their teachers. **Congrats!**

I use safe words and actions.

Transitional Kindergarten	3rd Grade
Parlong	Osarodion
Manraaj	Devin
Jordan	Mila
Matias	
Harnoor	
Kindergarten	4th Grade
Sonia	Julian
Lorann	Maverick
Maverick	Josiah
Michael	Etta
1st Grade	5th Grade
Emma	Setayesh
Ja'Quez	Camila
Beau	Zeke
Andrew	
Nolan	
2nd Grade	6th Grade
Bella	Samantha
Elma	Willa
Stephen	Olivia
Jocelyn	Audrey
	Caleb

The McGarvey Way

A KINDNESS CAMPAIGN:
BULLY PREVENTION

'Bee' Nice!



Click the book cover for a link to a read aloud on YouTube.

Griffin's Big Question
What can we say if we see someone being unkind?

Our S.O.A.R. trait next week is **Safe.**

I am an upstander.

"You are braver than you believe, stronger than you seem, and smarter than you think."
- A.A. Milne *Winnie the Pooh*

A and B Tracks Fun Run Volunteer Information

October 17th, 2025

Want to come watch your child run around our obstacle course?

Here is what you need to know:

FUN RUN TIMES

9:45am–10:45am– 5th and 6th Grade Classes

10:45–11:45am– 1st and 2nd Grade Classes

**11:45am–12:30pm–Tk and Kinder am class
(Ahlgren, Roberts and Edwards)**

1:20 pm–2:20pm– 3rd and 4th Grade Classes

**2:20pm–3 pm– TK and Kinder PM Classes
(Randall, Nitti, Derfield and Nordquist)**

1. DUE TO LIABILITY AND INSURANCE REASONS ONLY ADULTS WILL BE ALLOWED TO BE ON CAMPUS FOR THE RUNS. PLEASE DO NOT BRING ANY SIBLINGS TO CAMPUS AS THEY WILL NOT BE ALLOWED IN.

2. All parents must be registered on the Volunteer Sign Up Sheet before 8 pm Thursday October 16th. No exceptions will be made.

3. Scan the QR code or click the link below to sign up:

[FUN RUN Volunteer SIGN UP](#)

4. If you are not able to sit or stand at a station please send an email so we can make accommodations.
roomparents@rjmepfo.org



This is not an EGUSD sponsored program and EGUSD does not accept liability or responsibility for this activity or program

Important Dates

October

- 15 - Cross Country Championship @ Placer Fairgrounds
- 16 - Great California Shake-Out
- 17 - A & B Track Fun Run
- 23 - Fire Drill
- 24 - 5:00-7:00 Fall Costume Ball
- 27 - Book Fair Opens (thru 11/6)
- 29 - A & C Track Picture Make-Up Day
- 30 - Safety Committee Meeting
- 30 - 9:15 B Track 'Bee Track Hive Harvest'
- 31 - Griffin Gala and Griffin Store
- 31 - SPIRIT DAY: Book Character Costume Day!
- 31- Track Change Day (A goes off) (Minimum Day)
- 31 - A, B, and C Track Awards



November

- 3 - D Track Returns
- 6 - 9:15 Donuts with the Principal
- 6 - 6:30 PFO Meeting (Zoom)
- 10 - Multi-Cultural Night
- 11 - Veteran's Day NO SCHOOL
- 12 - Fire Drill
- 13 - 5:30 School Site Council Meeting (ZOOM)
- 14 - Ruby Bridges Walk to School Day
- 17 - 5th Grade A Touch of Understanding
- 19 - 9:30 D Track Friendsgiving
- 21 - Griffin Gala and Griffin Store
- 21 - SPIRIT DAY: TBD
- 21- Track Change Day (B goes off) (Minimum Day)
- 23-28 - Thanksgiving Break NO SCHOOL

ATTENTION PM TK/K CLASSES

Thursday dismissal is at 2:55 (Grades 1-6 dismiss at 2:45).
Please don't interrupt classes.

SCHOLASTIC

WE'RE HAVING A
BOOK FAIR!

Click Here to
volunteer to help with
the Book Fair!

10/28 - 11/6

ROBERT J MCGARVEY ELEM SCHOOL
Library
4350 Sophistry Dr
Rancho Cordova, CA 95742

Get ready—the Scholastic Book Fair is coming to our school! Find bestselling series and characters that students love from more than 100 publishers. Plus every purchase benefits our school. We hope you can join us for the Best. Week. Ever!



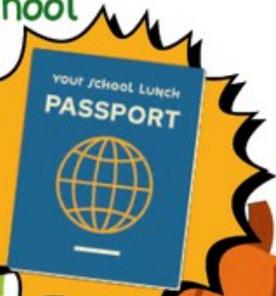
Get packed and ready to...



taste the world: YOUR SCHOOL LUNCH passport!

National School Lunch Week | October 13-17, 2025

Visit the cafeteria each day this week
to see where around the world school
lunch will take you next!



JOIN US FOR THE MCGARVEY

FALL COSTUME BALL, Y'ALL

5th Grade Camp Fundraiser

October 24 | 5PM - 7PM

MCGARVEY MULTIPURPOSE ROOM

NO STUDENT WILL BE ADMITTED WITHOUT A PARENT CHAPERONE

Admission is \$10 per Family

"Tricks and treats" will be available for
purchase at the event.
All proceeds will support 5th Grade Camp.



Purchase tickets via
venmo
or at the door!



This not an EGUSD sponsored event

Don't scroll past this page.

We need your help!! Please!!

Ed Benefits Survey

I can't underscore enough how important it is that you fill out the VERY SHORT Parent Survey on ParentVUE. Our district could miss out on million of state and federal dollars if we don't have your participation!

The questions ask you:

- The number of people in your household
- If your monthly income is
 - ◊ less than \$3,381,
 - ◊ between \$3,381-\$4,812 or
 - ◊ over \$4,813
- If your family is currently experiencing homelessness

THAT'S IT!

Your responses are confidential. No one at our school has access to this information.

If you have not, yet please do so now. It just takes a few minutes and will help fund priorities like transportation and wellness support on school campuses. Thanks for supporting our students!

Need your ParentVUE password? Have questions about this? Call our office (916) 793-3400.

If you don't do this survey on your own, we may have to call you to answer the questions over the phone.

Who wants *that??*

Education Benefits Survey

When you first log in to ParentVue this year, you'll be prompted to answer a few simple questions about your household size and income range. It's important to complete that survey. Here's why - the survey data helps us...

- **get critical funding** - state and federal dollars that could be left on the table but our school really needs!
- **continue to offer free meals** at breakfast & lunch.
- **fund educational programs**, classroom resources, and extracurricular activities.
- **maintain and improve the quality of education** available at McGarvey.

Submitting the form is no cost to you. It's a quick and simple way to contribute to our school's program needs.

What's the **BEST** reason to take this survey?

You'll avoid a phone call from us, asking you to do it.

The survey is that important.

TRAFFIC SAFETY

Important Reminders!

We are all responsible for safety at arrival and dismissal time. **Please:**

- **Obey the crossing guard.** This includes no right turns.
- **Stay on the sidewalk** and **use crosswalks** to cross the street.
- **Avoid double-parking.** This blocks traffic for other families and adds to the traffic.
- **Do not encourage your children to run across the street** to your waiting car. Students should use the crosswalk to cross the street safely.
- Make sure your child **wears a helmet** while riding a bike.
- **Walk bikes on the sidewalk** near pedestrians.

We all know traffic around school is hard during drop-off and pick-up times.

Everyone is interested in a quick, easy, and safe drop-off and pick-up.

Please do your part.

Plan a few extra minutes, and bring your patience and flexibility.

Law enforcement may be present to ensure safety!

Unite, Embrace, Soar:

The EGUSD FACE Department is offering an LGBTQ+ affinity group! It is a space for adult caregivers and adult family members of LGBTQ+ youth to gather in community, share joys, and build a supportive network.

September 18th 6:00 - 7:00pm on zoom

November 5th 6:00 - 7:00pm on zoom

February 11th 6:00 - 7:00pm on zoom



Elk Grove Unified School District
E G U S D

Megan Sladen Parent
mslادنp@egusd.net

[Click Here for More Information](#)

SPIRIT DAYS

You can't hide Your Griffin Pride!

There's always a way to show it!!!

Tuesdays - Tie-Dye Tuesdays! Wear anything tie-dye, including one of your McGarvey t-shirts

Wednesdays - Where You'll Go Wednesdays! Wear a t-shirt or hoodie from a place that represents your future goals - college, university, trade school, military, or career readiness

Thursdays - Pod Pride! Wear your pod's color or grade-level t-shirt

Fridays - Griffin Gear Fridays! Wear your



Making sure our students are safe and ready to learn is our most important job.

Whether you have a great idea, praise, or a concern, we want to from you!

Please stop by, call, or email. You always have direct access to your admin team!

Carrie Mitchell, principal
carmitch@egusd.net
Becky Ricks, vice principal
bricks@egusd.net

Carrie Garbett, vice principal
cgarbett@egusd.net

JOBS AT McGarvey
If you or someone you know is looking for a job, consider us!

- Register for an account at edjoin.org
- Already have an account? Login & scan the QR code
- After you submit your application, **call Linda @ McGarvey** and let her know!

T.K. PARAEDUCATOR

3 Positions

- A Track AM & PM
- C Track PM
- Part Time





More than a Mea



Did You know?

Completing the Educational Benefits Form helps in many areas beyond just school meals. Just one form ensures continued funding to support all students in the Elk Grove Unified School District.

Upon completion of the Educational Benefits Form, schools receive:



School Budgets

Protects current class size reduction. Buys school equipment and supplies.



Mental Health

Additional support for counselors and wellness providers.



Transportation

Lowers the cost of transportation.

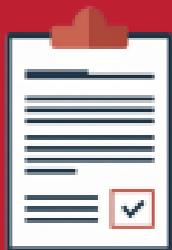


Additional Student Support

Helps fund tutoring and enrichment programs.

CaKIDS

Statewide investment in college savings accounts.



Fill out your application in ParentVUE or in your school office

One application per family

Elk Grove Unified School District

