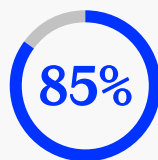


# Breast cancer awareness saves lives

New resources on [Cigna.com](https://www.cigna.com) for you and those you love.



**1 in 8**  
women will get breast cancer in their lifetime<sup>1</sup>



**85%** of women diagnosed have no genetic or family ties to the disease<sup>1</sup>

Visit the [Breast Cancer resources](https://www.cigna.com/breast-cancer-resources) on [Cigna.com](https://www.cigna.com), here's what you'll find:

**Early detection is key** – Stay ahead of breast cancer through early detection and proactive care, like personalized reminders for timely mammograms and screenings.

**Know Your Lemons®** – Award-winning app and experience dedicated to learning about breast health.

**Inspiring videos and content** – Hear from breast cancer survivors offering messages of hope including personal journeys, tips, and encouragement – offering insight and solidarity.

**Education** – Learn about breast cancer risk factors, diagnosis, treatment options and side effects.

**AskEllyn®** – A breast cancer companion where you can ask questions and receive compassionate answers and support through a unique chat experience.



**We believe in standing beside each person – before, during and after a cancer diagnosis.**

Please share [this resource](#) with your friends and family – it may save a life.

Learn more through real [Breast Cancer Stories](#) with additional resources and support.

1. Breastcancer.org, Breast Cancer Facts and Statistics, July 2025.

Product availability may vary by location and plan type and is subject to change.

All group health insurance policies and health benefit plans contain exclusions and limitations.

For costs and details of coverage, contact a Cigna Healthcare representative.

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